



Senior Citizen Resources

Tuesday, August 14, 2018

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
280	A.A.R.P. Somerset Hills Chapter #5275	908-766-3075		First Presbyterian	Bernardsville	NJ	07924			Meetings 2nd Friday of month at Pres Chch
402	Adult Day Center of Somerset	908-725-0068		872 East Main Street	Bridgewater	NJ	08807		http://www.adultdaycenter.org/	Daily care for senior citizens with supervised services and activities.
282	Adult Day Center of the VNA of Somerset Hills	908-766-0180 ext. 260							www.visitingnurse.org	Free tours M-F 10 am
5	Adult Protective Services - Morris County	973-326-7282		PO Box 900	Morristown	NJ	07960			
6	Adult Protective Services - Somerset County	908-526-8800	800-287-3607 (after hours)	73 East High At.	Somerville	NJ	08875-1144		http://www.socialservices.co.somerset.nj.us/aps.htm	Investigations of abuse, exploitation or neglect to people 18 years of age and older
7	Adult Protective Services of New Jersey	800-792-9745							http://www.state.nj.us/humanservices/doas/services/aps/	
311	Always Best Care and Senior Services	908-484-1600	908-963-4996	233 Mt Airy Rd., 1st Floor	Basking Ridge	NJ	07920	Yes	http://www.alwaysbestcare.com/usa/nj/somerset-and-hunterdon/baskingridge	Service to help choose Assisted Living arrangements or home healthcare.
12	Alzheimer's Association Helpline	800-272-3900							www.alz.org	
467	Alzheimer's Association Greater NJ Chapter	1-609-275-1180	1-800-272-3900	196 Princeton-Hightstown	Princeton Junction	NJ	08550		www.alz.org/nj	
258	Assisting Seniors at Home	973-841-7100	908-285-1309	629 Newark Pompton	Pompton Plains	NJ	07444	Yes	www.AssistingSeniorsAtHome.com	Loving in-home care and assistance for your family.
297	CarePatrol	908-377-7702	908-367-9055	PO Box 501	Springfield	NJ	07081	Yes	www.carepatrol.com	Jim Tretola, Senior Care Consultant

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
42	Comfort Keepers (Bridgewater and Morristown)	908-864-8044							morris-somerset@comfortkeepers.com	"Making Every Moment of Life Matter: Twenty Questions to Ask Before Hiring a Home Care Agency"
371	Compassionate Care Hospice	908-526-2600		9 Lamington Rd. Suite A	Branchburg	NJ	08876	Yes	www.cchnet.net	
398	Cooperative Housing Corporation	908-526-8130							http://www.chchousing.org/	Senior housing in multi-bedroom purpose built single family homes in Bridgewater and Warren. Some supportive living units also.
51	Eldercare Locator		800-677-1116.						www.eldercare.gov	Nationwide directory assistance service designed to help locate local services and resources.
52	EldERRands: ***Elderly Errands Everyday *Not a taxi service. It is SELF PAY and expensive. \$130 charge flat fee	862-266-0458	973-634-0208							
295	Fellowship Helping Hands	908-580-3849	908-672-4499	8000 Fellowship Rd	Basking Ridge	NJ	07920		www.fellowshipseniorliving.org	Elizabeth Fandel
296	Fellowship Senior Living	908-580-3806	877-233-9741	8000 Fellowship Rd	Basking Ridge	NJ	07920		www.fellowshipseniorliving.org	Phyllis Tranotti @908-432-0975 VP of Philanthropy;
61	Freedom Eldercare (Home Healthcare)	866-737-3336								
488	Generations Home Healthcare	1-908-769-0800		29 Olcott Square, Ste. 1	Bernardsville	NJ	07924		http://www.generationshh.com/	Home healthcare service
215	Home Instead Senior Care	732-271-5150		100 Davidson Ave. Ste 105	Somerset	NJ	08873	Yes	homeinstead.com/somersetcounty-nj	A personalized experience for those with Alzheimer's or other dementias.

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
480	HomeWell	1-973-299-1100		1259 Route 46 East, Bldg. #2, Ste. #270	Parsippany	NJ	07054	Yes	www.morris.homewellseniorcare.com	Trusted providers of hourly and live-in home care for seniors
478	ikor Life Management Services	1-908-991-3332	1-908-800-1561	689 Valley Road, Suite 205	Gillette	NJ	07933		www.ikorglobal.com	Advocacy and life management for seniors and the disabled
81	Medicare - Part B	800-772-1213							http://www.socialsecurity.gov/medicareonly/	
253	Medicare (processing)								http://www.cms.hhs.gov	
82	Medicare.gov	800-633-4227							http://www.medicare.gov/	
254	Morris County Office on Aging	800-564-4656		340 West Hanover Avenue PO Box	Morristown	NJ	07060		http://www.morrihumanservices.org/aging.asp	
255	Morris County Senior Citizen Nutrition Program								http://www.morrihumanservices.org/adv/nutrition/sites.asp	List of Senior Nutrition sites where meals are served.
304	My Girls Home Care	201-317-8290	973-903-4281						www.mygirlshomecare.com	Morris, Sussex, Warren Cty; Daily needs care
88	National Alliance for Caregiving								www.caregiving.org	
194	National Council of Certified Dementia Practitioners	877-729-5191		103 Valley View Trail	Sparta	NJ	07871		www.nccdp.org	Train the Trainer programs; Travel guidelines for ppl with dementia
91	National Council on Aging								www.ncoa.org	
94	National Family Caregivers Association								www.nfcacares.org	

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
477	NightingaleNJ, LLC.	1-908-452-6644		148 West End Avenue 2nd Floor	Somerville	NJ	08876		www.nightingalenj.com	Dedicated to assisting older adults navigate the healthcare system and maintain control of their lives throughout the aging process
103	NJ Dental Association Senior Dental Program	800-792-8820								
291	NJ Find a Ride	877-652-1148		PO Box 346	East Hanover	NJ	07936		www.njfindaride.org	Online database to find transportation to and from medical and case appt
121	NJ Office of the Ombudsman for the Institutionalized Elderly	877-582-6995							http://www.nj.gov/ooie/	
122	NJ Pharmaceutical Aid for Aged and Disability OR Senior Gold (PAAD)	800-792-9745							http://www.state.nj.us/humanservices/doas/home/pbp.html	
126	NJ State Health Insurance Assistance Program (SHIP)	908-704-6319	888-747-1122	92 E. Main St.	Somerville	NJ	08876		http://www.state.nj.us/humanservices/doas/services/ship/	Free, confidential, unbiased help with Medicare questions for senior citizens So Cty Office on Aging
127	NJDOH Senior Information & Referral Service	800-792-8820							http://www.nj.gov/njcommunity/senior/	
128	NJDOH: Div of Health Facilities Evaluation and Licensing Complaint Hotline	800-792-9770							http://www.state.nj.us/health/healthfacilities/file_complaint.shtml	
133	Pharmaceutical Assistance to the Aged and Disabled NJ Dept of Human Services (PAAD)	800-792-9745							http://www.state.nj.us/humanservices/doas/services/paad/	

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
227	RideConnect	908-704-1011		360 Grove St.	Bridgewater	NJ	08807	Yes	www.ridewise.org	Door-to-Door transportation for Seniors and Disabled. Minimal cost. Part of Ridewise.
186	Ridewise of Raritan Valley	908-704-1011	908-812-9645	360 Grove St.	Bridgewater	NJ	08807	Yes	http://ridewise.org	Includes info on biking, walking, buses, rail, Includes info on biking, walking, rail, Will go 5 miles outside of county ridesharing AND Senior Ridewise
479	Senior Care Services by Sharon, LLC.	1-973-627-5746	1-973-713-5822	PO Box 5462	Parsippany	NJ	07054	Yes	www.seniorcareservice.sbysharon.com	Fully insured. Transportation, errands, meal prep and more
338	Senior Health Insurance Assistance Program (S.H.I.P.)	908-704-6319	888-747-1122	27 Warren St.	Somerville	NJ	08876	Yes	http://www.state.nj.us/humanservices/doas/services/ship/index.html	Somerset Cty Office on Aging: Free, confidential, unbiased help with Medicare
482	Senior Helpers	1-973-360-1500							www.seniorhelpers.com	Care and comfort at a moment's notice serving Morris, Essex and Uniuion Counties
150	Seniors Blue Book: Morris & Somerset Counties	973-560-0064							www.seniorsbluebook.com	Resources for senior citizens: Adult day services, aquatic, care management, hospice, elder abuse, moving, food, housing, Medicare/Medicaid help, rehab, equipment, senior centers, etc.
251	Seniors Blue Book: Morris & Somerset Counties	973-560-0064							www.seniorsbluebook.com	

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
293	SherCare	908-247-9926		27 Walden Place	Basking Ridge	NJ	07920		https://www.care.com/b/l/shercare/basking-ridge-nj	SherCare Senior Services provide high quality, personalized care including but are not limited to: meal shop/prep, light housekeeping, personal hygiene, transportation, and companionship
369	SHIP: National Technical Assistance Program	800-792-8820 (in-state only)	877-222-3737 (out of state)						http://www.state.nj.us/humanservices/doas/services/ship/index.html	Help Understanding Medicare and Medicaid benefits. Nat'l site: https://www.shiptacenter.org/
359	Somerset County Office on Aging and Disability Services	908-704-6346	888-747-1122	27 Warren Street, P.O. Box 3000	Somerville	NJ	08876-1262	Yes	www.co.somerset.nj.us/hservices/aging	Operates Senior Centers, pharmaceutical and hearing aid assistance, coordinates in-home care, housing, shopping, etc for seniors. Help with understanding Medicare, Long-term care support services, health promotion and education.
159	Somerset County Office on Aging Easy Access Single Entry System (EASE)	888-747-1122	908-704-6346						officeonaging@co.somerset.nj.us	
257	Somerset County Senior Wellness Center - Bernards	908-204-3435	908-704-6343	202 Mount Airy Road	Basking Ridge	NJ	07920			
164	St. Clare's Health System: Friend's for Life Health Living Program	973-989-3422							http://www.saintclares.org/friends-for-life	
281	Swim, Inc.	908-766-6085		36 Morristown Rd	Bernardsville	NJ	07924		www.swim-inc.org	Aquatic Exercise for mobility disabilities
172	The Sandwich Generation								www.thesandwichgeneration.com	

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
----	--------------	---------	---------	---------	------	-------	----------	------	---------	-------

57