

Health

2023 Annual Report



The Contractual Health Agency serving... Bernards Township Bernardsville Borough Chester Borough

Long Hill Township Mendham Borough Peapack & Gladstone Borough

2023 MENDHAM BOROUGH ANNUAL REPORT TABLE OF CONTENTS

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A Letter from the Health Officer:

Dear Colleagues, Partners, and Friends,

I am pleased to share the Bernards Township Health Department's **2023 Annual Report** with our communities. The work we do in Public Health is challenging, complex, and ever-changing with a constant responsibility of protecting and improving the health and wellbeing of our communities. It is my hope that these pages will capture the essence of the work performed by our talented staff. We are grateful to our community partners and to all residents of Bernards Township, Bernardsville Borough, Peapack and Gladstone Borough (Somerset County) and Chester Borough, Mendham Borough, and Long Hill Township (Morris County). Our goal is to provide the best public health services and protect the health of the residents we serve.

This past year has been full of grant applications, and we are reaping the rewards from our diligent work. The Strengthening Local Public Health Capacity program, COVID-19 Vaccination Supplemental Funding program, and the Enhancing Local Public Health Infrastructure program have provided greater capacity in terms of staffing, national accreditation, outbreak preparedness, response capacity and more. Our department also received a state-funded Project Firstline Grant that was intended to educate community partners in infection control and prevention. In addition, we received the first installment of the Opioid settlement money geared towards youth services, substance misuse and mental health. Other grant programs include radon testing and the City Dashboard, which showcases local data intended to advance health equity. These funds have streamlined our ability to provide effective prevention programs.

All environmental services were in full gear with many lead cases that needed immediate attention and follow-up. The environmental staff completed all inspections of over 425 food establishments and other inspections outlined in this report. Health Education also provided an array of fabulous nutrition, heart-healthy and chronic disease programs. It has been a great year with an excellent team of fine professionals.

We are happy to share the exciting work we are doing. It has been a balancing act of leaving the large volume of COVID-19 work behind while embracing the many public health needs of our communities. In December, we renewed all five (5) Interlocal Public Health Services contracts for an additional three years and contracted with a new Public Health Visiting Nursing services agency, Community VNA in Somerville.

Lastly, it is with a heavy heart and with great joy that I formally write to inform you of my retirement. After 41 wonderful years with the Bernards Township Health Department, I have decided to begin a new adventure in my life. My last day will be March 31, 2024. I loved my life's work and had the pleasure of working with so many talented people throughout the years. I've had the privilege of living in Bernards Township and raising two wonderful young men. This was truly my dream job. I was afforded the opportunities to excel and have many incredible experiences.

Every day was a new day serving our communities, helping so many people while learning so much. Who would have thought that the last few years of my career would have been the ultimate experience, "a global pandemic". I am proud of the fine work my department and I accomplished for all six (6) municipalities within our jurisdiction.

I am grateful for the 41 years of public service and feel honored to have served Bernards Township and the five contracting municipalities. I will look fondly on the support and kindness I received from the Board of Health members and especially Dr. John Salaki, BOH President, Bernards Township Committee, administration, and coworkers.

Best, in gratitude,

Ly G. Ingine

Lucy A. Forgione, MS, HO, MCHES – Health Officer/Director of Health/Registrar of Vital Statistics Health Educator/Youth Services Coordinator



To provide competent, professional, and efficient public health and environmental services to the residents of our community. Through the delivery of the state-mandated "Chapter 52: Public Health Practice Standards of Performance for Local Boards of Health in NJ" and the ordinances and policies of the Board of Health, we promote the public's health by using health education, disease prevention, environmental enforcement, and inspection activities.

2023 BERNARDS TOWNSHIP BOARD OF HEALTH MEMBERS

| John Salaki, MD | President |
|-----------------------|----------------------------|
| Karen Ellis | Vice President |
| Pat Crane | Member |
| Kelly Brown, DVM | Member |
| Matthew Majewski | Member |
| Dr. Shilpa Clott | Member |
| Jennifer Asay | Township Committee Liaison |
| Paula J. DeBona, Esq. | Board Attorney |

| 2023 HEALTH DEPARTMENT STAFF | | | | |
|---|---|--|--|--|
| Lucy A. Forgione | Health Officer/Director of Health/Registrar of Vital Statistics/Health Educator/Youth Services Coordinator | | | |
| Tricia Cowell | Senior Registered Environmental Health Specialist | | | |
| Nancy Dowd | Registered Environmental Health Specialist | | | |
| Sybil Rainey | P/T Registered Environmental Health Specialist | | | |
| Jaclyn Handwerger | Registered Environmental Health Specialist/COVID-19 Generalist | | | |
| Deirdre Vogel | Administrative Assistant/Deputy Board of Health Secretary, Registrar | | | |
| Margaret Keegan (started 1/23) | Administrative Associate/Alternate Deputy Registrar | | | |
| Michelle Santoro | Animal Control Officer/ Humane Law Enforcement Officer | | | |
| Kate Ferratti, Jody Austin- Dominguez, Katie Morales Patricia Segal | Assistant Animal Control Officers | | | |
| Kaitlin Cartoccio | Health Educator/Community Program Coordinator/ Municipal Alliance Grant Coordinator | | | |
| Andrea Huber (started 5/23) | Health Educator/Youth Services Assistant, Marketing & Communications Coordinator | | | |
| Riya Patel | Local Health Outreach Coordinator/Grant Manager | | | |
| Maria Novoa Besteiro (left 7/23) | Public Health Nurse | | | |
| Robyn Postighone (started 12/27) | Public Health Nurse | | | |



2023 CONTRACTUAL BOARDS OF HEALTH

| 2023 Bernardsville Borough Board of Health | | | |
|--|--|--|--|
| Leonard Friedman, DMD | President | | |
| Angela Calzetta | Regular Member | | |
| James Sasso | Regular Member | | |
| Brian Wallace, DC | Regular Member | | |
| Lennie Ambelang | Regular Member | | |
| Rhonda Simoff | Regular Member | | |
| Francine Dello Russo | Regular Member& Recording Secretary | | |
| Al Riberio | Council Liaison | | |

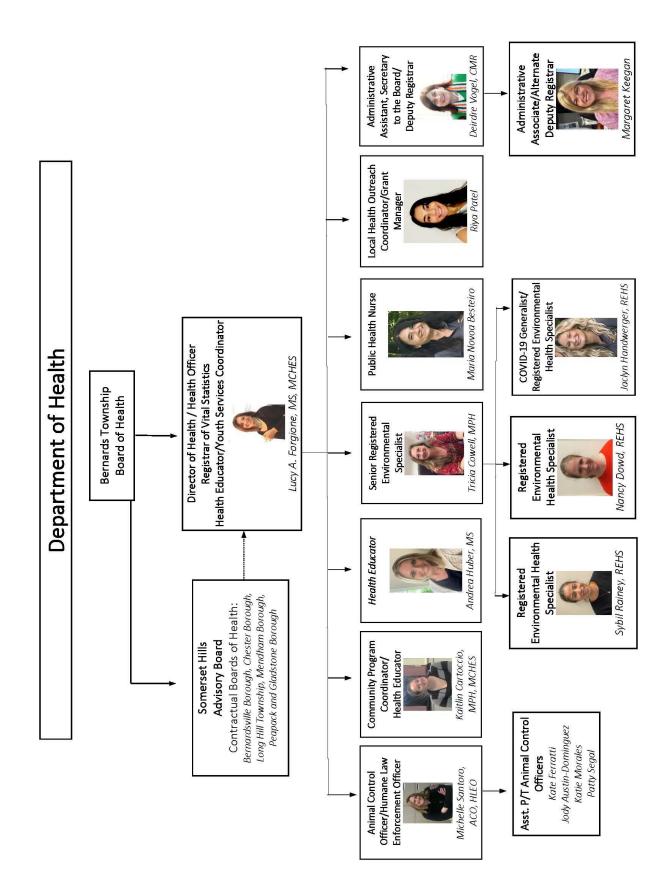
| 2023 Chester Borough Board of Health | | | |
|--------------------------------------|----------------|--|--|
| Eileen Callaghan-Manning President | | | |
| Elisa Stelwagon-Buckley | Vice President | | |
| Eileen Carey BrownRegular Member | | | |
| Mary Beth Infante Regular Membe | | | |
| Thomas Germinario, EsqBOH Attorney | | | |
| Dena Dziergoski | BOH Secretary | | |

| 2023 Mendham Borough Board of Health | | |
|--------------------------------------|----------------|--|
| Marilyn Althoff, MD | President | |
| John Nosta | Vice President | |
| Laura Gill | Regular Member | |
| Laura Montenegro | Regular Member | |
| Ted Rostiac | Regular Member | |
| Melissa Young | Alternate -1 | |
| Ed Brooks | Alternate - 2 | |
| Lauren McBride | BOH Secretary | |

| 2023 Long Hill Township Board of Health | | | |
|---|----------------|--|--|
| Matthew Dorsi President | | | |
| Scott Lavender | Regular Member | | |
| Guy Piserchia | Regular Member | | |
| Brendan Rae | Regular Member | | |
| Victor Verlezza | Regular Member | | |
| Megan Phillips | BOH Secretary | | |

| 2023 Peapack & Gladstone Borough Board of Health | | | |
|---|----------------|--|--|
| Jill WeiblePresident | | | |
| Mark Corigliano | Regular Member | | |
| Amy Dietrich Regular Member | | | |
| Donald Lemma Regular Member | | | |
| Jamie Murphy Regular Member | | | |
| Eric L. Quartello Regular Member | | | |
| John Sweeney Regular Member | | | |
| Nancy BretzgerBOH Secretary | | | |







Bernards Township HEALTH Department ANNUAL REPORT 2023

BERNARDS TOWNSHIP HEALTH DEPARTMENT 2023 ACCOMPLISHMENTS

| MENDHAM BOROUGH | | | |
|--|---------|--|--|
| PLAN REVIEWS | Number | | |
| Septic System plans (new, alterations, repairs, abandonment) | 8 | | |
| Soil log inspections for septic systems suitability (new, alterations, subdivisions) | 5 | | |
| Septic "As-Built" Plan Review | 4 | | |
| Other Plan Reviews (Board of Adjustment-additions, pool locations, site-plans, variance) | 0 | | |
| Client/Professional Meetings | 5 | | |
| INSPECTIONS | Number | | |
| ABC License Checks | 5 | | |
| Cross-Connections | 0 | | |
| Kennel/Pet Shop | 1 | | |
| Lead (Pb) Inspections for children at risk | Monthly | | |
| CDRSS lead investigations and case follow-up | 0 | | |
| Public Health Complaints with follow-ups/re-checks | 8 | | |
| Rabies Control; Dog/Cat bite investigations; testing of wild animals in contact with humans or wild animals and follow-ups | 2 | | |
| Radon Kits | 24 | | |
| Recreational Bathing | 5 | | |
| Retail Food Establishments: Chapter 24 (includes plan reviews, pre-opening, semi-annual, follow-up, re-inspections) | 36 | | |



| Retail Food Establishment Temporary- # Events/ # | | | | |
|---|------|--|--|--|
| Vendors | 5/14 | | | |
| Septic Inspections including new, alterations, repairs, & abandonment | 40 | | | |
| Well Inspections (includes installations of casing, pitless adaptors, well abandonments, PWTA reports) | 0 | | | |
| Youth Camps | 0 | | | |
| Participate in Board of Health Meetings | | | | |
| Manage statistics for monthly Health Officer's Report | | | | |
| • Participate in Local Emergency Planning Committee (LEPC) | | | | |
| • Inquiries: OPRA requests regarding location; type of septic system; well water questions; inspection reports for realty transfers | | | | |

• Rabies quarantine follow-up





| | <u>Rabies Control</u> | |
|----------------|---|--|
| Rabies Control | Rabies Clinic January 14, 2023 November 11, 2023 | 138 Dogs, 35 Cats-Total 173 146 Dogs, 51 Cats-Total 197 |
| | 10 Day Quarantine | N/A |
| | Bats found in homes and tested | 1 |
| | Dogs and Cats in contact with Wildlife: 45-day quarantine | N/A |
| | Wildlife / Domestic Exposure Rabies Testing: Negative Result | 1 |



Public Health in Action





HEALTH MATTERS E-NEWSLETTER

LINKS TO HEALTH MATTERS ISSUES

- January 2023
- <u>February 2023</u>
- <u>March 2023</u>
- <u>April 2023</u>
- <u>May 2023</u>
- <u>June 2023</u>
- <u>July 2023</u>
- <u>August 2023</u>
- September 2023
- <u>October 2023</u>
- November 2023
- December 2023

January 2023

February 2023





March 2023



Н МАТ

THIS MONTH IN

HEALTH MATTERS

ABOUT US

STAY CONNECTED

E

Hi, I'm Ray! Up for Adoption

33 Annual

Twilight

Challenge 5K

Registration is Open!

Register Online Paper Registration

Click here for upcoming Health Department Programs

GUIDE

SEPTIC SYSTEMS

Animal Control Patch Fundraiser

Buy a patch to support Bernards Township Animal

Control. Learn more here

Follow the BTHD on Face

ER'S

STA.

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Att &

FAI

Bernards Toy

Celebrate Mental Health Awareness Month Become Mental Health First Aid Certified!

F

YOUTH Mental Health First Aid

ADULT Mental Health First Aid

adults who work with other adults 18 Thurs, May 18

9:00 am - 4:30 pm

Bernards Twp Library 32 S Maple Ave, Basking Ridge, NJ RECISTER FOR FREE

Lyme Disease

Awareness

Month

n more about Lyme Disease bar medisease org for more infor

😼 Local COVID-19 Update:

ards Township Health Department

🐞 🇯 Click here to read

May Is 🗙

For adults working with youth 12 -Thurs, May 11 9:00 am - 3:00 pm 9 Church St, Bernardsville, NJ REGISTER FOR FREE

April 2023





Local COVID-19 Updates

rds Township Health Department

🛊 🇯 Click here to read





Follow the BTHD on Fac

Learn how to

protect

yourself from mosquitoes

here

CHECK YOUR HOME FOR RADON

FREE RADON TESTING KITS AVAILABLE NOW

Click here for upcoming Health Department Programs



July 2023



HEALTH MATTERS Bernards Tow THIS MONTH IN EB HEALTH MATTERS NATIONAL **NIGHT OUT 2023** Recipe of the Mont TUESDAY, AUGUST 1 @ 6:30PM **Click Here** ONE COLLVER LANE BASKING RIDGE, NJ Scrap the Tra Tantar At an adda converter Eat Smart to Play Ha EAT SMART Morris County NJCEE Screening HARD AUGUST 10TH ICHN 320/PN TILL 4 50/PK **Recipe of the Month** Healthy Camp Oatmeal ABOUT US Click He . he Bernards Tow Health Departm A FUN OFFICIENTY FOR HORE TO REALTRY FUEL CREECE AND DED WELL BELF THEY HERE LEADER. TO 900 84 6 ATTENDED AND ADDRESS OF * **Keep Calm and STAY CONNECTED** 🔥 Upcoming Morris 🥂 Camp on lo sign up or make any changes to receiving **County NJCEED Click Here for** Screenings es, log in at <u> 911.com</u>. For ort with the system such <u>Camping</u> Safety Tips Free cancer screenings for people without health insurance Click here for upcoming Department Progra English **Spanish** Township Health De Follow the BTHD on Faceb Phone: (908) 204-3070 Fax: (908) 204-3075

August 2023

September 2023









COMMUNICABLE/CHRONIC DISEASE SURVEILLANCE

ZUFALL HEALTH-2023 REPORT

Sexually Transmitted Illness (STI) SCREENING AND TREATMENT SERVICES

| NUMBER OF CLIENTS SCREENED | | NUMBER OF CLIENTS DIAGNOSED AND TREATED | | NUMBER OF PREVENTIVELY TREATED CONTACTS | | |
|----------------------------------|--------|--|--------|--|--------|------|
| | Female | Male | Female | Male | Female | Male |
| SYPHILLIS | 0 | 3 | 0 | 0 | 0 | 0 |
| GONORRHEA | 1 | 3 | 0 | 0 | 0 | 0 |
| CHLAMYDIA | 1 | 3 | 0 | 0 | 0 | 0 |
| PID | 0 | 0 | 0 | 0 | 0 | 0 |
| HERPES | 0 | 0 | 0 | 0 | 0 | 0 |
| HPV/VW | 0 | 0 | 0 | 0 | 0 | 0 |
| TRICHOMONIASIS | 0 | 0 | 0 | 0 | 0 | 0 |
| BACTERIAL VAGINOSIS | 0 | 0 | 0 | 0 | 0 | 0 |
| MONILIASIS | 0 | 0 | 0 | 0 | 0 | 0 |
| PUBIC LICE/SCABIES | 0 | 0 | 0 | 0 | 0 | 0 |
| UTI | 2 | 1 | 0 | 0 | 0 | 0 |
| HIV | 0 | 5 | 0 | 0 | 0 | 0 |
| TOTAL NUMBER | 4 | 15 | 0 | 0 | 0 | 0 |

| PREGNANCY TESTS 2023 | | | | |
|--|-----------------|--|--|--|
| Number of Pregnancy Tests Number of Positive | | | | |
| Performed | Pregnancy Tests | | | |
| 2 | 0 | | | |
| | | | | |



| CANCER SCREENING SERVICES 2023 | | | | |
|---------------------------------------|-----------------|--|--|--|
| SCREENING TYPE | NUMBER SCREENED | | | |
| BREAST EXAMS (ages 15-34) | 0 | | | |
| BREAST EXAMS (age 35-64) | 0 | | | |
| CERVICAL EXAMS (ages 15-34) | 0 | | | |
| CERVICAL EXAMS (ages 35-64) | 0 | | | |
| COLORECTAL EXAMS (ages >40) | 6 | | | |
| PROSTATE EXAMS (ages > 50) | 0 | | | |
| TOTAL NUMBER OF SCREENINGS | 6 | | | |

*All clients who are screened for STIs and cancer are also provided with health education.

| SCREENING TYPE | NUMBER OF CLIENTS SCREENED |
|----------------------------|-------------------------------|
| CARDIOVASCULAR RISK FACTOR | 22 |
| DIABETES | 2 |

| ZUFALL HEALTH TOTAL PATIENTS | TOTAL VISITS |
|---------------------------------|--------------|
| 24 | 24 |



| 2023 COMMUNICABLE DISEASE REPORTS | | | | | | | |
|---|-------------|-----------|-----------|------------|-----------|-----------|---------------|
| | (P = Pr | obable C | ase) | | | | |
| Disease | BT | BV | СВ | LH | MB | PG | TOTAL 2023 |
| P = Probable Case | | | | | | | |
| Amoebiasis | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Babesiosis | 4 | 0 | 0 | 0 | 0 | 1 | 5 |
| Botulism - Infant | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Campylobacteriosis | 2 5P | 0 2P | 0 | 0 1P | 0 2P | 0 | 2 10P |
| Chikungunya | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Cholera | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| COVID-19 | 385 184P | 76 23P | 39 19P | 105 41P | 45 98P | 37 25P | 687 390P |
| Cryptosporidiosis | 1 | 0 | 0 | 1 | 1 | 0 | 3 |
| Cyclosporiasis | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Dengue Fever | 0 | 0 | 0 | 1 | 0 | 0 | 1 |
| Ehrlichiosis/Anaplasma Phagocytophilum (Previously HGE) | 0 | 1 | 0 | 1 | 0 | 0 | 2 |
| Erlichiosis/Anaplasmosis Erlichia Chaffeensis (Previously HME) | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Giardiasis | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| Haemophilus Influenzae | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| Hepatitis A | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Hepatitis B - Acute | 2 | 0 | 1 | 0 | 0 | 0 | 3 |
| Hepatitis B - Chronic | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Hepatitis C - Acute | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Hepatitis C – Chronic | 1 | 1 | 0 | 0 | 0 | 0 | 2 |
| Influenza, Human Isolates – Type A H3 | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| Influenza, Human Isolates – Type A H1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Influenza, Human Isolates | 0 | 0 | 0 | 0 | 0 | 0 | 0 |



| Disease | BT | BV | СВ | LH | MB | PG | TOTAL 2023 |
|--|-------------|-----------|-----------|------------|------------|-----------|---------------|
| Influenza, Human Isolates Type 2009 H1N1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Influenza, Human Isolates – Type A (Subtyping not done) | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Influenza, Human Isolates, Type A H3 (Subtyping not done) | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Influenza, Human Isolates Type B (Subtyping not done) | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Legionellosis | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| Lyme Disease | 1 40P | 0 19P | 2 6P | 7 8P | 0 12P | 0 19P | 9 104P |
| Meningococcal Disease (Neisseria Meningitidis) | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Mumps | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Pertussis | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| Salmonellosis | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| Salmonellosis – Non-Typhoid | 5 | 1 | 1 | 1 | 1 | 2 | 11 |
| Shiga Toxin Producing E. Coli (STEC-NON 0157-H7) | 1 | 1 | 0 | 0 | 0 | 0 | 2 |
| Shigellosis- NON 0157:H7 | 0 1P | 0 | 0 | 0 | 0 | 0 | 0 1P |
| Streptococcus Pneumoniae | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| Streptococcus Pyogenes (GAS) Without Toxic Shock Syndrome | 1 | 0 | 0 | 0 | 0 | 0 | 1 |
| Yersiniosis | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Varicella | 0 | 1 | 0 | 0 | 0 | 0 | 1 |
| Vibrio Infection (Other than V Cholera SPP) | 0 | 1 | 0 | 1 | 0 | 0 | 2 |
| West Nile Virus (WNV) | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| TOTAL | 409 230P | 83 44P | 43 25P | 117 50P | 47 110P | 40 44P | 738 505P |



| COMMUNICABLE DISEASE INVESTIGATION HOURS Atlantic Health Visiting Nurses Association (VNA) | | | | | | |
|---|-----------------|-----------------|---------|-----------------|----------|--|
| Town | 1 st | 2 nd | 3rd | 4 th | Per Town | |
| | Quarter | Quarter | Quarter | Quarter | | |
| Bernards Township | 7 | 10 | 0 | 0 | 17 | |
| Bernardsville Borough | 0 | 0 | 0 | 0 | 0 | |
| Chester Borough | 0 | 1 | 0 | 6 | 7 | |
| Long Hill Township | 2 | 0 | 4 | 0 | 6 | |
| Mendham Borough | 2 | 1 | 0 | 0 | 3 | |
| Peapack and Gladstone Borough | 2 | 0 | 0 | 0 | 2 | |
| TOTAL | 13 | 12 | 4 | 6 | 35 | |

| SENIOR CITIZEN HOME VISITS | | | | | |
|-----------------------------------|---------------------|-------|--|--|--|
| TOWN | Number of Visits | Hours | | | |
| Bernards Township | 6 | 9 | | | |
| Bernardsville Borough | 0 | 0 | | | |
| Chester Borough | 0 | 0 | | | |
| Long Hill Township | 3 | 4.5 | | | |
| Mendham Borough | 0 | 0 | | | |
| Peapack and Gladstone Borough11.5 | | | | | |
| FOTAL HOME VISITS FOR 2023 | 10 | 15 | | | |



| 2023 | New Patients | Return Patients | TOTAL Patients | Hours |
|---|-----------------|--------------------|-------------------|-------|
| Bernards Township/ Bernardsville Borough | 17 | 249 | 266 | 31 |
| Chester Borough | 7 | 67 | 74 | 20 |
| Long Hill Township | 6 | 80 | 86 | 24.5 |
| Mendham Borough | 3 | 22 | 25 | 8 |
| Peapack and Gladstone Borough | 2 | 34 | 36 | 8.75 |
| TOTAL | 35 | 452 | 487 | 92.25 |

SENIOR CITIZEN HEALTH MAINTENANCE AND EDUCATION

| SCHOOL AUDITS State-mandated immunization program school audits completed. | | | | | |
|--|----|-----|--|--|--|
| Town # Schools Audited Hours | | | | | |
| Bernards Township | 24 | 120 | | | |
| Bernardsville Borough | 7 | 32 | | | |
| Chester Borough | 1 | 5 | | | |
| Long Hill Township | 8 | 40 | | | |
| Mendham Borough | 2 | 10 | | | |
| Peapack and Gladstone Borough | 1 | 5 | | | |
| TOTAL | 43 | 212 | | | |



| 2023 CLINICS AND SCREENINGS – NON COVID-19 | | | | | | |
|--|--|--------------|---------------------------------|--|--|--|
| Program | Date | Participants | Professional Collaborators | | | |
| Skin Cancer Screening | July 25 th | 32 | Dr. Elizabeth Quigley | | | |
| | Oct 11 th St James Church | 75 | | | | |
| Seasonal Flu Shot Clinics | Oct 12 th Garabrant Center | 5 | Atlantic Health Visiting Nurses | | | |
| Scasonal i la Shot chines | Oct 20 th PG Mun Gym | 17 | Association | | | |
| | Oct 26 th B'Ville Library | 17 | | | | |
| | Homebound Visits | 5 | | | | |

| 2023 HEALTH EDUCATION PROGRAMS | | | | | | |
|--|----------------------|--------------|---|--|--|--|
| Program | Date | Participants | Professional Collaborators | | | |
| The Doctor is In: Women and Stroke | February 9, 2023 | 17 | Dr. Boccia Liang | | | |
| Staying Young at Heart | February 16, 2023 | 16 | Elisa England RD, Ellen Petrosino RD - Nourish and Thrive Nutrition Center | | | |
| Building a Healthy Kitchen: with Elisa England RD and Ellen Petrosino RD | April 27, 2023 | 18 | Elisa England RD, Ellen Petrosino RD - Nourish and Thrive Nutrition Center | | | |
| Health & Safety Days - Day 1 | July 14, 2023 | 100 | Andrea Huber, Riya Patel | | | |
| Healthy Eats, Happy Kids | July 17, 2023 | 13 | Andrea Huber, Riya Patel | | | |
| Health & Safety Days - Day 2 | July 21, 2023 | 100 | Andrea Huber, Jaclyn Handwerger | | | |
| Health & Safety Days - Day 3 | July 21, 2023 | 100 | Andrea/Jackie | | | |
| MyPlate | August 9, 2023 | 32 | Andrea Huber, Riya Patel | | | |
| Eat Smart to Play Hard | August 10, 2023 | 15 | Andrea Huber, Riya Patel | | | |



| Back to School Nutrition | September 12, 2023 | 17 | Elisa England, Ellen Petrosino |
|--|-----------------------|----|---|
| Calci-Yum | October 8, 2023 | 9 | Andrea Huber, Riya Patel |
| Know Your Breasts: Early Detection is Key | October 11, 2023 | 5 | Dr. Linda Aboody – Memorial Sloan Kettering |
| Holiday Healthier | November 2, 2023 | 7 | Elisa England RD, Ellen Petrosino RD - Nourish and Thrive Nutrition Center |

RISK COMMUNICATION & EMERGENCY PREPAREDNESS:

- Utilized the RAVE Alert system to send out emergency health updates.
- Updated all emergency rosters and databases for six (6) towns.
- Updated Bernards Township Health Department Call Roster for After Hours and Weekend Emergencies.
- Continued to update BT Health Department Social Service Resource pages as needed.
- Continued to update information sheets for communications/shelters for six (6) towns.





| | COVID-19 MANAGEMENT & | | |
|---------------------------|---|--|--|
| MITIGATION MONTH BY MONTH | | | |
| | *occurred every month | | |
| <u>January</u> | The Local Health Outreach Coordinator (LHOC) continued to work to identify the vulnerable populations in our jurisdictions and identify gaps to help address the needs of COVID-19 positive and exposed persons: Coordinated homebound vaccinations for individuals who are | | |
| | bedridden and/or disabled Continued to catalog a list of available resources to help vulnerable populations access critical resources such as social services, mental health services, and general healthcare. Also included access to resources like food banks, mental health services, visiting nurses, telehealth solutions, and other community programs Prioritized COVID-19 response initiatives such as weekly COVID-19 testing and vaccination clinics Regularly monitored COVID-19 related data received through testing and contact tracing Worked with other local health department LHOCs in NJ to create collaborative opportunities and resources through monthly meetings Collaborated with local faith-based organizations to implement COVID-19 testing and vaccination clinics in underserved | | |
| | communities, as well as preventative health initiatives Vaccination Efforts Vaccine clinics were conducted throughout January at Saint James Church. The Health Department offered Pediatric Pfizer (5-11) Bivalent Boosters, Pfizer Bivalent Boosters for 12+ and Moderna Bivalent Boosters for 18+. Staff responsibilities for vaccination clinics were continuously discussed as vaccine supply and demand change. Clinic supplies have been assessed and prepared to ensure we can continue vaccination efforts. The Public Health Nurse ordered supplies and maintained inventory. Contacted volunteers as needed according to skills and vaccine demand. We have utilized licensed medical professional volunteers, as well as Spanish-speaking volunteers. | | |



| | Received vaccine allocations as requested for Pfizer and Moderna bivalent boosters. |
|------------------|--|
| | Monitored COVID daily reporting at local long-term care facilities. Acting as a liaison between the state and facilities as needed. Weekly COVID-19 NJ Office of Local Public Health calls and |
| | distribution of new info to staff. |
| | Stayed up to date on the COVID-19 vaccination process in New Jersey via weekly State-led vaccinator calls. |
| | • Followed up on contact tracing in CDRSS conducted by staff. Statistics |
| | compiled on COVID-19 infections. |
| <u>February</u> | Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering J&J, Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations. |
| <u>March</u> | • Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering J&J, Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations. Additionally, 1 homebound vaccination was conducted by the Public Health Nurse, as well as 1 Pfizer Bivalent vaccination at St. Bernards Church in Bernardsville, NJ. |
| <u>April</u> | Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering J&J, Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations. |
| May | Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering J&J, Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations. Additionally, 8 homebound vaccinations were conducted by the Public Health Nurse. |
| June | Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations. |
| <u>July</u> | • No COVID-19 vaccinations were offered during the month of July. |
| August | • No COVID-19 vaccinations were offered during the month of October. |
| <u>September</u> | • No COVID-19 vaccinations were offered during the month of September. |
| <u>October</u> | Flu clinics were held to decrease the incidence of respiratory illness in the Bernards Township area. No COVID-19 vaccinations were offered during the month of October. |
| November | • No COVID-19 vaccinations were offered during the month of November. |
| December | • The Public Health Nurse provided homebound COVID-19 vaccinations, solely offering Moderna for adults. |



The New Jersey Department of Health (NJDOH) Office of Local Public Health's (OLPH) Strengthening Local Public Health Capacity Program

- The Strengthening Local Public Health Capacity Program is a non-competitive grant funding opportunity offered to all eligible non-LINCS Agency local health departments (LHDs) to boost public health capacity during the COVID-19 response. Bernards Township Health Department was awarded \$274,735 for the project period 7/1/2022 6/30/2023, as well as an additional \$495,411 for the project period 7/1/2023 6/30/2024.
- Funding categories include:

a). Outbreak Preparedness (OP) to strengthen outbreak preparedness/response capacity by reimbursing eligible COVID-19 and other infectious disease-related expenses - **\$21,606** (2022-2023), **\$30,008** (2023-2024)

b). Local Health Outreach Coordinator (LHOC) to hire full-time personnel to assess, mitigate, and respond to populations disproportionately affected by the social and health impacts of COVID-19 and other infectious diseases - **\$123,529** (2022-2023), **\$183,822** (2023-2024)

c). Infectious Disease Preparedness Generalist (IDPG) to hire full-time personnel to assist with outreach to populations disproportionately affected by COVID-19 and other infectious diseases, POD planning, logistics, testing, and contact tracing, etc. - \$129,600 (2022-2023), \$192,216 (2023-2024)
d). Public Health Accreditation (ACC) to strengthen public health infrastructure and transform governmental public health by supporting LHDs seeking voluntary national public health accreditation through the Public Health Accreditation Board (PHAB). \$89,365 (2023-2024)

• LHOC Deliverables:

- Managed all program activities and finances of state-funded grants to comply with NJDOH requirements.
- Created and submitted quarterly progress reports encapsulating all program activities during the quarter.
- Assisted the Chief Financial Officer in creating quarterly budget reports for state-funded grants.
- Communicated with faith-based organizations to provide healthcare resources for underserved populations, specifically those with limited to no health insurance.



- Coordinated a homebound, vaccination program to allow bedridden and disabled community residents to access COVID-19/flu vaccines in their homes.
- Organized monthly meetings with other LHOCs to collaborate and discuss best practices to help serve at-risk populations in local communities.
- Worked closely with the NJDOH Program to manage state-funded grants.
- Maintained a vulnerable populations email distribution list to disseminate pertinent information to community partners regarding COVID-19 prevention, vaccination, testing, contact tracing, and social support messaging.
- Participated in monthly/quarterly meetings with local stakeholders including faith-based organizations, state/county health departments, LINCS Social Support Coordinators, and Federally Qualified Health Centers (FQHCs).
- Attended quarterly NJDOH Grantee meetings to share progress and best practices.
- Provided testing and vaccination statistics to the County LINCS agency through weekly surveys.
- Utilized the System for Administering Grants Electronically (SAGE) to track and manage grant-related activities.
- Distributed COVID-19 rapid antigen test kits to local organizations including but not limited to libraries, senior living facilities, long-term care facilities, assisted-living facilities, daycares, schools, and faith-based organizations.
- Re-applied for additional funding from the Strengthening Local Public Health Capacity grant.

• IDPG Deliverables:

- Assisted the LHOC with coordination of COVID-19 vaccine and testing clinics.
- Assisted in the operation of weekly COVID-19 vaccine clinics sponsored by the Health Department until 06/2023.
- Assisted LTCs, Assisted Living, and schools with COVID-19 and other Communicable Disease Outbreaks.
- Assisted with vaccine delivery and refrigerator monitoring.
- Assisted the LHOC and Public Health Nurse with coordinating a homebound, vaccination program to allow bedridden and disabled community residents to access COVID-19 vaccines in their homes.
- Created signage for COVID-19 clinics in each of the 6 communities.
- Created and submitted quarterly progress reports encapsulating all program activities during the quarter.
- Attended quarterly NJDOH Grantee meetings to share progress and best practices.
- Assisted COVID-19 rapid antigen test kit distribution to local organizations including but not limited to libraries, senior living facilities, long-term care



facilities, assisted-living facilities, daycares, schools, and faith-based organizations

- Provided tickborne disease educational material to the community through the Health Department website, social media, and rabies clinics.
- Posted tickborne awareness signs at local parks and distributed tick removal cards to the community.

The New Jersey Department of Health (NJDOH) Office of Local Public Health's (OLPH) COVID-19 Vaccination Supplemental Funding Program

- Grant period: 7/1/2021-6/30/2024
- The COVID-19 Vaccination Supplemental Funding Program is a non-competitive grant funding opportunity offered to county and local health departments (LHDs) to support COVID-19 and other adult vaccination efforts among populations disproportionately affected by COVID-19 and other infectious diseases.
- This program provides funding to LHDs to integrate COVID-19 vaccination and education into existing LHD programs, continue to implement mobile/off-site COVID-19 vaccinations, and partner with trusted faith or community-based organizations to conduct vaccine educational outreach sessions to increase vaccine confidence in racial and ethnic minority groups.
- Bernards Township Health Department was awarded a total of \$120,000 to hire a Public Health Nurse to expand vaccination efforts and fund any vaccine-related purchases.

• <u>Project Deliverables:</u>

- Attended quarterly NJDOH Grantee meetings to share progress and best practices.
- Participated in weekly evening and weekend vaccination clinics.
- Worked with underserved populations and faith-based organizations to encourage vaccine uptake.
- Created and submitted quarterly progress reports encapsulating all program activities during the quarter.
- Vaccinated individuals aged 5 years and older at weekly/monthly vaccination clinics.
- Vaccinated homebound and disabled individuals.
- Maintained inventory of clinical supplies necessary for vaccine clinics.
- Partnered, planned, and implemented vaccination and other health-related screening activities with critical organizations including churches and FQHCs.
- Partnered with trusted faith-based organizations to conduct educational sessions among racial and ethnic minority groups.



• Integrated COVID-19 vaccination and education into existing local health department programs.

New Jersey Association of County and City Health Officials' (NJACCHO) Enhancing Local Public Health Infrastructure Grant

- Grant period: 10/1/2022-6/30/2024
- The Enhancing Local Public Health Infrastructure Grant offers funding to Local Health Departments to achieve a variety of programmatic goals to create long-term infrastructure improvements, while planning for health equity, diversity, inclusion, and accessibility.
- Bernards Township Health Department uses these funds to strengthen organizational capacity to drive progress on public health priorities and increase capacity across the department.
- Bernards Township Health Department was awarded a total of \$632,102 for the project period 10/1/2022 6/30/2024.
- <u>Project Deliverables:</u>
- Strengthen organizational capacity to drive progress on public health priorities and increase capacity across the local health department.
- Create new hire positions to support grant-specific goals and initiatives.





2023 BERNARDS TOWNSHIP HEALTH DEPARTMENT COVID-19 VACCINE CLINICS

| JANUARY | | |
|-----------------------------|----|--|
| Clinic Date Daily Total | | |
| 1/10 | 14 | |
| 1/17 14 | | |
| 1/26 25 | | |
| 1/31 6 | | |
| January Monthly Total 59 | | |

| MARCH | | |
|---------------------------|---|--|
| Clinic Date Daily Total | | |
| 3/7 | 5 | |
| 3/14 | 7 | |
| 3/28 | 5 | |
| 3/30 | 1 | |
| March 18 Monthly Total | | |

| MAY | | |
|----------------------|-------------|--|
| Clinic Date | Daily Total | |
| 5/2 | 4 | |
| 5/9 | 10 | |
| 5/18 | 3 | |
| 5/23 | 26 | |
| 5/25 | 3 | |
| 5/30 | 10 | |
| May Monthly Total | 56 | |

| FEBRUARY | | |
|---------------------------|---|--|
| Clinic Date Daily Total | | |
| 2/7 | 3 | |
| 2/28 | 6 | |
| February Monthly Total | 9 | |

| APRIL | | |
|-------------------------|----|--|
| Clinic Date Daily Total | | |
| 4/4 | 2 | |
| 4/25 13 | | |
| April Monthly Total | 15 | |

| JUNE | | |
|-----------------------|-------------|--|
| Clinic Date | Daily Total | |
| 6/6 | 5 | |
| 6/13 | 2 | |
| 6/20 | 2 | |
| 6/27 | 3 | |
| June Monthly Total | 12 | |

TOTAL COVID-19 VACCINE DOSES ADMINISTERED IN 2023: 179

(including homebound vaccine doses)



2023 BERNARDS TOWNSHIP HEALTH DEPARTMENT COVID-19 TESTING CLINICS

| JANUARY | Total | # | % |
|---------|--------|----------|----------|
| | Tested | Positive | Positive |
| 1/5 | 3 | 1 | 33% |
| 1/12 | 5 | 0 | 0% |
| 1/19 | 4 | 0 | 0% |
| 1/26 | 5 | 1 | 20% |
| Total | 17 | 2 | 12% |

| FEBRUARY | Total | # | % |
|----------|--------|----------|----------|
| | Tested | Positive | Positive |
| 2/2 | 11 | 1 | 9% |
| 2/9 | 4 | 0 | 0% |
| 2/16 | 7 | 1 | 14% |
| 2/23 | 5 | 1 | 20% |
| Total | 27 | 3 | 11% |

| MARCH | Total Tested | # Positive | % Positive |
|-------|-----------------|---------------|---------------|
| 3/2 | 4 | 1 | 25% |
| 3/9 | 2 | 0 | 0% |
| 3/16 | 4 | 0 | 0% |
| 3/23 | 4 | 1 | 0% |
| 3/20 | 2 | 0 | 0% |
| Total | 16 | 2 | 12.5% |

| APRIL | Total | # | % |
|-------|--------|----------|----------|
| | Tested | Positive | Positive |
| 4/6 | 3 | 0 | 0% |
| 4/13 | 0 | 0 | 0% |
| 4/20 | 0 | 0 | 0% |
| 4/27 | 0 | 0 | 0% |
| Total | 3 | 0 | 0% |

Proveding Participants

Bernards Township HEALTH Department ANNUAL REPORT 2023

TOTAL COVID-19 TESTS ADMINISTERED IN 2023: 63

2023 BT HEALTH DEPARTMENT STAFF PROFESSIONAL LICENSURE/CERTIFICATIONS/ACCREDITATIONS:

Kaitlin V. Cartoccio, MPH, MCHES, DRCC:

- Master Certified Health Education Specialist (MCHES) #19897
- Bernards Municipal Alliance
- Disaster Response Crisis Counselor (DRCC)
- Community in Crisis
- Safe Communities Coalition
- Local Emergency Preparedness Committee (LEPC): Bernards Township
- Masters Public Health (MPH) Rutgers University
- National Society for Public Health Educators (SOPHE)
- New Jersey SOPHE member and President Elect (2023)
- Rutgers Center For Executive Leadership In Government
- Dale Carnegie "Develop Your Leadership Potential: Stop Doing, Start Leading" 2022
- Dale Carnegie Certificate "High Impact Presentations" 2023
- American Red Cross First Aid Certified

Tricia Cowell, Senior REHS:

- Registered Environmental Health Specialist License #B-102153
- Health Officer License #A-102153
- Certified Municipal Registrar (CMR) #5256
- Awarded Mini Master of Public Administration through Rutgers Center for Executive Leadership in Government
- Master Public Health (MPH), Southern New Hampshire University
- Lead Inspector/Risk Assessor
- Local Emergency Preparedness Committee (LEPC): Bernardsville Borough, Long Hill Township, and Peapack and Gladstone Borough
- Bernardsville Borough and Chester Borough Boards of Health
- New Jersey Environmental Health Association
- Notary Public
- Dale Carnegie "Develop Your Leadership Potential: Stop Doing, Start Leading" 2023
- American Red Cross First Aid Certified





2023 BT HEALTH DEPARTMENT STAFF PROFESSIONAL LICENSURE/CERTIFICATIONS/ACCREDITATIONS (CONTINUED):

Nancy Dowd, REHS:

- Registered Environmental Health Specialist # B-102051
- Pest Control License
- Mendham Borough Board of Health
- New Jersey Environmental Health Association
- Lead Inspector/Risk Assessor
- American Red Cross First Aid Certified

Jaclyn Handwerger, REHS

- Registered Environmental Health Specialist # B-173974
- New Jersey Environmental Health Association
- Servsafe Food Protection Manager
- OSHA 10- Hour General Industry Safety and Health
- American Red Cross First Aid Certified

Andrea Huber, MS

- Health Educator/Public Health Nutritionist
- Masters Nutrition and Food Science Montclair State
- Didactic Program in Dietetics Montclair State
- Dietetic Internship Iowa State
- Academy of Nutrition and Dietetics
- New Jersey SOPHE member
- OSHA 10 Hour General Industry Safety and Health
- Morris Somerset Regional Chronic Disease Coalition
- American Red Cross First Aid Certified

Margaret Keegan

- Certified Municipal Registrar (CMR) #2531
- Registrars' Association of New Jersey
- American Red Cross First Aid Certified

Maria Novoa Besteiro, BSN, RN

• Public Health Nurse





2023 BT HEALTH DEPARTMENT STAFF PROFESSIONAL LICENSURE/CERTIFICATIONS/ACCREDITATIONS (CONTINUED):

Riya Patel

- Local Health Outreach Coordinator/Grant Manager
- Bachelor of Science in Public Health The College of New Jersey
- NJACCHO Chronic Disease Workgroup Member
- New Jersey SOPHE Member
- American Red Cross First Aid Certified
- Dale Carnegie "Develop Your Leadership Potential: Stop Doing, Start Leading" 2023
- Dale Carnegie "Strictly Business Immersion" 2023
- Dale Carnegie "High Impact Presentations" 2023

Robyn Postighone, RN, MPA, MBA

- Just Culture Safety Culture Certified Trainer
- NJDOH/APIC Infectious Disease Certification
- Institute of Health (IHI) Open School: Model for Improvement, PDSA Cycles, Interpreting Data, Leading Quality Improvement, System-Wide Changes, Reliable Healthy Systems
- Lean Six Sigma Belt Certification

Sybil Rainey, REHS:

- Registered Environmental Health Specialist # B-102197
- New Jersey Environmental Health Association
- American Red Cross First Aid Certified

Michelle Santoro, ACO, Humane Officer:

- Biology, Bachelor of Science
- Certified Animal Control Officer
- Humane Law Enforcement Officer
- FEMA Animals in Disaster IS-00010 & IS-00012
- FEMA Livestock in Disaster IS-00111.a
- American Red Cross First Aid Certified

Deirdre Vogel, CMR, RMC:

- Certified Municipal Registrar (CMR) #3534
- Registered Municipal Clerks Certification (RMC) # C-1555
- Bernards Township Board of Health Secretary
- Registrars' Association of New Jersey
- Notary Public
- American Red Cross First Aid Certified







2023 BT HEALTH DEPARTMENT STAFF PROFESSIONAL LICENSURE/CERTIFICATIONS/ACCREDITATIONS (CONTINUED):

Lucy A. Forgione, MS, MCHES

- Licensed NJ Health Officer #A-482
- Master Certified Health Education Specialist (MCHES) #492
- Certified Municipal Registrar (CMR) #1432
- Bernards Township Municipal Alliance Against Substance Abuse
- Community in Crisis
- NJ Association of County & City Health Officials (NJACCHO) Communicable Disease Committee, Program Committee
- William Paterson University Alumni School of Public Health Education Spotlight Fall 2021
- Healthier Somerset 2021 Award for Outstanding Community Service during COVID-19
- Greater Somerset Public Health Partnership, Member and Treasurer
- Somerset County Health Officers Association, Treasurer 2005-Present
- Local Emergency Preparedness Committee (LEPC): All contractual towns
- Morris County Public Health Partnership
- Morris Somerset Regional Chronic Disease Coalition 2010-Present
- North Jersey Health Collaborative
- Registrars' Association of New Jersey
- Somerset County Human Services Advisory Council Member 2006 Present
- Dale Carnegie "Develop Your Leadership Potential: Stop Doing, Start Leading" 2022
- Dale Carnegie "High Impact Presentations" 2023
- New Jersey Association of County and City Health Officials Board of Directors & Executive Committee 2022-2024
- American Red Cross First Aid Certified



