



UPCOMING PROGRAMS

Bernards Township Health Department

2022 FLU CLINICS

No appointment needed!
Clinics are for age 4 and up.

Date	Time	Location
Wednesday, October 12	9:00 - 11:00 am	St. James Church, 184 S. Finley Ave, Basking Ridge
Thursday, October 13	9:00 - 11:00 am	Garabrant Center, 4 Wilson St, Mendham
Friday, October 21	9:00 - 11:00 am	Peapack-Gladstone Borough Hall, 1 School St, Peapack
Wednesday, October 26	3:00 - 5:00 pm	Bernardsville Library, 1 Anderson Hill Rd, Bernardsville

COST

Residents: \$25

Non-Residents: \$35

Valid Medicare Part B card: No Charge

Consult your doctor before receiving the flu shot.
All shots are quadrivalent vaccine.



Promoting Public Health
Bernards Township Health Department

The Bernards Township Health Department is the Contractual Health Agency serving:
Bernards Township • Bernardsville Borough • Chester Borough • Long Hill Township • Mendham Borough • Peapack and Gladstone Borough

BERNARDS TOWNSHIP WALKS FOR MENTAL HEALTH

Saturday, October 15th 2022

Harry Dunham Park, Basking Ridge 9:30 am - 12 pm
241 Liberty Corner Road, Basking Ridge, NJ 07920

Join us for the second annual **Basking Ridge UNICO Walks for Mental Health**, in partnership with **Bernards Township** and the **Bernards Township Municipal Alliance**.

Mental health does not discriminate. It is important now, more than ever to erase the stigma and to help those that are suffering in silence.

WEAR GREEN and bring your friends and family as we walk around Dunham Park to support **Somerset Treatment Services**. Learn more at www.stscare.org.

\$20 Donation per walker - To register or donate visit RunSignUp.com. Search "Bernards Township Walks for Mental Health". **Space is limited, register in advance.**

\$25 Donation per walker Day of Event Donation on 10/15/22 (if space is available) - Cash or checks made out to "Somerset Treatment Services".

EVENT SCHEDULE

9:30 am - Welcome Ceremony
& Speakers

10:00 am - Walk begins

12:00 pm - End Time

(Rain date Sunday 10/16)

Length is as many laps as
you wish to complete



Scan with your
phone to
register online!

Sponsored by:



For any questions or to get involved, email: BaskingRidgeUnico@gmail.com

Don't Forget!

COVID-19 Vaccine Clinics
Tuesdays 3-5pm at St. James

COVID-19 Testing Clinics
Thursdays 9am-4pm at
Bernards Twp Community Center

Check [here](#) for
October dates

Have you heard of
Grab and Go?

Craft kits for students
Grades 7-12 available
monthly at the Bernards
Township Library

[Learn more here](#)

Program Reminder:
Hitting the Road: Healthy
Eating On the Go
Thurs, Oct 6th 6-7:30
Bernards Township
Library

[Click here for flyer](#)