

## What is PUBLIC HEALTH?

PUBLIC HEALTH is the science and art of preventing disease, prolonging life, and promoting physical and mental health through organized community efforts.

### PUBLIC HEALTH...

- Investigates, controls, and prevents epidemics of disease and injury
- Protects the environment, workplaces, housing, food, and water
- Promotes healthy behaviors
- Assures the quality, accessibility, and accountability of health services
- Reaches out to link the high risk and disadvantaged people to needed services
- Collects data and monitors the health status of the population
- Mobilizes community partnerships to solve health problems
- Leads in the development of sound policy and planning
- Trains and educates public health professionals
- Researches for new insights and innovative solutions to health problems
- Provides public information and education
- Provides medical care when needed
- Provides public health laboratory services
- Responds to disasters
- Enforces laws and regulations that protect and ensure safety



**Public Health**  
Prevent. Promote. Protect.



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Peapack and Gladstone Borough