



Mental and Behavioral Health

| ID | Organization | Phone 1 | Phone 2 | Address | Town | State | Zip Code | Info | Website | Notes |
|-----|---|----------------|----------------|---|--------------------|-------|------------|------|---|--|
| 198 | 2nd Floor - Youth Helpline | 800-222-2228 | | 2NDFLOOR c/o 180 turning Lives Around, Inc. Bldg 3, Ste 42, 1 | Hazlet | NJ | 07730 | | www.2ndfloor.org | For NJ Youth between ages 10 - 24. Confidential and anonymous |
| 386 | Alternatives | 908-685-1444 | | 600 First Avenue | Raritan | NJ | 08869 | | www.alternativesinc.org | Residential. Adults, families, Mental Health, Developmental Disabilities |
| 12 | Alzheimer's Association Helpline | 800-272-3900 | | | | | | | www.alz.org | |
| 467 | Alzheimer's Association Greater NJ Chapter | 1-609-275-1180 | 1-800-272-3900 | 196 Princeton-Hightstown Rd., Bldg. 2A, Ste. 11 | Princeton Junction | NJ | 08550 | | www.alz.org/nj | |
| 285 | American Academy of Child and Adolescent Psychiatry (AACAP) | 202-966-7300 | | 3615 Wisconsin Ave., NW | Washington | DC | 20016-3007 | | http://www.aacap.org/Default.aspx | To promote the healthy development of children, adolescents, and families through advocacy, education, and research. |
| 196 | American Psychological Association | 800-374-2721 | 202-336-5500 | 750 First St. NE | Washington | DC | 02-4242 | | http://www.apa.org | Love Doesn't Have to Hurt Teens (Dating Violence) http://www.apa.org/pi/families/resources/love-teens.aspx |
| 313 | Anderson House, Inc./Turning Point | 908-534-5818 | | 532 Rt 523 | Whitehouse Station | NJ | 08889 | Yes | www.andersonhouse.org | Halfway house for women recovering from alcoholism and drug addiction and their co-occurring mental health disorders |
| 372 | Anew Wellness | 732-328-2639 | | 270 Davidson Ave. Suite 105 | Somerset | NJ | 08873 | Yes | www.AnewMeNJ.com | Comprehensive mental health care. Partial in-patient and outpatient. |

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| 261 | Bernards Township Municipal Alliance | 908-204-2523 | 908-204-2520 | 262 S. Finley Ave. | Basking Ridge | NJ | 07920 | | www.bernardsalliance.org | The mission of the Bernards Township Municipal Alliance is to provide consultation, programs, training, and resources to members of the Bernards Township community with the goal of preventing and reducing the use of alcohol, tobacco, and other drugs. |
| 387 | Bonnie Brae School | 908-647-0800 | | 3415 Valley Rd | Liberty Corner | NJ | 07938 | | http://www.bonnie-brae.org/ | A residential school and therapeutic community for New Jersey boys in crisis ages 8-21. |
| 308 | Brain Injury Alliance New Jersey | 800-669-4323 | 732-745-0200 | 825 Georges Road | North Brunswick | NJ | 08902 | Yes | www.bianj.org | Catalog of resources for people with brain injuries and their families |
| 324 | Carrier Clinic | 800-933-3579 | | 252 Route 601 | Belle Mead | NJ | 08502 | Yes | www.carrierclinic.org | Outpatient and inpatient behavioral health services for mental health and substance abuse issues. |
| 286 | Center for Eating Disorders Care | 877-932-8935 | 609-455-7183 | 1 Plainsboro Rd | Plainsboro | NJ | 08536 | Yes | princetonhcs.org/eatingdisorders | University Medical Center of Princeton at Plainsboro; Residential for 8 years old and older |
| 36 | Child Behavioral Health Services | 877-652-7624 | | | | | | | | |
| 46 | CONTACT - We Care, Inc. New Jersey's Caring and Crisis Hotline (24-hour Crisis Helpline) | 908-232-2880 | Text "heart" to 741-741 | PO Box 2376 | Westfield | NJ | 07091 | | http://contactwecare.org/ | Award-winning, volunteer-staffed caring and crisis hotline and listening community. We provide active listening support |
| 277 | Coping With the Emotional Impact of Public Health Emergencies | 877-294-4357 | | | | | | Yes | disastermentalhealthnj.com | |

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| 314 | Crawford House (Halfway House) | 908-874-5153 | | 632 Sunset Road | Skillman | NJ | 08558 | Yes | http://daytopnj.org/programs/crawford-house/ | Comprehensive and highly individualized program for women, aged 18 years and over, who are residents of NJ, homeless, indigent, and free from substance use for at least 14 days. |
| 316 | Freedom House (Halfway House) | 908-537-6043 | | 200 Sanitorium Rd | Glen Gardner | NJ | 08826 | Yes | www.freedomhousenj.org | Rehabilitation services for men both in-patient and out-patient for those afflicted with alcoholism and/or drug addiction |
| 264 | Glenn Murphy, LPC | 908-249-3159 | | 2 North Finley Avenue, Ste 201 | Basking Ridge | NJ | 07920 | Yes | GlennMurphyCounseling.com | Psychotherapist and Counselor License #37PC000259000 |
| 302 | healtheo360 | | | | | | | | www.healtheo360.com | Social support community online. Free community membership |
| 268 | JAG Physical Therapy | 908-222-0515 | | 34 Mountain Boulevard | Warren | NJ | 07059 | Yes | http://www.jagpt.com/ | Michael Evangelist. MS., PT Clinical Director |
| 342 | National Alliance on Mental Illness Somerset NJ | 732-940-0991 | | 1562 Route 130 | North Brunswick | NJ | 08902 | | http://www.naminj.org/ | |
| 194 | National Council of Certified Dementia Practitioners | 877-729-5191 | | 103 Valley View Trail | Sparta | NJ | 07871 | | www.nccdp.org | Train the Trainer programs; Travel guidelines for ppl with dementia |
| 287 | New Jersey Center for Tourette Syndrome | 908-575-7350 | | 50 Division St. | Somerville | NJ | 08876 | Yes | www.njcts.org | Referrals for diagnosis and services; Guest lecturers |
| 401 | NJ Children's System of Care | 877-652-7624 | | 300 Horizon Drive, Suite 306 | Robbinsville | NJ | 08691-1919 | | http://www.performcarenj.org/index.aspx | Coordinates services for uninsured children and youth under age 21 for behavioral health, mental health, or emotional challenges, developmental delays, substance abuse |

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| 101 | NJ Child Behavioral Health Services | 877-652-7624 | | | | | | | http://www.state.nj.us/dcf/families/hotlines/ | |
| 112 | NJ Division of Mental Health Services - Disaster Helpline | 877-294-HELP | 877-294-4357 | | | | | Yes | www.disastermentalhealthnj.com | Disaster and Terrorism Branch |
| 111 | NJ Division of Mental Health Services (DMHS) | 800-382-6717 | | | | | | | https://postalinspectors.uspis.gov/contactUs/phoneus.aspx | |
| 136 | Postpartum Mood Disorders Hotline (PPMD) | 800-328-3838 | | | | | | | https://njmentalhealthcares.communityos.org/zf/profile/service/id/207968 | |
| 139 | Psychiatric Emergency Screening Center for Morris County (including suicide prevention) | | | | | | | | | |
| 140 | Psychiatric Emergency Screening Center for Somerset County - Crisis Hotline (including suicide prevention) | 908-526-4100 | | 110 Rehill Ave. | Somerville | NJ | 08876 | Yes | http://www.co.somerset.nj.us/government/human-services/psych-emergency-screening | PEES: See Resource Guide for Persons Affected by Substance Abuse in Somerset County; crisis intervention |
| 341 | Resource Guide for Persons affected by Substance Abuse in Somerset County | 908-704-6300 | | | | | | Yes | http://www.co.somerset.nj.us/government/human-services/operations-planning/alcoholism-drug-abuse | Guide available online at site above |
| 145 | Richard Hall Community Mental Health Center | 908-725-2800 | 908-725-2800 | 500 N. Bridge St. | Bridgewater | NJ | 08807 | | http://www.co.somerset.nj.us/hservices/rhmhc | Comprehensive community mental health center dedicated to the prevention, early detection, and treatment of mental illness and serious emotional and behavioral problems |

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| 146 | Runaway Switchboard Somerset County | 800- RUNAWAY | 800-786- 2929 | PO Box 3000, 27 Warren St. | Somerville | NJ | 08876 | | https://www.co.somerset.nj.us/government/human-services/youth-services/family-crisis-intervention-unit | |
| 482 | Senior Helpers | 1-973-360- 1500 | | | | | | | www.seniorhelpers.com | Care and comfort at a moment's notice serving Morris, Essex and Unuion Counties |
| 150 | Seniors Blue Book: Morris & Somerset Counties | 973-560- 0064 | | | | | | | www.seniorsbluebook.com | Resources for senior citizens: Adult day services, aquatic, care management, hospice, elder abuse, moving, food, housing, Medicare/Medicaid help, rehab, equipment, senior centers, etc. |
| 154 | Somerset Children's Center | 908-725- 2366 | 908-725- 3945 | 377 Union Avenue | Bridgewater | NJ | 08807 | | http://somersetchildrenscenter.org/ | Special Child Health Services Case Management Unit works with families to help meet the needs of children, from birth through 21 years of age, who are medically involved or developmentally disabled regardless of financial status. |
| 345 | Somerset County Community Health Resource and Services Directory 2017 | | | | | | | Yes | https://www.co.somerset.nj.us/home/showdocument?id=26198 | Directory of contact information for all health resources in Somerset County |
| 163 | Somerset Treatment Services | 908-722- 1232 | | 118 West End Ave. | Somerville | NJ | 08876 | | www.somersettservices.org | Affordable treatment and counseling for substance abuse and HIV-related illnesses. |

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| 167 | Suicide – National Suicide Prevention Lifeline | 800-273-TALK | 800-273-8255 | 25 Pocono Road | Denville | NJ | 07834 | | http://www.nj.gov/humanservices/dmhs/services/centers/-18 | |
| 191 | The Bureau for At-Risk Youth | 800-99-YOUTH | | | | | | | http://www.at-risk.com/home.php | Commercial site to purchase supplies and materials for Anti-Bullying Campaigns |
| 173 | Traumatic Brain Injury Fund | 888-285-3036 | | | | | | | http://www.state.nj.us/humanservices/dds/oias/tbis/tbifund.html | |
| 248 | US Substance Abuse and Mental Health Services Administration | | | | | | | | http://www.samhsa.gov | |
| 381 | Women Helping Women | 732-549-6000 | | 224 Main St. | Metuchen | NJ | 08840 | | www.whwnj.com | Group and individual counseling for women and girls. Couples counseling, and support groups for women. |