

UPCOMING PROGRAMS

Question. Persuade. Refer. (QPR) Training

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. In three steps anyone can learn to help prevent suicide. This training is free to anyone who is 18+ years old that is interested in learning suicide prevention techniques.



January 18, 2023

10:00 am - 12:00 pm

at the Bernards Library
(32 S Maple Ave, Basking Ridge, NJ)

[Click Here To Register](#)

(Registration ends on January 16th)

KEY COMPONENTS COVERED IN THE TRAINING:

- How to Question, Persuade and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis



Question. Persuade. Refer. (QPR) Training

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. In three steps anyone can learn to help prevent suicide. This virtual training is free to anyone who is 18+ years old that is interested in learning suicide prevention techniques.



January 24, 2023

6:30 pm - 8:30 pm

[Click Here To Register](#)

(Registration ends on January 20th)

YOU WILL RECEIVE A ZOOM LINK VIA EMAIL



KEY COMPONENTS COVERED IN THE TRAINING:

- How to Question, Persuade and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
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Coming in
February..

"Race to Be
Human" Virtual
Documentary
Screening and
Panel
Presentation

Learn more and
watch trailer
[here](#)

Don't Forget!

COVID-19 Vaccine Clinics
Tuesdays 3-5pm at St. James

COVID-19 Testing Clinics
Thursdays 9am-4pm at
Bernards Twp Community Center

Check [here](#) for
January dates

Save the Date

"Ryan's Story"

Wed, Jan 18th

[Learn more here](#)

RABIES VACCINATION CLINICS



Sat. Jan. 14, 2023

10 am - 12 pm

Bernards Township Public Works Garage
277 S. Maple Avenue,
Basking Ridge, NJ 07920

No Appointments Necessary



Bernards Township Health Department
262 South Finley Avenue
Basking Ridge, NJ 07920
P. 908.204.2520 F. 908.204.3075
www.bernardshealth.org

Contractual Health Agency for:
Bernards Township
Bernardsville Borough
Chester Borough
Long Hill Township
Mendham Borough
Paspack and Gladstone Borough