



HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department



BUILDING A HEALTHY KITCHEN

Thursday, April 27
6:00-7:30 pm

Bernards Township Library
32 S. Maple Ave, Basking Ridge

Registration Required. Call 908-204-2520 to register

[Click here to view full flyer](#)



Suicide Prevention Training

Virtual

Wed., April 26th 6:30 - 8:30 pm
Via Zoom

[Click here to register and view flyer](#)

[Click here for upcoming Health
Department Programs](#)

DEA Rx Takeback Day

Sat, Apr 22nd 10 am - 2 pm

Dispose of your unused and
expired medications safely at
participating locations

[Learn more here](#)



Local COVID-19 Updates
[Click here to read](#)

THIS MONTH IN HEALTH MATTERS

Building a Healthy Kitchen

QPR Suicide Prevention
Training

DEA Rx Takeback Day

Dispelling Bear Myths

Twilight Challenge 5K Race
Registration

Up for Adoption: BeBe

BTHD Animal Control Patch
Fundraiser

BTHD 2022 Annual Report

Upcoming BTHD Programs

Local COVID-19 Updates

ABOUT US

The Bernards Township
Health Department is
the contractual health
agency serving
Bernards Township,
Bernardsville Borough,
Chester Borough, Long
Hill Township, Mendham
Borough and Peapack &
Gladstone Boroughs.

STAY CONNECTED

To sign up or make any
changes to receiving
Bernards Township
updates, log in at
smart911.com. For
support with the
Smart911 system such as
a forgotten username or
password, visit the
[Smart911 support page](#).

Dispelling Bear Myths

By Bernards Township Animal Control
Officer, Michelle Santoro [READ HERE](#)



33rd Annual Twilight Challenge 5K

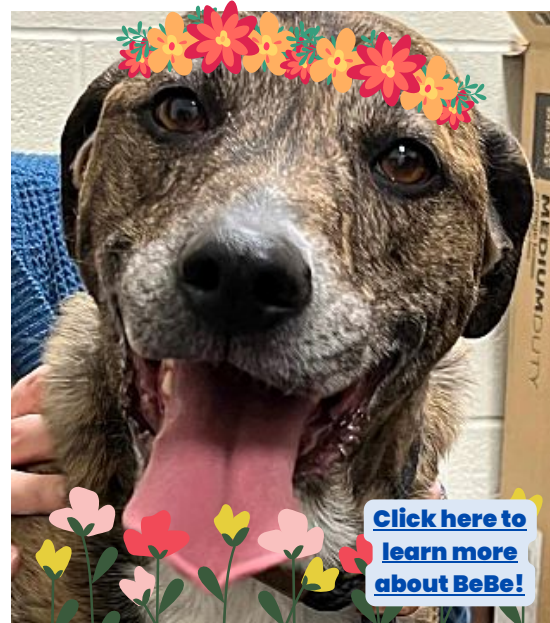
Help Prevent Substance Misuse in Bernards Township | Sunday, June 4, 2023



Registration is Open!

[Register Online](#)

[Paper Registration](#)



[Click here to
learn more
about BeBe!](#)

**Bernards Township Health
Department 2022 Annual Report**
[Click here to read](#)



Animal Control Patch Fundraiser

Buy a patch to support
Bernards Township Animal
Control. [Learn more here](#)



Follow the BTHD on Facebook

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Website: www.bernardshealth.org

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