



Health and Disease Resources

Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
Adult Day Center of Somerset	908-725-0068		872 East Main Street	Bridgewater	NJ	08807		http://www.adultdaycenter.org/	Daily care for senior citizens with supervised services and activities.
Adult Immunizations							Yes	https://www2.cdc.gov/nip/adultimmsched/	Take the "Adult Vaccine Quiz" to see what you need. Print the adult immunization brochure: http://www.nj.gov/health/cd/documents/vpdp/adult_immunization_brochure.pdf
Affordable Care Act	877-696-6775		U.S. Department of Health & Human Services 200 Independence Avenue, S.W.	Washington	DC	20201	Yes	http://www.hhs.gov/healthcare/facts-and-features/factsheets/hhs-and-ed-partner-develop-toolkit-support-healthy-students.html	Federal Health Insurance system: https://www.healthcare.gov/preventative-care Lists: https://www.healthcare.gov/preventive-care-adults/ Zufall Assistance for sign-up: 973-891-3425.
AIDS Hotline NJ	1-866-448-2432	1-800-624-2377	140 Bergen St. G Level, Ste 1600	Newark	NJ			http://www.njhivstdline.org/	Free testing sites Risk factors for AIDS, HIV, STDs, and hepatitis Treatment, drug interactions, side effects
AIDS/STD Information and Referrals	800-624-2377								Information and referral services for HIV and STD prevention and treatment services.
American Academy of Food and Nutrition								www.eatright.org	
American Academy of Nutrition and Dietetics	800-877-1600	312-899-0040	120 South Riverside Plaza, Suite 2000	Chicago	Illinois	60606-6995		www.eatright.org	Professional association for Registered dietitians but has many fact sheets and articles for public such as "Be Merry: Enjoy Guilt-Free Holiday Celebrations"

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American Association of Diabetes Educators	800-338-3633							www.aadenet.org	
American Cancer Society	800-227-2345							www.cancer.org	
American Diabetes Association (NJ)	762-469-7979	888-342-2383 (from in NJ)	200 Cottontail Lane	Somerset	NJ	08873		www.diabetes.org	
American Heart Association	732-821-2610								
American Institute of Cancer Research	(800) 843-8114	(202) 328-7744	1759 R Street, NW,	Washington	DC	20009		http://www.aicr.org/	A great resource for learning about cancer prevention and treatment, BUT my favorite are their recipes, lots of great healthy veggie recipes; also has the New American Plate program which promotes healthy eating
American Lung Association	908-687-9340							www.lungusa.org	
American Public Health Association								www.apha.org	
American Society for Microbiology							Yes	www.washup.org	
Astra-Health Center	908-760-8888		18 Lyons Mall	Basking Ridge	NJ	07920		https://astra-hc.com/	Urgent, Primary, and Occupational healthcare.
Bentley Community Services, Inc.	908-227-0684	908-963-9870	PO Box 1093	Belle Mead	NJ	08502		www.bentleycommunityservices.org	Dorothy Stearns-Holmes; Brant Holmes; Food Warehouse for the working poor not on food stamps; Monthly fee
BMI Calculator								http://www.nhlbi.nih.gov/guidelines/obesity/BMI/bmicalc.htm	Figure out your Body Mass Index easily.

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Cancer Care of NJ	800-813-4673	201-444-6630	141 Dayton St.	Ridgewood	NJ	17450		www.cancercare.org	Provides free support including counseling, support groups, educational workshops, publications and financial assistance to anyone affected by cancer.
Cancer Hope Network	877-HOPENET	908-879-6518	2 North Rd. Ste A	Chester	NJ	07930		www.cancerhopenetwork.org	To provide free one-on-one confidential support to all people (patients, family or friends) impacted by cancer, along the entire continuum from diagnosis through survivorship.
Cancer Insurance Checklist	800-318-2596						Yes	http://www.cancerinsurancechecklist.org/	Helps to compare insurance plans when shopping for insurance. Info on getting help paying for insurance.
Cancer Support Community of Central New Jersey	908-658-5400		3 Crossroads Drive	Bedminster	NJ	07921		www.cancersupportcnj.org	Monthly program calendar available. Support groups, exercise, education; Facebook
Catastrophic Illness in Children Relief Fund Commission	800-335-3863	609-292-0600	PO Box 728	Trenton	NJ	08625-0700	Yes	http://www.state.nj.us/humanservices/cicrf/home/	Provides financial assistance for families whose children have an illness or condition not covered by insurance.
CDC Mold Website								http://www.cdc.gov/mold/default.html	
Center for Asian Health (St. Barnabas Med Center)	973-322-6888		94 Old Short Hills Rd.	Livingston	NJ	07039	Yes	http://www.barnabashalth.org/Saint-Barnabas-Medical-Center/Our-Services/Center-for-Asian-Health/Bringing-Healthcare-to-a-Growing-Population.aspx	Experts on Hepatitis B
Center for Eating Disorders Care	877-932-8935	609-455-7183	1 Plainsboro Rd	Plainsboro	NJ	08536	Yes	princetonhcs.org/eatingdisorders	University Medical Center of Princeton at Plainsboro; Residential for 8 years old and older

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Center for Science in the Public Interest (CSPI)								http://www.cspinet.org/	Great nutrition and food info for public with monthly newsletter that only costs \$10 per year; has monthly articles on "Food Porn" showing the worst and best foods new to the market; lots of materials like "Salt: The Silent Killer"
Centers for Disease Control and Prevention								www.cdc.gov	Info on all diseases and environmental threats like mold
Central Jersey Family Health Consortium	732-937-5437	888-551-6217	2 King Arthur Court, Ste B	North Brunswick	NJ	08902	Yes	www.cjfhc.org	Resource Directory. Family Connections Central Intake: connects families, women, and children to services
Charity Care-NJ Hospital Care Payment system	866-588-5696							http://www.state.nj.us/health/charitycare/index.shtml	Available to patients for inpatient and outpatient services at all acute care hospitals throughout New Jersey. Medically necessary services may be eligible for patients who meet income and asset criteria.
Child Behavioral Health Services	877-652-7624								
Children's Advocacy Child Sexual Assault Resource Center	800-543-7006							http://www.nationalcac.org/	
Commission for the Blind and Visually Impaired Home – NJ	973-648-3333	877-685-8878	153 Halsey St., 6th Floor	Newark	NJ	07101-47017		http://www.nj.gov/humanservices/cbvi/about/	
Community Soup Kitchen & Outreach Center, Inc.	973-267-0709		36 South St.	Morristown	NJ	07960		www.cskmorristown.com	Soup Kitchen: M-F 11:30 am - 1 pm - 365 days per year; local social services
Compassionate Care Hospice	908-526-2600		9 Lamington Rd. Suite A	Branchburg	NJ	08876	Yes	www.cchnet.net	

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Cooperative Extension Service of Somerset County (Rutgers University)	908-526-6644	908-526-6295	310 Milltown Rd	Bridgewater	NJ	08807-3587		http://njaes.rutgers.edu/extension	Educational programs for food, nutrition, environmental, and health.
Dental Care Basking Ridge	908-304-9761		11 Lyons Mall	Basking Ridge	NJ	07920	Yes	DentalCareBaskingRidge.com	
Dental Care Somerset	7-732-357-1979		441 Elizabeth Avenue	Somerset	NJ	08873	Yes	www.dentalcaresomerset.com	Low-cost Dental Coverage for Adults and children as low as \$21 per year
Diabetes - Physical Activity	800-321-4407								
Diabetes Center at RWJ Somerset	908-685-2846		110 Rehill Avenue	Somerville	NJ	08876	Yes	http://www.rwjuh.edu/rwjuh/diabetescenter.aspx	Outpatient education about diabetes by certified diabetes educators
DiaSite	908-350-7212								Tami Lane, RN, MA; app to keep track of injection sites
Donation Sites							Yes		List of places to donate clothing, furniture, household items, books, etc.
Enright Melanoma Foundation	908-464-0277		PO Box 519	Summit	NJ	07902		enrightmelanomafoundation.org	Skin cancer prevention education. Has a great online educational self exam video and materials
EPA: Bed Bug Card							Yes	www.epa.gov/bedbugs	
Eric B. Chandler Health Center***	732-235-6700		277 George St.	New Brunswick	NJ	08901		http://rwjms.umdnj.edu/patient_care/chandler/	A federally qualified and funded health Center owned and operated by Robert Wood Johnson Medical School
Excel Urgent Care	908-888-2541		2 North Road, Units E & F	Chester	NJ	07930		http://www.excelurgentcareofchester.com/	Urgent, Primary, Occupational, Physicals, Drug and alcohol testing, immunizations.

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Federally Qualified Health Centers			https://findahealthcenter.hrsa.gov/					https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/fqhcfactsheet.pdf	Centers serve the uninsured and underinsured, as well as patients with Medicaid, Medicare and private insurance. If you're uninsured, your bill will be based on your ability to pay.
Feeding Hands Pantry	908-725-2678		100 Grant St.	Somerville	NJ	08876		http://www.feedinghandspantry.org/	At Emmanuel Church on Tues. 1-3 pm and 7-8:30 pm
Fellowship Senior Living	908-580-3806	877-233-9741	8000 Fellowship Rd	Basking Ridge	NJ	07920		www.fellowshipseniorliving.org	Phyllis Tranotti ©908-432-0975 VP of Philantropy;
Food & Nutrition Labeling								http://www.fda.gov/Food/IngredientsPackagingLabeling/LabelingNutrition/default.htm	Guidelines nutrition facts label.
Food Bank Network of Somerset County, NJ	732-560-1813		7 Easy St. Middlebrook	Bridgewater	NJ	08807		http://somesetfoodbank.org	
Food Banks, Co-Ops and Pantries in Morris and Somerset Counties							Yes		List compiled of all area programs
Fruits and Vegetables: More Matters								http://www.fruitsandveggiesmorematters.org/	Learn about all fruits and veggies, nut nutrition, what's in season, unusual f or v like Seville oranges or Thai chili, phytochemicals, f and v storage etc
Genentech							Yes	www.gene.com	
God's Co-op Pantry of Bernardsville & Basking Ridge	908-279-5979	908-766-1616 x18 (Janet Bentley)	c/o The First Presbyterian Church One East Oak Street		NJ	07920	Yes	https://brpc.org/mission/gods-co-op-pantry/	For residents of Basking Ridge & Bernardsville struggling financially. Located at the First Presbyterian Church of Bernardsville.
Hackensack UMC - Mountainside	973-429-6000		Bay & Highland Ave.	Montclair/Glen Ridge	NJ			http://www.mountainsidehosp.com/	

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Health Benefits Identification Card Unit (HBID)	877-414-9251								Call if your plastic HBID card is lost or stolen
healtheo360								www.healtheo360.com	Social support community online. Free community membership
Healthier Somerset	908-203-5990							healthiersomerset.org	
Help Rx	855-331-0383		217 Centre Street #2670	New York	NY	10013	Yes	www.HelpRx.info	
Hepatitis Hotline	800-223-0179								
Hyacinth AIDS Foundation	1-732-246-0204	1-800-433-0254	317 George St.	New Brunswick	NJ	08901		www.hyacinth.org	To help people live with HIV, slow the spread of the epidemic, and serve as a critical voice in the public debate surrounding AIDS in New Jersey.
Immunization Action Coalition	651-647-9009		1573 Selby Ave	St. Paul	MN	55104		http://www.immunize.org	Recommendations and info about vaccinations. VIS (Vaccine Information Statements) in pdf format.
Insure Kids Now	877-543-7669		7500 Security Boulevard Baltimore, MD 21244				No	https://www.insurekidsnow.gov/	Centers for Medicare & Medicaid Services Millions of children and teens qualify for free or low-cost health and dental coverage through Medicaid & the Children's Health Insurance Program (CHIP).
Interfaith Food Pantry	973-538-8049		2 Executive Dr.	Morris Plains	NJ	07960		www.mcifp.org	Call for appointment and info
International Diabetes Center	888-825-6315		3800 Park Nicollet Blvd	Minneapolis	MN	55414		www.parknicollet.com/diabetes	

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International Food Information Council								http://www.foodinsight.org/	Wonderful Nutrition and food info for public such as Holiday food traditions contest with reliable nutrition info such as "Dietary Fats: Balancing Health & flavor"
Internet Drug Resource to learn and Identify Your Medications								http://www.rxlist.com	
JAG Physical Therapy	908-222-0515		34 Mountain Boulevard	Warren	NJ	07059	Yes	http://www.jagpt.com/	Michael Evangelist. MS., PT Clinical Director
Kaleidoscope of Hope NJ Ovarian Cancer Foundation	973-644-0500		PO Box 1124	Madison	NJ	07940		http://www.kohnj.org/	Our mission is to raise funds for ovarian cancer research and increase awareness of the symptoms of this disease.
Kids Health								www.kidshealth.org	Online resources about nutrition and all health issues for parents, kids, and teens
Living Plate	908-234-1160		22 Peapack Road, PO Box 158	Far Hills	NJ	07931		www.livingplate.com	In-person one-to-one counseling for nutrition health and therapeutic nutrition. Group nutrition and food prep classes.
Mayo Clinic - Nutrition Basics								http://www.mayoclinic.org/healthy-lifestyle/nutrition-and-healthy-eating/basics/nutrition-basics/hlv-20049477	Nutrition basics, supplements, cooking, diets, etc.
Meals on Wheels - Somerset County	908-704-6346		PO Box 3000	Somerville	NJ	08876-1262			
MedActionPlan	800-543-2230		87 Main St.	Peapack	NJ	07977		medactionplan.com	Medication Scheduling App; Donna Brooten
Medicaid Dental Bureau Hotline	800-792-0181								

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Medicaid Programs - Somerset County NJ	908-526-8800		73 East High Street	Somerville	NJ	08876		http://www.socialservices.co.somerset.nj.us/medicaid.htm	
Medical Waste Transporters List							Yes		List of authorized company names available at BTHD; Regulated medical waste information
Medicare - Part B	800-772-1213							http://www.socialsecurity.gov/medicareonly/	
Medicare (processing)								http://www.cms.hhs.gov	
Medicare.gov	800-633-4227							http://www.medicare.gov/	
MedicineNet								http://www.medicinenet.com/script/main/hp.asp	Reliable health, medication, disease, food and nutrition resources, images, slideshows and info.
Medline Plus (US National Library of Medicine)								http://www.nlm.nih.gov/medlineplus/	
MedlinePlus								https://www.nlm.nih.gov/medlineplus/anatomyvideos.html	Online videos to help you to understand a disease; also health info available in Spanish and other languages
Morris County Division of Mosquito Control	973-285-6450		PO Box 900	Morristown	NJ	07963-0900		http://morriscountynj.gov/mosquito/contact/	Displays, control and education; Physical Address: Highview Ave., Cedar Knolls, NJ 07927
Morristown Memorial Hospital	973-971-5000		100 Madison Ave.	Morristown	NJ			http://www.atlantichealth.org/cons/hospitals/at_MMH/overview.html	
MyPlate								http://www.choosemyplate.gov/	Materials for public based on MyPlate (replacement for Food Guide Pyramid) including Let's Move! And The People's Garden programs

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National AIDS Hotline	800-342-2437								
National Cancer Institute Cancer Information Service (CIS)	800-4-CANCER	800-422-6237							Provides accurate, up-to-date, and reliable information on cancer that is easy to understand as well as info on research trials.
National Health Information Center								http://www.healthfinder.gov	
National Health Information Hotline Directory								http://healthhotlines.nlm.nih.gov/subserch.html	
National Institute of Allergy and Infectious Diseases								http://3.niaid.nih.gov	
National Institute of Health								http://www.nhlbi.nih.gov/health/public/heart/index.htm	Great handouts and info for the public on cholesterol and heart health includes Spanish versions, info for women and heart disease, DASH diet (sodium), TLC Diet etc
National STD Hotline	800-227-8922								
National Stroke Association StrokeCall911							Yes	http://www.strokeawareness.com/strokecall911/	Know the Signs of Stroke: Act FAST
Needle Disposal Options for Self-Injectors							Yes	http://www.epa.gov/wastes/nonhaz/industrial/medical/med-home.pdf	Print brochure with Safe Options for Home Needle Disposal
Neighborhood Health Center - Plainfield	908-753-6401		1700-58 Myrtle Ave.	Plainfield	NJ	07063-1038		http://www.nhscnj.org/	Federally Qualified Healthcare Center to serve the uninsured and under-insured.

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New Jersey Travel Clinic, LLC	201-345-4550		205 Browertown Road Suite #202	Woodland Park	NJ	07424	Yes	www.njtravelclinic.com	Pre- and post travel vaccinations according to CDC guidelines plus travel medicines. Authorized Yellow Fever vaccine center.
NJ Dental School	973-972-7370 (Adults)	973-972-4620 (Children)	Fifty 12th Avenue	Newark	NJ	07103	Yes	http://dentalschool.umdnj.edu/patients/njds.htm	Small fee for screening appt. Adults and Children. Other campuses.
NJ Department of Health - List of Hotlines								http://www.state.nj.us/health/contact.shtml	
NJ Division of Medical Assistance and Health Services	800-356-1561							http://www.state.nj.us/humanservices/dmahs/home/about/	
NJ DOH Healthcare and Public Health Resource Directory							Yes	http://www.nj.gov/health/er/documents/nj_public_health_directory.pdf	2012 Directory of all hospitals, health agencies Federally Qualified Health Centers, etc by counties throughout NJ
NJ DOH Vaccine Preventable Disease Program Hep B	609-826-4861							http://www.nj.gov/health/cd/hepatitisb_perinatal/index.shtml	
NJ FamilyCare & KidCare	800-701-0710	TTY 800-701-0720						http://www.njfamilycare.org/default.aspx	NJ publicly funded health insurance program - includes CHIP, Medicaid and Medicaid expansion
NJ FamilyCare/Medicaid Call Center	800-356-1561							http://www.njfamilycare.org/default.aspx	
NJ Medical Waste Hotline	609-984-6620	877-927-6337 (24/7 To report incidents)	PO Box 414	Trenton	NJ	08625-0414	Yes	http://www.state.nj.us/dep/dshw/hwr/manfstmw/mmwgru.html	

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NJ Office of Cancer Control and Prevention								http://www.nj.gov/health/ces/public/resources/occp.shtml	Coordinates comprehensive cancer control efforts in NJ to reduce illness and death due to cancer through prevention, early detection, treatment, rehabilitation, and palliation. Manages activities of its Regional Chronic Disease Coalitions.
NJ State Health Insurance Assistance Program (SHIP)	908-704-6319	888-747-1122	92 E. Main St.	Somerville	NJ	08876		http://www.state.nj.us/humanservices/doas/services/ship/	Free, confidential, unbiased help with Medicare questions for senior citizens So Cty Office on Aging
NJ Student Health Survey								http://www.state.nj.us/education/students/yrs/	From NJ Dept of Education (2001, 2003, 2005, 2007, 2009)
NJDOH: Div of Health Facilities Evaluation and Licensing Complaint Hotline	800-792-9770							http://www.state.nj.us/health/healthfacilities/file_complaint.shtml	
NORWESCAP (Northwest New Jersey Community Action Partnership)	908-454-4778	908-454-7000	350 Marshall St.	Phillipsburg	NJ	08865		http://norwescap.org/index.php	Community Action programs for Somerset, Morris, Sussex, Warren, Hunterdon Counties: food banks, WIC, CEED, housing , energy assistance, etc.
Olive Oil Resources								www.truthinoliveoil.com	Learn all about which olive oil is high quality
Online Type 2 Diabetes Risk Test								http://www.diabetes.org/diabetes-basics/prevention/diabetes-risk-test/	
Overlook Hospital	908-522-2000		99 Beauvoir Av., Summit	NJ				https://www.atlantichealth.org/overlook.html	
Parent Heart Watch: Protecting Youth from Sudden Cardiac Arrest	1-800-717-5828						Yes	www.ParentHeartWatch.org	Dedicated to protecting youth from sudden cardiac arrest (SCA) and preventable sudden cardiac death (SCD)

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Pediatric Emergency Department	551-996-5430		30 Prospect Avenue	Hackensack	NJ	07901	Yes	https://www.atlantichealth.org/goryeb/our-services/pediatric-emergency-care/contact/emergency-department.html	
Pesticide Info in Fruits/Vegetables								http://www.ewg.org/foodnews/	Dirty Dozen and Clean Fifteen: Environmental Working Groups guide to pesticides in produce
Pluckemin Medical Equipment Ministry	908-396-6057		Presbyterian Church at Pluckemin Rt	Pluckemin	NJ	07978	Yes	http://ppch.org/give-and-get-help/missions	Medical equipment loans: wheelchairs, walkers, etc.
Portion Distortion I & II								www.nhlbi.nih.gov/health/educational/wecan/eat-right/portion-distortion.htm	Set of slides showing the size of food portions and how they have changed.
Rape Crisis Hotline/Sexual Abuse Support Services - Morris County	973-829-0587							http://www.njsp.org/division/operations/sexual-violence-info.shtml	
Rape Crisis Hotline/Sexual Abuse Support Services - Somerset County	908-526-7444							http://www.state.nj.us/dcf/women/rcpp/svp/	
Regional Chronic Disease and Cancer Coalition	908-231-7155	908-231-7000					Yes	www.co.somerset.nj.us/health/RCDC/index.aspx	Coalition funded by a grant from NJ Dept. of Health Office of Cancer Control and prevention working to reduce the state's cancer burden and improve health outcomes for people with cancer or other chronic diseases
Richard Hall Community Mental Health Center	908-725-2800	908-725-2800	500 N. Bridge St.	Bridgewater	NJ	08807		http://www.co.somerset.nj.us/hservices/rhmc	Comprehensive community mental health center dedicated to the prevention, early detection, and treatment of mental illness and serious emotional and behavioral problems

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Robert Wood Johnson University Hospital Barnabas Helath Somerset	888-MD-RWJUH	908-685-2200	110 Rehill Ave.	Somerville	NJ	08876		http://www.rwjuh.edu/rwjuh/somerset-campus.aspx	
RWJ Executive Health Program	888-887-9584		10 Plum St. 8th Floor	New Brunswick	NJ	08901	Yes	www.rwjuh.edu/executeivehealth	First class diagnostic exams and care that fit into a busy lifestyle.
Saint Peter's Healthcare System	732-745-8600		254 Easton Avenue	New Brunswick	NJ	08901		http://www.saintpetershcs.com/	
Senior Care Services by Sharon, LLC.	1-973-627-5746	1-973-713-5822	PO Box 5462	Parsippany	NJ	07054	Yes	www.seniorcareservice.sbysharon.com	Fully insured. Transportation, errands, meal prep and more
Senior Health Insurance Assistance Program (S.H.I.P.)	908-704-6319	888-747-1122	27 Warren St.	Somerville	NJ	08876	Yes	http://www.state.nj.us/humanservices/doas/services/ship/index.html	Somerset Cty Office on Aging: Free, confidential, inbiased help with Medicare
Seniors Blue Book: Morris & Somerset Counties	973-560-0064							www.seniorsbluebook.com	
Sexually Transmitted Disease (STD) Clinics List							Yes	http://www.nj.gov/health/hivstdtb/document/s/all_counties_clinic_sites.pdf	List for both Morris and Somerset counties
SHIP: National Technical Assistance Program	800-792-8820 (in-state only)	877-222-3737 (out of state)						http://www.state.nj.us/humanservices/doas/services/ship/index.html	Help Understanding Medicare and Medicaid benefits. Nat'l site: https://www.shiptacenter.org/
Social Security Administration	800-772-1213	212-264-2715	26 Federal Plaza Rm 40-120	New York	NY	10278		www.ssa.gov	
Somerset County Community Health Resource and Services Directory 2017							Yes	https://www.co.somerset.nj.us/home/showdocument?id=26198	Directory of contact information for all health resources in Somerset County
Somerset County Food Bank	732-560-1813		7 Easy Street, Middlebrook	Bridgewater	NJ	08807		http://somersetfoodbank.org/	
Somerset County Mosquito Control	908-541-5021	908-231-7155						http://www.co.somerset.nj.us/mosquito/mosquitoinfo.html	

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Somerset County Office on Aging Easy Access Single Entry System (EASE)	888-747-1122	908-704-6346						officeonaging@co.somerset.nj.us	
Somerset County Senior Wellness Center - Bernards	908-204-3435	908-704-6343	202 Mount Airy Road	Basking Ridge	NJ	07920			
Somerset Family Practice	908-685-2900		110 Rehill Ave.	Somerville	NJ	08876		http://www.rwjpe.com/Locations/RWJPESomersetFamilyPractice	
Somerset Valley Urgent Care	908-781-7171		470A US Highway 202/206	Bedminster	NJ	07921		http://www.somersetvalleyurgentcare.com/	Urgent, Primary, Occupational care and Immunizations. Can make an appointment online.
St. Clare's Health System: Friend's for Life Health Living Program	973-989-3422							http://www.saintclares.org/friends-for-life	
TeensHealth								http://kidshealth.org/teen/	Good online resource for teens, kids, and parents.
The Center for Great Expectations	732-247-7003		19-B Dellwood Lane	Somerset	NJ	08873		www.thecenterforgreatexpectations.org	Pregnant women and adolescent females
The DASH Diet								http://www.nhlbi.nih.gov/files/docs/public/heart/dash_brief.pdf	Top rated low sodium healthy eating.
The Leukemia & Lymphoma Society	914-949-5213	800-955-4572	1311 Mamaroneck Avenue, Suite 310	White Plains	NY	10605		http://www.lls.org	Info for Children & Youth: http://www.schoolandyouth.org/school/Controller
The Service Directory for the Children of Somerset County								http://www.co.somerset.nj.us/home/showdocument?id=524	Programs and services for the children of Somerset County.
Therapeutic Lifestyle Changes for Heart Health								http://www.nhlbi.nih.gov/health/public/heart/chol/chol_tlc.htm	Handouts and materials for heart health

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Tourette Syndrome Association of New Jersey, Inc.	908-575-7350		50 Division Street, Suite 205	Somerville	NJ	08876		www.njcts.org	Center of Excellence for Tourette Syndrome
Traumatic Brain Injury Fund	888-285-3036							http://www.state.nj.us/humanservices/dds/oias/tbis/tbifund.html	
Tuberculosis Clinic - Somerset Medical Center	908-203-6040								
Tuberculosis Control Program	609-826-4878	800-482-3627	50 East Street, 3rd Floor PO Box 363	Trenton	NJ	08625-0363		http://www.nj.gov/health/hivstdtb/tb/	
U.S. Department of Health and Human Services								http://healthyeating.nhlbi.nih.gov/ingre.aspx	Keep the Beat: Delicious Healthy Eating and Shopping Tips & Recipes
United States Environmental Protection Agency							Yes	http://www.epa.gov/b-edbugs	
Urgent Care Center - Summit Medical Group	908-277-8880		1 Diamond Hill Road	Berkeley Heights	NJ	07922		http://www.summitmedicalgroup.com/service/Urgent-Care-Center/	Urgent, Emergency, Primary healthcare
US National Library of Medicine							Yes	www.nlm.gov	Includes individual sites focusing on: Drug Info Portal;AIDS Info; Clinical Trials; Drugs and Lactation database; Liver Toxicity; PubChem -biological and chemical database; PubMed - scientific journals; RxNorm- drug info; ToxNet-database on hazardous chem
Vaccines for Teens and Preteens							Yes	http://www.nj.gov/health/cd/documents/vpd/vaccines_for_teens_preteens.pdf	Which are needed; Questions and Answers
Visiting Nurse of Somerset Hills	908-766-0180							www.visitingnurse.org	

Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
Whole Grains Council								http://wholegrainscouncil.org/	Helps consumer find whole grains and know their health benefits; learn anything about whole grains
WIC (Women, Infants, and Children) Morris County	973-754-4575	800-328-3838	185 6th Avenue	Paterson	NJ	07524	Yes	http://www.nj.gov/health/fhs/wic/participants/find-wic/-morris	
WIC (Women, Infants, and Children) Somerset County	800-527-0125	908-454-1210					Yes	http://www.nj.gov/health/fhs/wic/participants/find-wic/-somerset	
Women Health and Counseling Center (see Zufall)	908-526-2335								
World Health Organization								http://www.who.int/topics/en/	Worldwide disease and pandemic monitoring
Zarephath Health Center	732-537-0737		595 Weston Canal Rd.	Somerset	NJ	08873		http://www.zhcenter.org/about/aboutus.php	The Zarephath Health Center provides free health-care to the poor and uninsured.
Zufall Health Center-Dover	973-328-3344		17 S. Warren St.	Dover	NJ	07801	Yes	http://www.zufallhealth.org	
Zufall Health Center-Flemington	908-968-4440		361 Rt. 31, Bldg C	Flemington	NJ	08802	Yes	http://www.zufallhealth.org/	
Zufall Health Center-Morristown	973-267-0002		4 Atno Avenue	Morristown	NJ	07960	Yes	http://www.zufallhealth.org/	Additional centers; Dental Clinic in Flemington 908-968-4440
Zufall Health Center-Somerville	908-526-2335		71 Fourth Street	Somerville	NJ	08876	Yes	zufallhealth.org	