



# Senior Citizen Resources

Monday, October 15, 2018

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
280	A.A.R.P. Somerset Hills Chapter #5275	908-766-3075		First Presbyterian	Bernardsville	NJ	07924			Meetings 2nd Friday of month at Pres Chch
402	Adult Day Center of Somerset	908-725-0068		872 East Main Street	Bridgewater	NJ	08807		<a href="http://www.adultdaycenter.org/">http://www.adultdaycenter.org/</a>	Daily care for senior citizens with supervised services and activities.
282	Adult Day Center of the VNA of Somerset Hills	908-766-0180 ext. 260							<a href="http://www.visitingnurse.org">www.visitingnurse.org</a>	Free tours M-F 10 am
5	Adult Protective Services - Morris County	973-326-7282		PO Box 900	Morristown	NJ	07960			
6	Adult Protective Services - Somerset County	908-526-8800	800-287-3607 (after hours)	73 East High At.	Somerville	NJ	08875-1144		<a href="http://www.socialservices.co.somerset.nj.us/aps.htm">http://www.socialservices.co.somerset.nj.us/aps.htm</a>	Investigations of abuse, exploitation or neglect to people 18 years of age and older
7	Adult Protective Services of New Jersey	800-792-9745							<a href="http://www.state.nj.us/humanservices/doas/services/aps/">http://www.state.nj.us/humanservices/doas/services/aps/</a>	
311	Always Best Care and Senior Services	908-484-1600	908-963-4996	233 Mt Airy Rd., 1st Floor	Basking Ridge	NJ	07920	Yes	<a href="http://www.alwaysbestcare.com/usa/nj/somerset-and-hunterdon/baskingridge">http://www.alwaysbestcare.com/usa/nj/somerset-and-hunterdon/baskingridge</a>	Service to help choose Assisted Living arrangements or home healthcare.
12	Alzheimer's Association Helpline	800-272-3900							<a href="http://www.alz.org">www.alz.org</a>	
467	Alzheimer's Association Greater NJ Chapter	1-609-275-1180	1-800-272-3900	196 Princeton-Hightstown	Princeton Junction	NJ	08550		<a href="http://www.alz.org/nj">www.alz.org/nj</a>	
258	Assisting Seniors at Home	973-841-7100	908-285-1309	629 Newark Pompton	Pompton Plains	NJ	07444	Yes	<a href="http://www.AssistingSeniorsAtHome.com">www.AssistingSeniorsAtHome.com</a>	Loving in-home care and assistance for your family.
297	CarePatrol	908-377-7702	908-367-9055	PO Box 501	Springfield	NJ	07081	Yes	<a href="http://www.carepatrol.com">www.carepatrol.com</a>	Jim Tretola, Senior Care Consultant

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
42	Comfort Keepers (Bridgewater and Morristown)	908-864-8044							<a href="mailto:morris-somerset@comfortkeepers.com">morris-somerset@comfortkeepers.com</a>	"Making Every Moment of Life Matter: Twenty Questions to Ask Before Hiring a Home Care Agency"
371	Compassionate Care Hospice	908-526-2600		9 Lamington Rd. Suite A	Branchburg	NJ	08876	Yes	<a href="http://www.cchnet.net">www.cchnet.net</a>	
398	Cooperative Housing Corporation	908-526-8130							<a href="http://www.chchousing.org/">http://www.chchousing.org/</a>	Senior housing in multi-bedroom purpose built single family homes in Bridgewater and Warren. Some supportive living units also.
51	Eldercare Locator		800-677-1116.						<a href="http://www.eldercare.gov">www.eldercare.gov</a>	Nationwide directory assistance service designed to help locate local services and resources.
52	EldERRands: ***Elderly Errands Everyday *Not a taxi service. It is SELF PAY and expensive. \$130 charge flat fee	862-266-0458	973-634-0208							
295	Fellowship Helping Hands	908-580-3849	908-672-4499	8000 Fellowship Rd	Basking Ridge	NJ	07920		<a href="http://www.fellowshipseniorliving.org">www.fellowshipseniorliving.org</a>	Elizabeth Fandel
296	Fellowship Senior Living	908-580-3806	877-233-9741	8000 Fellowship Rd	Basking Ridge	NJ	07920		<a href="http://www.fellowshipseniorliving.org">www.fellowshipseniorliving.org</a>	Phyllis Tranotti @908-432-0975 VP of Philanthropy;
61	Freedom Eldercare (Home Healthcare)	866-737-3336								
488	Generations Home Healthcare	1-908-769-0800		29 Olcott Square, Ste. 1	Bernardsville	NJ	07924		<a href="http://www.generationshh.com/">http://www.generationshh.com/</a>	Home healthcare service
215	Home Instead Senior Care	732-271-5150		100 Davidson Ave. Ste 105	Somerset	NJ	08873	Yes	<a href="http://homeinstead.com/somersetcounty-nj">homeinstead.com/somersetcounty-nj</a>	A personalized experience for those with Alzheimer's or other dementias.

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
480	HomeWell	1-973-299-1100		1259 Route 46 East, Bldg. #2, Ste. #270	Parsippany	NJ	07054	Yes	<a href="http://www.morris.homewellseniorcare.com">www.morris.homewellseniorcare.com</a>	Trusted providers of hourly and live-in home care for seniors
478	ikor Life Management Services	1-908-991-3332	1-908-800-1561	689 Valley Road, Suite 205	Gillette	NJ	07933		<a href="http://www.ikorglobal.com">www.ikorglobal.com</a>	Advocacy and life management for seniors and the disabled
81	Medicare - Part B	800-772-1213							<a href="http://www.socialsecurity.gov/medicareonly/">http://www.socialsecurity.gov/medicareonly/</a>	
253	Medicare (processing)								<a href="http://www.cms.hhs.gov">http://www.cms.hhs.gov</a>	
82	Medicare.gov	800-633-4227							<a href="http://www.medicare.gov/">http://www.medicare.gov/</a>	
254	Morris County Office on Aging	800-564-4656		340 West Hanover Avenue PO Box	Morristown	NJ	07060		<a href="http://www.morrihumanservices.org/aging.asp">http://www.morrihumanservices.org/aging.asp</a>	
255	Morris County Senior Citizen Nutrition Program								<a href="http://www.morrihumanservices.org/adv/nutrition/sites.asp">http://www.morrihumanservices.org/adv/nutrition/sites.asp</a>	List of Senior Nutrition sites where meals are served.
304	My Girls Home Care	201-317-8290	973-903-4281						<a href="http://www.mygirlshomecare.com">www.mygirlshomecare.com</a>	Morris, Sussex, Warren Cty; Daily needs care
88	National Alliance for Caregiving								<a href="http://www.caregiving.org">www.caregiving.org</a>	
194	National Council of Certified Dementia Practitioners	877-729-5191		103 Valley View Trail	Sparta	NJ	07871		<a href="http://www.nccdp.org">www.nccdp.org</a>	Train the Trainer programs; Travel guidelines for ppl with dementia
91	National Council on Aging								<a href="http://www.ncoa.org">www.ncoa.org</a>	
94	National Family Caregivers Association								<a href="http://www.nfcacares.org">www.nfcacares.org</a>	

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
477	NightingaleNJ, LLC.	1-908-452-6644		148 West End Avenue 2nd Floor	Somerville	NJ	08876		<a href="http://www.nightingalenj.com">www.nightingalenj.com</a>	Dedicated to assisting older adults navigate the healthcare system and maintain control of their lives throughout the aging process
103	NJ Dental Association Senior Dental Program	800-792-8820								
291	NJ Find a Ride	877-652-1148		PO Box 346	East Hanover	NJ	07936		<a href="http://www.njfindaride.org">www.njfindaride.org</a>	Online database to find transportation to and from medical and case appt
121	NJ Office of the Ombudsman for the Institutionalized Elderly	877-582-6995							<a href="http://www.nj.gov/ooie/">http://www.nj.gov/ooie/</a>	
122	NJ Pharmaceutical Aid for Aged and Disability OR Senior Gold (PAAD)	800-792-9745							<a href="http://www.state.nj.us/humanservices/doas/home/pbp.html">http://www.state.nj.us/humanservices/doas/home/pbp.html</a>	
126	NJ State Health Insurance Assistance Program (SHIP)	908-704-6319	888-747-1122	92 E. Main St.	Somerville	NJ	08876		<a href="http://www.state.nj.us/humanservices/doas/services/ship/">http://www.state.nj.us/humanservices/doas/services/ship/</a>	Free, confidential, unbiased help with Medicare questions for senior citizens So Cty Office on Aging
127	NJDOH Senior Information & Referral Service	800-792-8820							<a href="http://www.nj.gov/njcommunity/senior/">http://www.nj.gov/njcommunity/senior/</a>	
128	NJDOH: Div of Health Facilities Evaluation and Licensing Complaint Hotline	800-792-9770							<a href="http://www.state.nj.us/health/healthfacilities/file_complaint.shtml">http://www.state.nj.us/health/healthfacilities/file_complaint.shtml</a>	
133	Pharmaceutical Assistance to the Aged and Disabled NJ Dept of Human Services (PAAD)	800-792-9745							<a href="http://www.state.nj.us/humanservices/doas/services/paad/">http://www.state.nj.us/humanservices/doas/services/paad/</a>	

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
227	RideConnect	908-704-1011		360 Grove St.	Bridgewater	NJ	08807	Yes	<a href="http://www.ridewise.org">www.ridewise.org</a>	Door-to-Door transportation for Seniors and Disabled. Minimal cost. Part of Ridewise.
186	Ridewise of Raritan Valley	908-704-1011	908-812-9645	360 Grove St.	Bridgewater	NJ	08807	Yes	<a href="http://ridewise.org">http://ridewise.org</a>	Includes info on biking, walking, buses, rail, Includes info on biking, walking, rail, Will go 5 miles outside of county ridesharing AND Senior Ridewise
479	Senior Care Services by Sharon, LLC.	1-973-627-5746	1-973-713-5822	PO Box 5462	Parsippany	NJ	07054	Yes	<a href="http://www.seniorcareservice.sbysharon.com">www.seniorcareservice.sbysharon.com</a>	Fully insured. Transportation, errands, meal prep and more
338	Senior Health Insurance Assistance Program (S.H.I.P.)	908-704-6319	888-747-1122	27 Warren St.	Somerville	NJ	08876	Yes	<a href="http://www.state.nj.us/humanservices/doas/services/ship/index.html">http://www.state.nj.us/humanservices/doas/services/ship/index.html</a>	Somerset Cty Office on Aging: Free, confidential, unbiased help with Medicare
482	Senior Helpers	1-973-360-1500							<a href="http://www.seniorhelpers.com">www.seniorhelpers.com</a>	Care and comfort at a moment's notice serving Morris, Essex and Uniuon Counties
150	Seniors Blue Book: Morris & Somerset Counties	973-560-0064							<a href="http://www.seniorsbluebook.com">www.seniorsbluebook.com</a>	Resources for senior citizens: Adult day services, aquatic, care management, hospice, elder abuse, moving, food, housing, Medicare/Medicaid help, rehab, equipment, senior centers, etc.
251	Seniors Blue Book: Morris & Somerset Counties	973-560-0064							<a href="http://www.seniorsbluebook.com">www.seniorsbluebook.com</a>	

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
293	SherCare	908-247-9926		27 Walden Place	Basking Ridge	NJ	07920		<a href="https://www.care.com/b/l/shercare/basking-ridge-nj">https://www.care.com/b/l/shercare/basking-ridge-nj</a>	SherCare Senior Services provide high quality, personalized care including but are not limited to: meal shop/prep, light housekeeping, personal hygiene, transportation, and companionship
369	SHIP: National Technical Assistance Program	800-792-8820 (in-state only)	877-222-3737 (out of state)						<a href="http://www.state.nj.us/humanservices/doas/services/ship/index.html">http://www.state.nj.us/humanservices/doas/services/ship/index.html</a>	Help Understanding Medicare and Medicaid benefits. Nat'l site: <a href="https://www.shiptacenter.org/">https://www.shiptacenter.org/</a>
359	Somerset County Office on Aging and Disability Services	908-704-6346	888-747-1122	27 Warren Street, P.O. Box 3000	Somerville	NJ	08876-1262	Yes	<a href="http://www.co.somerset.nj.us/hservices/aging">www.co.somerset.nj.us/hservices/aging</a>	Operates Senior Centers, pharmaceutical and hearing aid assistance, coordinates in-home care, housing, shopping, etc for seniors. Help with understanding Medicare, Long-term care support services, health promotion and education.
159	Somerset County Office on Aging Easy Access Single Entry System (EASE)	888-747-1122	908-704-6346						<a href="mailto:officeonaging@co.somerset.nj.us">officeonaging@co.somerset.nj.us</a>	
257	Somerset County Senior Wellness Center - Bernards	908-204-3435	908-704-6343	202 Mount Airy Road	Basking Ridge	NJ	07920			
164	St. Clare's Health System: Friend's for Life Health Living Program	973-989-3422							<a href="http://www.saintclares.org/friends-for-life">http://www.saintclares.org/friends-for-life</a>	
281	Swim, Inc.	908-766-6085		36 Morristown Rd	Bernardsville	NJ	07924		<a href="http://www.swim-inc.org">www.swim-inc.org</a>	Aquatic Exercise for mobility disabilities
172	The Sandwich Generation								<a href="http://www.thesandwichgeneration.com">www.thesandwichgeneration.com</a>	

ID	Organization	Phone 1	Phone 2	Address	Town	State	Zip Code	Info	Website	Notes
----	--------------	---------	---------	---------	------	-------	----------	------	---------	-------

57