

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

## Protect Your Pets!



**FREE Rabies Vaccine Clinic**  
**Sat, Jan 14th 10 am – 12 pm**  
**[Bernards Township Pet Owners Click Here for More!](#)**

## January is National Radon Action Month



Test your home.  
Protect your health.

 [epa.gov/radon](http://epa.gov/radon)  
**[Learn More About Radon Here](#)**

## THIS MONTH IN HEALTH MATTERS

FREE Rabies Vaccine Clinic

January is Radon Action Awareness Month



QPR – Suicide Prevention Training

Ryan's Story – Presentation for Parents

Local COVID-19 Info

BTHD Facebook

## ABOUT US

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough and Peapack & Gladstone Boroughs.

## STAY CONNECTED

To sign up or make any changes to receiving Bernards Township updates, log in at [smart911.com](http://smart911.com). For support with the Smart911 system such as a forgotten username or password, visit the [Smart911 support page](#).



## Suicide Prevention Training

[In-Person](#)

Wed, Jan 18th 10am-12 pm  
Bernards Twp Library

[Virtual](#)

Tue, Jan 24th 6:30 – 8:30 pm  
Via Zoom

**[Click here to register and view flyers](#)**



## WE ARE HIRING!

Part Time Administrative Associate/Alternate Deputy Registrar

- Go to [www.bernards.org](http://www.bernards.org)
- Go to "Departments" then "Human Resources"
- Click on "Employment Opportunities"
- Learn more about the "Administrative Associate-Alternate Deputy Registrar" position at the Health Department!



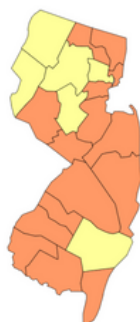
**[Click here for upcoming January/February Health Department Programs](#)**

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Layered prevention strategies can help limit severe disease and reduce potential strain on the healthcare system. [CDC COVID-19 Community Levels](#) are a tool to help communities and individuals determine what prevention measures to take.

The COVID-19 community level is determined by the higher of the new hospital admissions and inpatient beds metrics, based on the current level of new cases per 100,000 population in the past 7 days. COVID-19 community levels are classified as low, medium, or high as follows:

COVID-19 Community Levels				
New COVID-19 Cases Per 100,000 in the past 7 days	Hospitalization Indicators	Low	Medium	High
Fewer than 200	New COVID-19 admissions per 100,000 population (7-day total)	<10.0	10.0-19.9	≥20.0
200 or more	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	<10.0%	10.0-14.9%	≥15.0%
	New COVID-19 admissions per 100,000 population (7-day total)	NA	<10.0	≥10.0

The following table includes recommendations for protecting yourself, your family, and communities. Additional information can be found at: <https://www.cdc.gov/coronavirus/2019-nCoV/science/community-levels.html#table>. 4/23/21.

**Local COVID-19 Updates**  
**[Click here to read](#)**