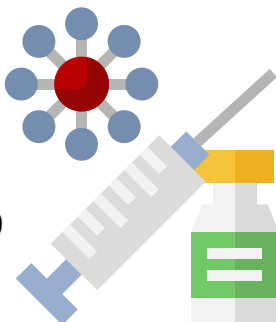


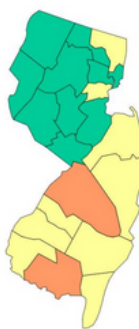
**Flu Season Approaches..
Don't Forget Your Flu Shot!
[BTHD Flu Clinic Schedule](#)**

**Bivalent-
Omicron
Boosters
Available at
BTHD COVID-19
Vaccine
Clinics!**



**Get your updated booster today!
[Check out our clinic schedule](#)**

1. COVID-19 Community Levels used for Most Settings



Layered prevention strategies can help limit severe disease and reduce potential strain on the healthcare system. [CDC COVID-19 Community Levels](#) are a tool to help communities and individuals determine what prevention measures to take.

The COVID-19 community level is determined by the higher of the new hospital admissions and inpatient beds metrics, based on the current level of new cases per 100,000 population in the past 7 days. COVID-19 community levels are classified as low, medium, or high as follows:

COVID-19 Community Levels				
New COVID-19 Cases Per 100,000 in the past 7 days	Hospitalization Indicators	Low	Medium	High
Fewer than 200	New COVID-19 admissions per 100,000 population (7-day total)	<10.0	10.0-19.9	≥20.0
	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	<10.0%	10.0-14.9%	≥15.0%
200 or more	New COVID-19 admissions per 100,000 population (7-day total)	NA	<10.0	≥10.0

The following table includes recommendations for protecting yourself, your family, and communities. Additional information can be found at: https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html#anchor_47145

**Local COVID-19 Updates
[Click here to read](#)**

THIS MONTH IN HEALTH MATTERS

Flu Season – BTHD Flu Clinic Schedule

Bivalent-Omicron Boosters Now Available

Bernards Township Walks for Mental Health Upcoming Programs

Vector-Borne Illness Tracker

Local COVID-19 Info

BTHD Facebook

ABOUT US

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough and Peapack & Gladstone Boroughs.

STAY CONNECTED

To sign up or make any changes to receiving Bernards Township updates, log in at smart911.com. For support with the Smart911 system such as a forgotten username or password, visit the [Smart911 support page](#).

BERNARDS TOWNSHIP WALKS FOR MENTAL HEALTH

Sat, Oct 15th 9:30 am-12 pm
Harry Dunham Park

[Learn more and register here](#)

[Check out other upcoming programs](#)



Is There West Nile or other Vector Borne Illnesses in my Area?

[Check out the weekly State Reports](#)

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