

HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

Protect Your Pets!



FREE Rabies Vaccine Clinic
Sat, Jan 14th 10 am – 12 pm
[Bernards Township Pet Owners Click Here for More!](#)

January is National Radon Action Month



Test your home.
Protect your health.

 epa.gov/radon
[Learn More About Radon Here](#)

THIS MONTH IN HEALTH MATTERS

FREE Rabies Vaccine Clinic

January is Radon Action Awareness Month



QPR – Suicide Prevention Training

Ryan's Story – Presentation for Parents

Local COVID-19 Info

BTHD Facebook

ABOUT US

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough and Peapack & Gladstone Boroughs.

STAY CONNECTED

To sign up or make any changes to receiving Bernards Township updates, log in at smart911.com. For support with the Smart911 system such as a forgotten username or password, visit the [Smart911 support page](#).



Suicide Prevention Training

[In-Person](#)

Wed, Jan 18th 10am-12 pm
Bernards Twp Library

[Virtual](#)

Tue, Jan 24th 6:30 – 8:30 pm
Via Zoom

[Click here to register and view flyers](#)



WE ARE HIRING!

Part Time Administrative Associate/Alternate Deputy Registrar

- Go to www.bernards.org
- Go to "Departments" then "Human Resources"
- Click on "Employment Opportunities"
- Learn more about the "Administrative Associate-Alternate Deputy Registrar" position at the Health Department!



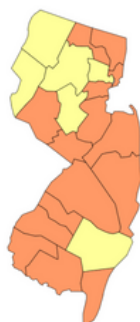
[Click here for upcoming January/February Health Department Programs](#)

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Layered prevention strategies can help limit severe disease and reduce potential strain on the healthcare system. [CDC COVID-19 Community Levels](#) are a tool to help communities and individuals determine what prevention measures to take.

The COVID-19 community level is determined by the higher of the new hospital admissions and inpatient beds metrics, based on the current level of new cases per 100,000 population in the past 7 days. COVID-19 community levels are classified as low, medium, or high as follows:

| COVID-19 Community Levels | | | | |
|--|---|--------|------------|--------|
| New COVID-19 Cases Per 100,000 in the past 7 days | Hospitalization Indicators | Low | Medium | High |
| New COVID-19 admissions per 100,000 population (7-day total) | | <10.0 | 10.0-19.9 | ≥20.0 |
| Fewer than 200 | Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average) | <10.0% | 10.0-14.9% | ≥15.0% |
| 200 or more | New COVID-19 admissions per 100,000 population (7-day total) | NA | <10.0 | ≥10.0 |

The following table includes recommendations for protecting yourself, your family, and communities. Additional information can be found at: <https://www.cdc.gov/coronavirus/2019-nCoV/science/community-levels.html#table>. 4/23/21.

Local COVID-19 Updates
[Click here to read](#)