

# Youth Mental Health First Aid Training



May 8, 2024  
9:00am - 3:00pm



Bernards Township Library  
32 S. Maple Ave  
Basking Ridge, NJ



Youth Mental Health First Aid teaches adults how to identify, understand and respond to signs of mental health and substance use challenges and crises among adolescents ages 12-18.



Participants will be required to complete 2 hours of online self-guided learning PRIOR to attending the in person session.



Register for FREE  
[Click Here](#) or Scan

Refreshments  
will be served

Contact Susan Visser at [svisser@communityincrisis.org](mailto:svisser@communityincrisis.org)



Governors Council on Substance Use Disorder