



UPCOMING PROGRAMS

THE BERNARDS TOWNSHIP POLICE DEPARTMENT PRESENTS

NATIONAL NIGHT OUT 2023

TUESDAY, AUGUST 1 @ 6:30PM

BERNARDS TOWNSHIP MUNICIPAL COMPLEX
ONE COLLYER LANE
BASKING RIDGE, NJ

TOGETHER, WE ARE MAKING COMMUNITIES
SAFER, MORE CARING PLACES TO LIVE AND WORK

AGES 5-10

EAT SMART TO PLAY HARD

AUGUST 10TH
FROM 3:30 P.M. TILL 4:30 P.M.

A FUN OPPORTUNITY FOR KIDS TO DISCOVER HOW MAKING HEALTHY FOOD CHOICES AND BEING PHYSICALLY ACTIVE WILL HELP THEM GROW, LEARN, STAY HEALTHY AND PLAY!

LONG HILL TOWNSHIP LIBRARY
917 VALLEY RD.
GILLETTE, NJ 07933

TO REGISTER:
Call 908-204-3069 or email
ahuber@bernards.org

Join Andrea Huber, Bernard's Township Nutritionist for a fun lesson on the importance of being physically active and choosing nutritious foods. Children will learn about the 6 essential nutrients as well as discuss that being physically active is part of a healthy lifestyle. The lesson is geared for children ages 5-10 years old.
Andrea Huber, MS.

Bernards Township Health Department
262 S. Finley Ave., Basking Ridge, NJ 07920
www.bernardshealth.org - Info: 908-204-3070

Contractual Health Agency for:
Bernards Township
Bernardsville Borough
Chester Borough
Long Hill Township
Mendham Borough
Peapack & Gladstone Borough

The Bernards Township Health Department will not be offering Covid-19 vaccines for the month of August

Follow the Bernards Township Health Department Facebook page at
<https://www.facebook.com/BTHHealthDept>