



Health and Disease Resources

| Organization | Phone 1 | Phone 2 | Address | Town | State | Zip Code | Info | Website | Notes |
|---|--------------|---------------------------|---|-------------|----------|------------|------|---|---|
| Adult Day Center of Somerset | 908-725-0068 | | 872 East Main Street | Bridgewater | NJ | 08807 | | http://www.adultdaycenter.org/ | Daily care for senior citizens with supervised services and activities. |
| Affordable Care Act | 877-696-6775 | | U.S. Department of Health & Human Services 200 Independence Avenue, S.W. | Washington | DC | 20201 | Yes | http://www.hhs.gov/healthcare/facts-and-features/fact-sheets/hhs-and-ed-partner-develop-toolkit-support-healthy-students.html | Federal Health Insurance system: https://www.healthcare.gov/preventative-care Lists: https://www.healthcare.gov/preventive-care-adults/ Zufall Assistance for sign-up: 973-891-3425. |
| AIDS/STD Information and Referrals | 800-624-2377 | | | | | | | | Information and referral services for HIV and STD prevention and treatment services. |
| American Academy of Food and Nutrition | | | | | | | | www.eatright.org | |
| American Academy of Nutrition and Dietetics | 800-877-1600 | 312-899-0040 | 120 South Riverside Plaza, Suite 2000 | Chicago | Illinois | 60606-6995 | | www.eatright.org | Professional association for Registered dietitians but has many fact sheets and articles for public such as "Be Merry: Enjoy Guilt-Free Holiday Celebrations" |
| American Association of Diabetes Educators | 800-338-3633 | | | | | | | www.aadenet.org | |
| American Cancer Society | 800-227-2345 | | | | | | | www.cancer.org | |
| American Diabetes Association (NJ) | 762-469-7979 | 888-342-2383 (from in NJ) | 200 Cottontail Lane | Somerset | NJ | 08873 | | www.diabetes.org | |
| American Heart Association | 732-821-2610 | | | | | | | | |

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| American Institute of Cancer Research | (800) 843-8114 | (202) 328-7744 | 1759 R Street, NW, | Washington | DC | 20009 | | http://www.aicr.org/ | A great resource for learning about cancer prevention and treatment, BUT my favorite are their recipes, lots of great healthy veggie recipes; also has the New American Plate program which promotes healthy eating |
| American Lung Association | 908-687-9340 | | | | | | | www.lungusa.org | |
| American Public Health Association | | | | | | | | www.apha.org | |
| American Society for Microbiology | | | | | | | Yes | www.washup.org | |
| Astra-Health Center | 908-760-8888 | | 18 Lyons Road | Basking Ridge | NJ | 07920 | | https://astra-hc.com/ | Urgent, Primary, and Occupational healthcare. |
| Bentley Community Services, Inc. | 908-227-0684 | 908-963-9870 | PO Box 1093 | Belle Mead | NJ | 08502 | | www.bentleycommunityservices.org | Dorothy Stearns-Holmes; Brant Holmes; Food Warehouse for the working poor not on food stamps; Monthly fee |
| BMI Calculator | | | | | | | | http://www.nhlbi.nih.gov/guidelines/obesity/BMI/bmicalc.htm | Figure out your Body Mass Index easily. |
| Cancer Care of NJ | 800-813-4673 | 800-272-3900 | | | | | | | |
| Cancer Hope Network | | | | | | | | www.cancerhopenetw.org | |
| Cancer Insurance Checklist | 800-318-2596 | | | | | | Yes | http://www.cancerinsurancechecklist.org/ | Helps to compare insurance plans when shopping for insurance. Info on getting help paying for insurance. |
| Cancer Support Community of Central New Jersey (formerly The Wellness Community) | 908-658-5400 | | 3 Crossroads Dr. | Bedminster | NJ | 07921 | | www.cancersupportcnj.org | Monthly program calendar available. Support groups, exercise, education; Facebook |

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| Catastrophic Illness in Children Relief Fund Commission | 800-335-3863 | 609-292-0600 | PO Box 728 | Trenton | NJ | 08625-0700 | Yes | www.njcatatrophicfund.org | Provides financial assistance for families whose children have an illness or condition not covered by insurance. |
| CDC Mold Website | | | | | | | | http://www.cdc.gov/mold/default.html | |
| Center for Asian Health (St. Barnabas Med Center) | 973-322-6608 | | 101 Old Short Hills Road, Suite 408 | West Orange | NJ | 07052 | Yes | | Experts on Hepatitis B |
| Center for Eating Disorders Care | 877-932-8935 | 609-853-7575 | 1 Plainsboro Rd | Plainsboro | NJ | 08536 | Yes | princetonhcs.org/eatingdisorders | University Medical Center of Princeton at Plainsboro; Residential for 8 years old and older |
| Center for Science in the Public Interest (CSPI) | | | | | | | | http://www.cspinet.org/ | Great nutrition and food info for public with monthly newsletter that only costs \$10 per year; has monthly articles on "Food Porn" showing the worst and best foods new to the market; lots of materials like "Salt: The Silent Killer" |
| Centers for Disease Control and Prevention | | | | | | | | www.cdc.gov | Info on all diseases and environmental threats like mold |
| Central Jersey Family Health Consortium | 732-937-5437 | 888-551-6217 | 2 King Arthur Court, Ste B | North Brunswick | NJ | 08902 | Yes | www.cjfhc.org | Resource Directory. Family Connections Central Intake: connects families, women, and children to services |
| Charity Care-NJ Hospital Care Payment system | 866-588-5696 | | | | | | | http://www.state.nj.us/health/charitycare/index.shtml | |
| Child Behavioral Health Services | 877-652-7624 | | | | | | | | |
| Children's Advocacy Child Sexual Assault Resource Center | 800-543-7006 | | | | | | | http://www.nationalca.org/ | |

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| Commission for the Blind and Visually Impaired Home – NJ | 973-648-3333 | 877-685-8878 | | | | | | | |
| Community Soup Kitchen & Outreach Center, Inc. | 973-267-0709 | | 36 South St. | Morristown | NJ | 07960 | | www.cskmorristown.com | Soup Kitchen: M-F 11:30 am - 1 pm - 365 days per year; local social services |
| Compassionate Care Hospice | 908-526-2600 | | 9 Lamington Rd. Suite A | Branchburg | NJ | 08876 | Yes | www.cchnet.net | |
| Cooperative Extension Service of Somerset County (Rutgers University) | 908-526-6644 | 908-526-6295 | 310 Milltown Rd | Bridgewater | NJ | 08807-3587 | | http://njaes.rutgers.edu/extension | Educational programs for food, nutrition, environmental, and health. |
| Dental Care Basking Ridge | 908-304-9761 | | 11 Lyons Mall | Basking Ridge | NJ | 07920 | Yes | DentalCareBaskingRidge.com | |
| Diabetes - Physical Activity | 800-321-4407 | | | | | | | | |
| Diabetes Center at RWJ Somerset | 908-685-2846 | | 110 Rehill Avenue | Somerville | NJ | 08876 | Yes | http://www.rwjuh.edu/rwjuh/diabetescenter.aspx | Outpatient education about diabetes by certified diabetes educators |
| DiaSite | 908-350-7212 | | | | | | | | Tami Lane, RN, MA; app to keep track of injection sites |
| Donation Sites | | | | | | | Yes | | List of places to donate clothing, furniture, household items, books, etc. |
| Enright Melanoma Foundation | 908-464-0277 | | PO Box 519 | Summit | NJ | 07902 | | enrightmelanomafoundation.org | Skin cancer prevention education |
| EPA: Bed Bug Card | | | | | | | Yes | www.epa.gov/bedbugs | |
| Eric B. Chandler Health Center*** | 732-235-6700 | | 277 George St. | New Brunswick | NJ | 08901 | | http://rwjms.umdnj.edu/patient_care/chandler/ | |
| Excel Urgent Care | 908-888-2541 | | 2 North Road, Units E & F | Chester | NJ | 07930 | | http://www.excelurgentcareofchester.com/ | Urgent, Primary, Occupational, Physicals, Drug and alcohol testing, immunizations. |

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| Federally Qualified Health Centers | | | | | | | | https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/fqhcfactsheet.pdf | Centers serve the uninsured and underinsured, as well as patients with Medicaid, Medicare and private insurance. If you're uninsured, your bill will be based on your ability to pay. |
| Feeding Hands Pantry | 908-725-2678 | | 100 Grant St. | Somerville | NJ | 08876 | | http://www.somervillechurch.com/foodpantry.html | At Emmanuel Church on Tues. 1-3 pm and 7-8:30 pm |
| Fellowship Senior Living | 908-580-3806 | | 8000 Fellowship Rd | Basking Ridge | NJ | 07920 | | www.fellowshipseniorliving.org | Phyllis Tranotti ©908-432-0975 VP of Philanthropy; |
| Food & Nutrition Labeling | | | | | | | | http://www.fda.gov/Food/IngredientsPackagingLabeling/LabelingNutrition/default.htm | Guidelines nutrition facts label. |
| Food Bank Network of Somerset County, NJ | 732-560-1813 | | 7 Easy St. Middlebrook | Bridgewater | NJ | 08807 | | http://somesetfoodbank.org | |
| Food Banks, Co-Ops and Pantries in Morris and Somerset Counties | | | | | | | Yes | | List compiled of all area programs |
| Fruits and Vegetables: More Matters | | | | | | | | http://www.fruitsandveggiesmorematters.org/ | Learn about all fruits and veggies, nut nutrition, what's in season, unusual f or v like Seville oranges or Thai chili, phytochemicals, f and v storage etc |
| Genentech | | | | | | | Yes | www.gene.com | |
| God's Co-op Pantry of Bernardsville & Basking Ridge | 908-279-5979 | 908-766-1616 x18 (Janet Bentley) | c/o The First Presbyterian Church One East Oak Street | Basking Ridge | NJ | 07920 | Yes | | For residents of Basking rRdge & Bernardsville struggling financially. Located at the First Presbyterian Church of Bernardsville. |
| Hackensack UMC - Mountainside | 973-429-6000 | | Bay & Highland Ave. | Montclair/Glen Ridge | NJ | | | | |

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| Health Benefits Identification Card Unit (HBID) | 877-414-9251 | | | | | | | | Call if your plastic HBID card is lost or stolen |
| healtheo360 | | | | | | | | www.healtheo360.com | Social support community online. Free community membership |
| Healthier Somerset | 908-203-5990 | | | | | | | healthiersomerset.org | |
| Help Rx | 855-331-0383 | | 217 Centre Street #2670 | New York | NY | 10013 | Yes | www.HelpRx.info | |
| Hepatitis Hotline | 800-223-0179 | | | | | | | | |
| Immunization Action Coalition | 651-647-9009 | | 1573 Selby Ave | St. Paul | MN | 55104 | | http://www.immunize.org | Recommendations and info about vaccinations. VIS (Vaccine Information Statements) in pdf format. |
| Insure Kids Now | 877-543-7669 | | 7500 Security Boulevard Baltimore, MD 21244 | | | | No | https://www.insurekidsnow.gov/ | Centers for Medicare & Medicaid Services Millions of children and teens qualify for free or low-cost health and dental coverage through Medicaid & the Children's Health Insurance Program (CHIP). |
| Interfaith Food Pantry | 973-538-8049 | | 2 Executive Dr. | Morris Plains | NJ | 07960 | | www.mcifp.org | Call for appointment and info |
| International Diabetes Center | 888-825-6315 | | 3800 Park Nicollet Blvd | Minneapolis | MN | 55414 | | www.parknicollet.com/diabetes | |
| International Food Information Council | | | | | | | | http://www.foodinsight.org/ | Wonderful Nutrition and food info for public such as Holiday food traditions contest with reliable nutrition info such as "Dietary Fats: Balancing Health & flavor" |

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| Internet Drug Resource to learn and Identify Your Medications | | | | | | | | http://www.rxlist.com | |
| JAG Physical Therapy | 908-222-0515 | | 34 Mountain Boulevard | Warren | NJ | 07059 | Yes | http://www.jagpt.com/ | Michael Evangelist. MS., PT Clinical Director |
| Kaleidoscope of Hope NJ | 973-644-0500 | | PO Box 1124 | Madison | NJ | 07940 | | http://www.kohnj.org/ | Our mission is to raise funds for ovarian cancer research and increase awareness of the symptoms of this disease. |
| Kids Health | | | | | | | | www.kidshealth.org | Online resources about nutrition and all health issues for parents, kids, and teens |
| Living Plate | 908-234-1160 | | 22 Peapack Road, PO Box 158 | Far Hills | NJ | 07931 | | www.livingplate.com | In-person one-to-one counseling for nutrition health and therapeutic nutrition. Group nutrition and food prep classes. |
| Mayo Clinic - Nutrition Basics | | | | | | | | http://www.mayoclinic.org/healthy-lifestyle/nutrition-and-healthy-eating/basics/nutrition-basics/hlv-20049477 | Nutrition basics, supplements, cooking, diets, etc. |
| Meals on Wheels - Somerset County | 908-704-6346 | | PO Box 3000 | Somerville | NJ | 08876-1262 | | | |
| MedActionPlan | 800-543-2230 | | 87 Main St. | Peapack | NJ | 07977 | | medactionplan.com | Medication Scheduling App; Donna Brooten |
| Medicaid Dental Bureau Hotline | 800-792-0181 | | | | | | | | |
| Medicaid Programs - Somerset County NJ | 908-526-8800 | | 73 East High Street | Somerville | NJ | 08876 | | http://www.socialservices.co.somerset.nj.us/medicaid.htm | |
| Medical Waste Transporters List | | | | | | | Yes | | List of authorized company names available at BTHD; Regulated medical waste information |

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| Medicare - Part B | 800-772-1213 | | | | | | | http://www.socialsecurity.gov/medicareonly/ | |
| Medicare (processing) | | | | | | | | http://www.cms.hhs.gov | |
| Medicare.gov | 800-633-4227 | | | | | | | http://www.medicare.gov/ | |
| MedicineNet | | | | | | | | http://www.medicinenet.com/script/main/hp.asp | Reliable health, medication, disease, food and nutrition resources, images, slideshows and info. |
| Medline Plus (US National Library of Medicine) | | | | | | | | http://www.nlm.nih.gov/medlineplus/ | |
| MedlinePlus | | | | | | | | https://www.nlm.nih.gov/medlineplus/anatomyvideos.html | Online videos to help you to understand a disease; also health info available in Spanish and other languages |
| Morris County Division of Mosquito Control | 973-285-6450 | | PO Box 900 | Morristown | NJ | 07963-0900 | | http://morriscountynj.gov/mosquito/contact/ | Displays, control and education; Physical Address: Highview Ave., Cedar Knolls, NJ 07927 |
| Morristown Memorial Hospital | 973-971-5000 | | 100 Madison Ave. | Morristown | NJ | | | http://www.atlantichealth.org/cons/hospitals/at_MMH/overview.html | |
| MyPlate | | | | | | | | http://www.choosemyplate.gov/ | Materials for public based on MyPlate (replacement for Food Guide Pyramid) including Let's Move! And The People's Garden programs |
| National AIDS Hotline | 800-342-2437 | | | | | | | | |
| National Cancer Institute Cancer Information Service (CIS) | 800-4-CANCER | 800-422-6237 | | | | | | | |

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| National Health Information Center | | | | | | | | http://www.healthfinder.gov | |
| National Health Information Hotline Directory | | | | | | | | http://healthhotlines.nlm.nih.gov/subserch.html | |
| National Institute of Allergy and Infectious Diseases | | | | | | | | http://3.niaid.nih.gov | |
| National Institute of Health | | | | | | | | http://www.nlm.nih.gov/health/public/heart/index.htm | Great handouts and info for the public on cholesterol and heart health includes Spanish versions, info for women and heart disease, DASH diet (sodium), TLC Diet etc |
| National STD Hotline | 800-227-8922 | | | | | | | | |
| National Stroke Association StrokeCall911 | | | | | | | Yes | http://www.strokeawareness.com/strokecall911/ | Know the Signs of Stroke: Act FAST |
| Needle Disposal Options for Self-Injectors | | | | | | | Yes | http://www.epa.gov/wastes/nonhaz/industrial/medical/med-home.pdf | Print brochure with Safe Options for Home Needle Disposal |
| Neighborhood Health Center - Plainfield | 908-753-6401 | | 1700-58 Myrtle Ave. | Plainfield | NJ | 07063-1038 | | http://www.phcmednet.org | |
| New Jersey Travel Clinic, LLC | 201-345-4550 | | 205 Browertown Road Suite #202 | Woodland Park | NJ | 07424 | Yes | www.njtravelclinic.com | Pre- and post travel vaccinations according to CDC guidelines plus travel medicines. Authorized Yellow Fever vaccine center. |
| NJ Dental School | 973-972-7370 (Adults) | 973-972-4620 (Children) | Fifty 12th Avenue | Newark | NJ | 07103 | Yes | http://dentalschool.umdnj.edu/patients/njds.htm | Small fee for screening appt. Adults and Children. Other campuses. |
| NJ Department of Health - List of Hotlines | | | | | | | | http://www.state.nj.us/health/contact.shtml | |

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| NJ Division of Medical Assistance and Health Services | 800-356-1561 | | | | | | | | |
| NJ DOH Healthcare and Public Health Resource Directory | | | | | | | Yes | http://www.nj.gov/health/er/documents/nj_public_health_directory.pdf | 2012 Directory of all hospitals, health agencies Federally Qualified Health Centers, etc by counties throughout NJ |
| NJ DOH Vaccine Preventable Disease Program Hep B | 609-826-4861 | | | | | | | http://www.nj.gov/health/cd/hepatitis_b_perinatal/index.shtml | |
| NJ FamilyCare & KidCare | 800-701-0710 | TTY 800-701-0720 | | | | | | | |
| NJ FamilyCare/Medicaid Call Center | 800-356-1561 | | | | | | | | |
| NJ Medical Waste Hotline | 609-984-6620 | 877-927-6337 (24/7 To report incidents) | PO Box 414 | Trenton | NJ | 08625-0414 | Yes | http://www.state.nj.us/dep/dshw/hwr/manfstmw/mmwguru.html | |
| NJ Office of Cancer Control and Prevention | | | | | | | | http://www.nj.gov/health/ccp/ | |
| NJ State Health Insurance Assistance Program (SHIP) | 908-704-6319 | 888-747-1122 | 92 E. Main St. | Somerville | NJ | 08876 | | | Free, confidential, unbiased help with Medicare questions for senior citizens So Cty Office on Aging |
| NJ Student Health Survey (2011) | | | | | | | | http://www.nj.gov/education/students/yrbs/index.html | From NJ Dept of Education (2001, 2003, 2005, 2007, 2009) |
| NJDOH: Div of Health Facilities Evaluation and Licensing Complaint Hotline | 800-792-9770 | | | | | | | | |

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| NORWESCAP (Northwest New Jersey Copmmunity Action Partnership) | 908-454-4778 | 908-454-7000 | 350 Marshall St. | Phillipsburg | NJ | 08865 | | http://norwescap.org/index.php | Community Action programs for Somerset, Morris, Sussex, Warren, Hunterdon Counties: food banks, WIC, CEED, housing , energy assitance, etc. |
| Olive Oil Resources | | | | | | | | www.truthinoliveoil.com | Learn all about which olive oil is high quality |
| Online Type 2 Diabetes Risk Test | | | | | | | | http://www.diabetes.org/diabetes-basics/prevention/diabetes-risk-test/ | |
| Overlook Hospital | 908-522-2000 | | 99 Beauvoir Avr., Summit | NJ | | | | | |
| Pediatric Emergency Department | 551-996-5430 | | 30 Prospect Avenue | Hackensack | NJ | 07901 | Yes | www.HackensackUMC.org | |
| Pesticide Info in Fruits/Vegetables | | | | | | | | http://www.ewg.org/foodnews/ | Dirty Dozen and Clean Fifteen: Environmental Working Groups guide to pesticides in produce |
| Pluckemin Medical Equipment Ministry | 908-396-6057 | | Presbyterian Church at Pluckemin Rt | Pluckemin | NJ | 07978 | Yes | | Medical equipment loans: wheelchairs, walkers, etc. |
| Portion Distortion I & II | | | | | | | | www.nhlbi.nih.gov/health/educational/wecan/eat-right/portion-distortion.htm | Set of slides showing the size of food portions and how they have changed. |
| Rape Crisis Hotline/Sexual Abuse Support Services - Morris County | 973-829-0587 | | | | | | | | |
| Rape Crisis Hotline/Sexual Abuse Support Services - Somerset County | 908-526-7444 | | | | | | | | |
| Reaching Out: Non-Medical Assitance for Seniors | 908-722-2433 | | 481 Steele Gap Road | Bridgewater | NJ | 08807 | Yes | www.EQarchitecture.com | Tranportation, chores, shopping, housekpg, insurance, disability renovations |

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| Regional Chronic Disease and Cancer Coalition | 908-203-6077 | | | | | | Yes | www.co.somerset.nj.us/health/RCDC | |
| Richard Hall Community Mental Health Center | 888-744-4417 | 908-725-2800 | 500 N. Bridge St. | Bridgewater | NJ | 08807 | | http://www.co.somerset.nj.us/hservices/rhmhc | |
| Robert Wood Johnson University Hospital Somerset | 908-685-2200 | | 110 Rehill Ave. | Somerville | NJ | 08876 | | www.smchealthwise.com | |
| RWJ Executive Health Program | 888-887-9584 | | 10 Plum St. 8th Floor | New Brunswick | NJ | 08901 | Yes | www.rwjuh.edu/executivehealth | First class diagnostic exams and care that fit into a busy lifestyle. |
| Saint Peter's Healthcare System | 732-745-8600 | | 34 West Main Street | Somerville | NJ | 08876 | | http://www.childhooddisability.com/ | |
| Senior Health Insurance Assistance Program (S.H.I.P.) | 908-704-6319 | 888-747-1122 | 27 Warren St. | Somerville | NJ | 08876 | Yes | | Somerset Cty Office on Aging: Free, confidential, unbiased help with Medicare |
| Seniors Blue Book: Morris & Somerset Counties | 973-560-0064 | | | | | | | www.seniorsbluebook.com | |
| SHIP: National Technical Assistance Program | 800-792-8820 (in-state only) | 877-222-3737 (out of state) | | | | | | http://www.state.nj.us/humanservices/doas/services/ship/index.html | Help Understanding Medicare and Medicaid benefits. Nat'l site: https://www.shiptacenter.org/ |
| Social Security Administration | 800-772-1213 | 212-264-2715 | 26 Federal Plaza Rm 40-120 | New York | NY | 10278 | | www.socialsecurity.gov | |
| Somerset County Community Health Resource and Services Directory 2016 | | | | | | | Yes | https://www.co.somerset.nj.us/Home/ShowDocument?id=15877 | Directory of contact information for all health resources in Somerset County |
| Somerset County Food Bank | 732-560-1813 | | 7 Easy Street, Middlebrook | Bridgewater | NJ | 08807 | | http://somersetfoodbank.org/ | |
| Somerset County Mosquito Control | 908-541-5021 | 908-231-7155 | | | | | | http://www.co.somerset.nj.us/mosquito/mosquitoinfo.html | |

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| Somerset County Office on Aging Easy Access Single Entry System (EASE) | 888-747-1122 | 908-704-6346 | | | | | | officeonaging@co.somerset.nj.us | |
| Somerset County Senior Wellness Center - Bernards | 908-204-3435 | 908-704-6343 | 202 Mount Airy Road | Basking Ridge | NJ | 07920 | | | |
| Somerset Family Practice | 908-685-2900 | | 110 Rehill Ave. | Somerville | NJ | 08876 | | http://www.somersetfamilypractice.com/main/patientinformation.aspx | |
| Somerset Valley Urgent Care | 908-781-7171 | | 470A US Highway 202/206 | Bedminster | NJ | 07921 | | http://www.somersetvalleyurgentcare.com/ | Urgent, Primary, Occupational care and Immunizations. Can make an appointment online. |
| St. Clare's Health System: Friend's for Life Health Living Program | 973-989-3422 | | | | | | | http://www.saintclares.org/friends-for-life | |
| STD Clinics List | | | | | | | Yes | http://www.state.nj.us/health/std/locations.shtml | List for both Morris and Somerset counties |
| TeensHealth | | | | | | | | http://kidshealth.org/teen/ | Good online resource for teens, kids, and parents. |
| The Center for Great Expectations | 732-247-7003 | | 19-B Dellwood Lane | Somerset | NJ | 08873 | | www.thecenterforgreatexpectations.org | Pregnant women and adolescent females |
| The DASH Diet | | | | | | | | http://www.nhlbi.nih.gov/files/docs/public/heart/dash_brief.pdf | Top rated low sodium healthy eating. |
| The Leukemia & Lymphoma Society | 914-949-5213 | 800-955-4572 | 1311 Mamaroneck Avenue, Suite 310 | White Plains | NY | 10605 | | http://www.lls.org | Info for Children & Youth: http://www.schoolandyouth.org/school/Controller |
| The Service Directory for the Children of Somerset County | | | | | | | | http://www.co.somerset.nj.us/home/showdocument?id=524 | Programs and services for the children of Somerset County. |

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| Therapeutic Lifestyle Changes for Heart Health | | | | | | | | http://www.nhlbi.nih.gov/health/public/heart/chol/chol_tlc.htm | Handouts and materials for heart health |
| Tourette Syndrome Association of New Jersey, Inc. | 908-575-7350 | | 50 Division Street, Suite 205 | Somerville | NJ | 08876 | | www.njcts.org | |
| Traumatic Brain Injury Fund | 888-285-3036 | | | | | | | | |
| Tuberculosis Clinic - Somerset Medical Center | 908-203-6040 | | | | | | | | |
| U.S. Department of Health and Human Services | | | | | | | | http://healthyeating.nhlbi.nih.gov/ingre.aspx | Keep the Beat: Delicious Healthy Eating and Shopping Tips & Recipes |
| United States Environmental Protection Agency | | | | | | | Yes | http://www.epa.gov/b edbugs | |
| Urgent Care Center - Summit Medical Group | 908-277-8880 | | 1 Diamond Hill Road | Berkeley Heights | NJ | 07922 | | http://www.summitmedicalgroup.com/service/Urgent-Care-Center/ | Urgent, Emergency, Primary healthcare |
| Visiting Nurse of Somerset Hills | 908-766-0180 | | | | | | | www.visitingnurse.org | |
| Whole Grains Council | | | | | | | | http://wholegrainscouncil.org/ | Helps consumer find whole grains and know their health benefits; learn anything about whole grains |
| WIC (Women, Infants, and Children) Morris County | 973-754-4575 | 800-328-3838 | 185 6th Avenue | Paterson | NJ | 07524 | Yes | http://www.state.nj.us/health/fhs/wic/localagencies.shtml | |
| WIC (Women, Infants, and Children) Somerset County | 800-527-0125 | 908-454-1210 | | | | | Yes | http://www.state.nj.us/health/fhs/wic/localagencies.shtml | |
| Women Health and Counseling Center (see Zufall) | 908-526-2335 | | | | | | | | |

| Organization | Phone 1 | Phone 2 | Address | Town | State | Zip Code | Info | Website | Notes |
|---------------------------------|--------------|---------|----------------------|------------|-------|----------|------|---|--|
| World Health Organization | | | | | | | | http://www.who.int/topics/en/ | Worldwide disease and pandemic monitoring |
| Zarephath Health Center | 732-537-0737 | | 595 Weston Canal Rd. | Somerset | NJ | 08873 | | http://www.zhcenter.org/about/aboutus.php | |
| Zufall Health Center-Dover | 973-328-3344 | | 17 S. Warren St. | Dover | NJ | 07801 | Yes | http://www.zufallhealth.org | |
| Zufall Health Center-Flemington | 908-968-4440 | | 361 Rt. 31, Bldg C | Flemington | NJ | 08802 | Yes | http://www.zufallhealth.org/ | |
| Zufall Health Center-Morristown | 973-267-0002 | | 4 Atno Avenue | Morristown | NJ | 07960 | Yes | http://www.zufallhealth.org/ | Additional centers; Dental Clinic in Flemington 908-968-4440 |
| Zufall Health Center-Somerville | 908-526-2335 | | 71 Fourth Street | Somerville | NJ | 08876 | Yes | zufallhealth.org | |

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