



HEALTH MATTERS



Monthly Newsletter from the Bernards Township Health Department

Celebrate Mental Health Awareness Month

Become Mental Health First Aid Certified!



YOUTH Mental Health First Aid

For adults working with youth 12 -18

Thurs, May 11

9:00 am - 3:00 pm

9 Church St, Bernardsville, NJ

[REGISTER FOR FREE](#)

ADULT Mental Health First Aid

For adults who work with other adults 18+

Thurs, May 18

9:00 am - 4:30 pm

Bernards Twp Library

32 S Maple Ave, Basking Ridge, NJ

[REGISTER FOR FREE](#)



Click to learn more about Lyme Disease basics and visit www.lymedisease.org for more information

 **Local COVID-19 Updates**
[Click here to read](#)

THIS MONTH IN HEALTH MATTERS

- Adult Mental Health First Aid
- Youth Mental Health First Aid
- Twilight Challenge 5K Race
- A Homeowner's Guide to Septic Systems
- Lyme Disease Awareness Month
- Up for Adoption: Meet Ray!
- BTHD Animal Control Patch Fundraiser
- Upcoming BTHD Programs
- Local COVID-19 Updates

ABOUT US

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough and Peapack & Gladstone Borough.

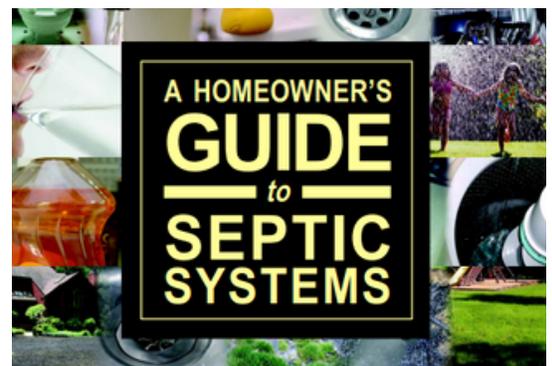
STAY CONNECTED

To sign up or make any changes to receiving Bernards Township updates, log in at smart911.com. For support with the Smart911 system such as a forgotten username or password, visit the [Smart911 support page](#).



Registration is Open!

[Register Online](#) [Paper Registration](#)



Animal Control Patch Fundraiser

Buy a patch to support Bernards Township Animal Control. [Learn more here](#)