



# 2023 Annual Report



**The Contractual Health Agency serving...**  
Bernards Township  
Bernardsville Borough  
Chester Borough  
Long Hill Township  
Mendham Borough  
Peapack & Gladstone Borough

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## A Letter from the Health Officer:

Dear Colleagues, Partners, and Friends,

I am pleased to share the Bernards Township Health Department's **2023 Annual Report** with our communities. The work we do in Public Health is challenging, complex, and ever-changing with a constant responsibility of protecting and improving the health and wellbeing of our communities. It is my hope that these pages will capture the essence of the work performed by our talented staff. We are grateful to our community partners and to all residents of Bernards Township, Bernardsville Borough, Peapack and Gladstone Borough (Somerset County) and Chester Borough, Mendham Borough, and Long Hill Township (Morris County). Our goal is to provide the best public health services and protect the health of the residents we serve.

This past year has been full of grant applications, and we are reaping the rewards from our diligent work. The Strengthening Local Public Health Capacity program, COVID-19 Vaccination Supplemental Funding program, and the Enhancing Local Public Health Infrastructure program have provided greater capacity in terms of staffing, national accreditation, outbreak preparedness, response capacity and more. Our department also received a state-funded Project Firstline Grant that was intended to educate community partners in infection control and prevention. In addition, we received the first installment of the Opioid settlement money geared towards youth services, substance misuse and mental health. Other grant programs include radon testing and the City Dashboard, which showcases local data intended to advance health equity. These funds have streamlined our ability to provide effective prevention programs.

All environmental services were in full gear with many lead cases that needed immediate attention and follow-up. The environmental staff completed all inspections of over 425 food establishments and other inspections outlined in this report. Health Education also provided an array of fabulous nutrition, heart-healthy and chronic disease programs. It has been a great year with an excellent team of fine professionals.

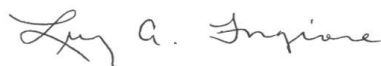
We are happy to share the exciting work we are doing. It has been a balancing act of leaving the large volume of COVID-19 work behind while embracing the many public health needs of our communities. In December, we renewed all five (5) Interlocal Public Health Services contracts for an additional three years and contracted with a new Public Health Visiting Nursing services agency, Community VNA in Somerville.

Lastly, it is with a heavy heart and with great joy that I formally write to inform you of my retirement. After 41 wonderful years with the Bernards Township Health Department, I have decided to begin a new adventure in my life. My last day will be March 31, 2024. I loved my life's work and had the pleasure of working with so many talented people throughout the years. I've had the privilege of living in Bernards Township and raising two wonderful young men. This was truly my dream job. I was afforded the opportunities to excel and have many incredible experiences.

Every day was a new day serving our communities, helping so many people while learning so much. Who would have thought that the last few years of my career would have been the ultimate experience, "a global pandemic". I am proud of the fine work my department and I accomplished for all six (6) municipalities within our jurisdiction.

I am grateful for the 41 years of public service and feel honored to have served Bernards Township and the five contracting municipalities. I will look fondly on the support and kindness I received from the Board of Health members and especially Dr. John Salaki, BOH President, Bernards Township Committee, administration, and coworkers.

Best, in gratitude,



Lucy A. Forgione, MS, HO, MCHES – Health Officer/Director of Health/Registrar of Vital Statistics  
Health Educator/Youth Services Coordinator



## MISSION STATEMENT

*To provide competent, professional, and efficient public health and environmental services to the residents of our community. Through the delivery of the state-mandated "Chapter 52: Public Health Practice Standards of Performance for Local Boards of Health in NJ" and the ordinances and policies of the Board of Health, we promote the public's health by using health education, disease prevention, environmental enforcement, and inspection activities.*

### 2023 BERNARDS TOWNSHIP BOARD OF HEALTH MEMBERS

<b>John Salaki, MD</b>	President
<b>Karen Ellis</b>	Vice President
<b>Pat Crane</b>	Member
<b>Kelly Brown, DVM</b>	Member
<b>Matthew Majewski</b>	Member
<b>Dr. Shilpa Clott</b>	Member
<b>Jennifer Asay</b>	Township Committee Liaison
<b>Paula J. DeBona, Esq.</b>	Board Attorney

### 2023 HEALTH DEPARTMENT STAFF

<b>Lucy A. Forgione</b>	Health Officer/Director of Health/Registrar of Vital Statistics/Health Educator/Youth Services Coordinator
<b>Tricia Cowell</b>	Senior Registered Environmental Health Specialist
<b>Nancy Dowd</b>	Registered Environmental Health Specialist
<b>Sybil Rainey</b>	P/T Registered Environmental Health Specialist
<b>Jaclyn Handwerger</b>	Registered Environmental Health Specialist/COVID-19 Generalist
<b>Deirdre Vogel</b>	Administrative Assistant/Deputy Board of Health Secretary, Registrar
<b>Margaret Keegan</b> (started 1/23)	Administrative Associate/Alternate Deputy Registrar
<b>Michelle Santoro</b>	Animal Control Officer/ Humane Law Enforcement Officer
<b>Kate Ferratti, Jody Austin-Dominguez, Katie Morales Patricia Segal</b>	Assistant Animal Control Officers
<b>Kaitlin Cartoccio</b>	Health Educator/Community Program Coordinator/ Municipal Alliance Grant Coordinator
<b>Andrea Huber</b> (started 5/23)	Health Educator/Youth Services Assistant, Marketing & Communications Coordinator
<b>Riya Patel</b>	Local Health Outreach Coordinator/Grant Manager
<b>Maria Novoa Besteiro</b> (left 7/23)	Public Health Nurse
<b>Robyn Postighone</b> (started 12/27)	Public Health Nurse



## 2023 CONTRACTUAL BOARDS OF HEALTH

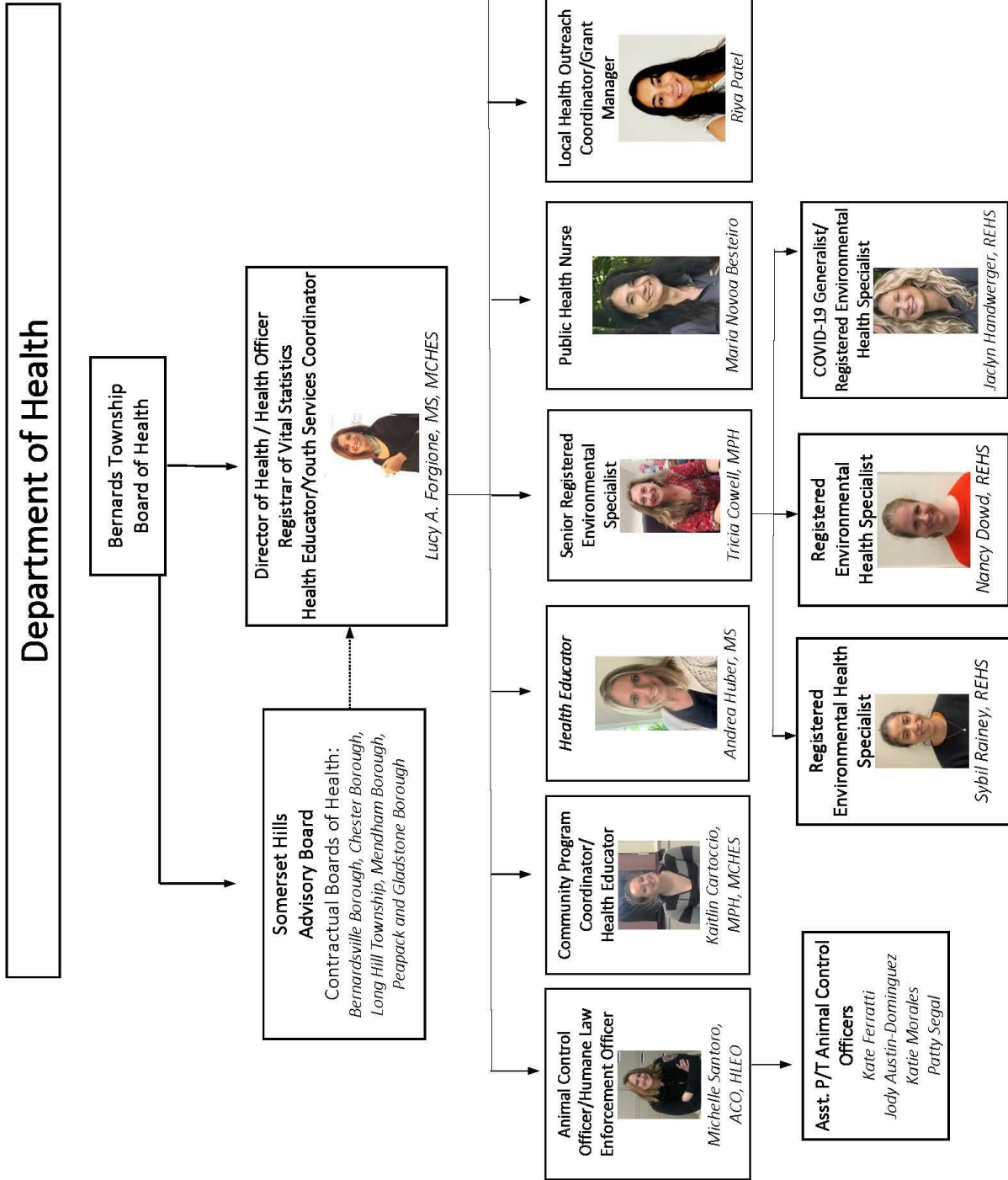
<b>2023 Bernardsville Borough Board of Health</b>	
<b>Leonard Friedman, DMD</b>	President
<b>Angela Calzetta</b>	Regular Member
<b>James Sasso</b>	Regular Member
<b>Brian Wallace, DC</b>	Regular Member
<b>Lennie Ambelang</b>	Regular Member
<b>Rhonda Simoff</b>	Regular Member
<b>Francine Dello Russo</b>	Regular Member & Recording Secretary
<b>Al Riberio</b>	Council Liaison

<b>2023 Long Hill Township Board of Health</b>	
<b>Matthew Dorsi</b>	President
<b>Scott Lavender</b>	Regular Member
<b>Guy Piserchia</b>	Regular Member
<b>Brendan Rae</b>	Regular Member
<b>Victor Verlezza</b>	Regular Member
<b>Megan Phillips</b>	BOH Secretary

<b>2023 Peapack &amp; Gladstone Borough Board of Health</b>	
<b>Jill Weible</b>	President
<b>Mark Corigliano</b>	Regular Member
<b>Amy Dietrich</b>	Regular Member
<b>Donald Lemma</b>	Regular Member
<b>Jamie Murphy</b>	Regular Member
<b>Eric L. Quartello</b>	Regular Member
<b>John Sweeney</b>	Regular Member
<b>Nancy Bretzger</b>	BOH Secretary

<b>2023 Chester Borough Board of Health</b>	
<b>Eileen Callaghan-Manning</b>	President
<b>Elisa Stelwagon-Buckley</b>	Vice President
<b>Eileen Carey Brown</b>	Regular Member
<b>Mary Beth Infante</b>	Regular Member
<b>Thomas Germinario, Esq</b>	BOH Attorney
<b>Dena Dziergoski</b>	BOH Secretary

<b>2023 Mendham Borough Board of Health</b>	
<b>Marilyn Althoff, MD</b>	President
<b>John Nosta</b>	Vice President
<b>Laura Gill</b>	Regular Member
<b>Laura Montenegro</b>	Regular Member
<b>Ted Rostiac</b>	Regular Member
<b>Melissa Young</b>	Alternate - 1
<b>Ed Brooks</b>	Alternate - 2
<b>Lauren McBride</b>	BOH Secretary



## 2023 REVENUE BERNARDS TOWNSHIP HEALTH DEPARTMENT

Interlocal Public Health Services Contracts	\$296,037.54
Program Fees Collected (Clinics/Screenings)	\$770.00
Environmental Fees Collected	\$44,620.00
Vital Statistics Fees Collected	\$12,517.00
Animal Control Fees Collected	\$49,186.00
<i>Subtotal = \$403,130.54</i>	
<b>PREVENTION GRANTS 2023</b>	
Municipal Alliance Grant	\$10,107.42
DMHAS Youth Leadership Grant	\$4,231.44
Youth Services Commission Annual Grant	\$5,000.00
Youth Services Commission Competitive Grants	\$4,000.00
Opioid Settlement Funds	\$13,330.53
<i>Subtotal = \$36,669.39</i>	
<b>NJDOH/NJACCHO GRANTS</b>	
Strengthening Local Public Health Capacity (Jul '22 – Jun '23)	\$274,735.00
Strengthening Local Public Health Capacity (Jul '23 – Jun '24)	\$495,411.00
COVID-19 Vaccination Supplemental Funding (Jul '21 – Jun '24)	\$120,000.00
Enhancing Local Public Health Infrastructure (Oct '22 – Jun '24)	\$632,102.00
Project Firstline Train the Trainer (Jan '23 – Apr '24)	\$10,000
<i>Subtotal: \$1,532,248</i>	
<b>Total Grants and Fees Collected: \$1,972,047.93</b>	

## **BERNARDS TOWNSHIP HEALTH DEPARTMENT 2023 ACCOMPLISHMENTS**

<b>BERNARDS TOWNSHIP</b>		
<b>PLAN REVIEWS</b>	<b>BT</b>	<b>TOTAL Municipalities</b>
Septic System plans (new, alterations, repairs, abandonment)	13	77
Soil log inspections for septic systems suitability (new, alterations, subdivisions)	6	51
Septic "As-Built" Plan Review	5	30
Other Plan Reviews (Board of Adjustment-additions, pool locations, site-plans, variance)	11	28
Client/Professional Meetings	7	33
<b>INSPECTIONS</b>	<b>BT</b>	<b>TOTAL Municipalities</b>
ABC license checks	0	15
Cross-Connections	0	7
Kennel/Pet Shop	0	9
Lead (Pb) Inspections for children at risk	1/42	3/57
CDRSS lead investigations and case follow-up	<b>Daily</b>	
Public Health complaints with follow-ups/re-checks	22	63
Rabies Control; Dog/Cat bite investigations; testing of wild animals in contact with humans or animals and follow-ups	23	48
Radon Kits	32	68

INSPECTIONS	BT	TOTAL Municipalities
Recreational Bathing	47	64
Retail Food Establishments: Chapter 24 (includes plan reviews, pre-opening, semi-annual, follow-up, re-inspections)	147	427
Retail Food Establishment Temporary- # Events/ # Vendors	5/19	20/112
Septic Inspections including new, alterations, repairs, & abandonment	68	345
Well Inspections (includes installations of casing, pitless adaptors, well abandonments, PWTA reports)	3	18
Youth Camps	2	3
<ul style="list-style-type: none"> <li>• Participated in Board of Health Meetings.</li> <li>• Ensured that all environmental inspections, and food inspections were completed.</li> <li>• Managed statistics for monthly Health Officer's Report.</li> <li>• Participated in <i>Local Emergency Planning Committee</i> (LEPC).</li> <li>• Collected environmental fees for BT, BV, and PG</li> <li>• Managed system for issuing permits for soil logs, septic system, and wells for (BT, BV, LH, PG).</li> <li>• Managed Food Establishment licensing system (BT, BV, PG, LH).</li> <li>• Sent Food Establishing licensing letters for LH.</li> <li>• Inquiries: OPRA requests regarding location; type of septic system; well water questions; inspection reports for realty transfers.</li> </ul>		



## BERNARDS TOWNSHIP REGISTRAR OF VITAL STATISTICS

<b>Marriages in Bernards Township</b>	195
<b>Marriage License Applications Completed</b>	94
<b>Certified Marriage Certificates Issued</b>	490
<b>Deaths in Bernards Township</b>	176
<b>Deaths in Lyons Veterans Administration Hospital</b>	48
<b>Certified Death Certificates Issued</b>	77
<b>Birth Certificates Issued</b>	4
<b>TOTAL FEES COLLECTED:</b>	<b>\$12,517.00</b>





	<p><b>ANIMAL CONTROL OFFICER (ACO)</b></p> <p><b>HUMANE OFFICER (HLEO)</b></p>	
<p><b>Donation Campaign</b></p>	<p>Donations for pet adoptions was included on Pet License application, displayed on front office desk, included in newsletter, and displayed at free Rabies Shot Clinics.</p>	<p>\$3,516.35</p>
<p><b>Bernards Twp Rabies Control</b></p>		
	<p>10-day quarantine</p>	<p>12</p>
	<p>Bats found in homes and tested</p>	<p>2</p>
	<p>Dogs and Cats in contact with Wildlife: 45-day quarantine</p>	<p>3</p>
	<p>Rabies Testing: - / + Result</p>	<p>4</p>
<p><b>Bernards Township Pet Licensing</b></p>	<p>New Dogs Registered</p>	<p>253</p>
	<p>Dogs Licensed</p>	<p>1,983</p>
	<p>Cats Licensed</p>	<p>340</p>
	<p>Dogs License Fees</p>	<p>\$45,465.00</p>
	<p>Cats License Fees</p>	<p>\$3,721.00</p>
<p><b>Adoption Program</b></p> <p><b>Bernards Twp/ Peapack &amp; Gladstone</b></p>	<p>Dogs and cats that are running freely and for whom no owner is found are captured, kenneled, given a health check, and advertised for adoption.</p>	<p>4 dogs 17 cats/kittens</p>

## **Animal Control Continued**

### **RABIES CLINICS:**

**JANUARY 14, 2023**

138 DOGS, 35 CATS – 173 TOTAL

**NOVEMBER 11, 2023**

77 DOGS, 26 CATS – 103 TOTAL



### **ADOPTED THROUGH BERNARDS TWP ANIMAL CONTROL**

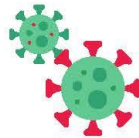


# Public Health in Action

2023



**COVID-19  
Vaccinations:**  
179



**COVID-19  
Cases:**  
687–Confirmed  
390–Probable



**COVID-19 Testing  
& Vaccine Clinics:**  
37



**Homebound  
COVID-19  
Vaccinations:**  
20



**Flu Shots  
Administered:**  
120



**Communicable  
Disease Reports:**  
738–Confirmed  
505–Probable



**Cancer Screening  
Services:**  
6



**Septic  
Inspections:**  
345



**Food Service  
Inspections:**  
427



**Recreational  
Bathing  
Inspections:**  
64



**Health Education  
Programs:**  
11



**Rabies Control/  
Animal Bite  
Investigations:**  
48



**Radon Tests  
Distributed:**  
68



**Zufall Health  
Clinic Visits:**  
24



# HEALTH MATTERS E-NEWSLETTER

## LINKS TO HEALTH MATTERS ISSUES

- [January 2023](#)
- [February 2023](#)
- [March 2023](#)
- [April 2023](#)
- [May 2023](#)
- [June 2023](#)
- [July 2023](#)
- [August 2023](#)
- [September 2023](#)
- [October 2023](#)
- [November 2023](#)
- [December 2023](#)

## January 2023



**HEALTH MATTERS**  
Monthly Newsletter from the Bernards Township Health Department

**Protect Your Pets!**  
FREE Rabies Vaccine Clinic  
Sat, Jan 14th 10 am - 12 pm  
Bernards Township Pet Owners Click Here for More!

**THIS MONTH IN HEALTH MATTERS**  
FREE Rabies Vaccine Clinic  
January is Radon Action Awareness Month  
QPR - Suicide Prevention Training  
Ryan's Story - Presentation for Parents  
Local COVID-19 Info  
BTMD Facebook

**QPR Question Persuade Refer**  
**Suicide Prevention Training**  
In-Person  
Wed, Jan 18th 10am-12 pm  
Bernards Twp Library  
Virtual  
Tue, Jan 24th 6:30 - 8:30 pm  
Via Zoom  
[Click here to register and view flyers](#)

**WE ARE HIRING!**  
Part Time Administrative Associate/Alternate Deputy Registrar  
• Civil Service Exam  
• Civil Service Department of Human Resources  
• Click on "Employment Opportunities"  
• Learn more about the Administrative Associate/Alternate Deputy Registrar position at the Bernards Township Health Department  
[Click here for upcoming January/February Health Department Programs](#)  
[Find us on Facebook](#)

**January is National Radon Action Month**  
Test your home. Protect your health.  
EPA [epa.gov/radon](http://epa.gov/radon)  
[Learn More About Radon Here](#)

**Local COVID-19 Updates**  
[Click here to read](#)

**STAY CONNECTED**  
To sign up or make any changes to receiving Bernards Township updates, log in at [smart911.com](http://smart911.com). For support with the Smart911 system such as a forgotten username or password, visit the [Smart911 support page](#).

**ABOUT US**  
The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough and Peapack & Gladstone Boroughs.

**Follow the Bernards Township Health Department on Facebook**

Bernards Township Health Department  
262 South Finley Avenue  
Basking Ridge, NJ 07920  
Phone: (908) 204-3070  
Fax: (908) 204-3075  
Email: [health@bernards.org](mailto:health@bernards.org)  
Website: [www.bernardshealth.org](http://www.bernardshealth.org)

## February 2023



**HEALTH MATTERS**  
Monthly Newsletter from the Bernards Township Health Department

**RACE TO BE HUMAN**  
Race to Be Human: Virtual Documentary Screening & Panel Discussion  
Feb 16th - 7 pm - VIRTUAL  
[View Flyer and Register Here](#)

**QPR Question Persuade Refer**  
**Suicide Prevention Training**  
Virtual  
Wed, Feb 22nd 6:30 - 8:30 pm  
Via Zoom  
[Click here to register and view flyer](#)

**THIS MONTH IN HEALTH MATTERS**  
Race to Be Human - Documentary Screening  
QPR Suicide Prevention Training  
Heart Healthy Programs for February  
Bernards Township Cat & Dog License Renewal  
Upcoming BTMD Programs  
BTMD Facebook  
Local COVID-19 Updates

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**Celebrate Heart Health Month**  
Control Gratuito de la Presion Arterial  
FREE Blood Pressure Screening  
Sabado 4 de Febrero  
10:00 - 11:30 am  
St Bernards Church [View Flyer](#)  
The Doctor is In: Women & Stroke  
Thursday, February 9th  
7 - 8:30 pm  
Bernards Town Hall [View Flyer](#)  
Staying Young At Heart  
Thursday, February 16th  
6 - 7:30 pm  
BT Library [View Flyer](#)

**Bernards Township Pet Owners!**  
Avoid the late fee. License your pet before February 28th

[Click here for upcoming February Health Department Programs](#)

**Local COVID-19 Updates**  
[Click here to read](#)

Bernards Township Health Department  
262 South Finley Avenue  
Basking Ridge, NJ 07920  
Phone: (908) 204-3070  
Fax: (908) 204-3075  
Email: [health@bernards.org](mailto:health@bernards.org)  
Website: [www.bernardshealth.org](http://www.bernardshealth.org)



## March 2023

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

### 33rd Annual Twilight Challenge 5K

Help Prevent Substance Misuse in Bernards Township  
Sunday, June 4, 2023

**Twilight Challenge Early Bird Registration Open!**  
5K Registration \$20 until March 31st  
[Register Online](#) [Paper Registration](#)

### What Does Ending the Public Health Emergency Actually Mean?

[Learn More Here](#)

Keep a lookout for the BTHD Annual Report being posted 3/15 on our website!

**Local COVID-19 Updates**  
[Click here to read](#)

### THIS MONTH IN HEALTH MATTERS

33rd Annual Pleasant Valley Twilight Challenge 5K Race  
Early Bird Registration  
QPR Suicide Prevention Training  
Save the Date: Building a Healthy Kitchen  
Look Out for the BTHD Annual Report  
Free Radon Kits  
Upcoming BTHD Programs  
BTHD Facebook  
Local COVID-19 Updates

### Save the Date

**Building a Healthy Kitchen**  
Thurs., Apr 27th  
6:00-7:30 pm  
Bernards Township Library

### QPR Question Persuade Refer

**Suicide Prevention Training**  
Virtual  
Wed., April 26th 6:30 - 8:30 pm  
Via Zoom  
[Click here to register and view flyer](#)

Find us on

**Follow the Bernards Township Health Department on Facebook**

[Click here for upcoming Health Department Programs](#)

### ABOUT US

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Fax: (908) 204-3075

Email: [health@bernards.org](mailto:health@bernards.org)  
Website: [www.bernardshealth.org](http://www.bernardshealth.org)

## April 2023

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

### BUILDING A HEALTHY KITCHEN

Thursday, April 27  
6:00-7:30 pm  
Bernards Township Library  
32 S. Maple Ave, Basking Ridge  
Registration Required: Call 908-204-3070 to register  
[Click here to view full flyer](#)

### QPR Question Persuade Refer

**Suicide Prevention Training**  
Virtual  
Wed., April 26th 6:30 - 8:30 pm  
Via Zoom  
[Click here to register and view flyer](#)

[Click here for upcoming Health Department Programs](#)

### DEA Rx Takeback Day

Sat, Apr 22nd 10 am - 2 pm  
Dispose of your unused and expired medications safely at participating locations  
[Learn more here](#)

**Local COVID-19 Updates**  
[Click here to read](#)

### THIS MONTH IN HEALTH MATTERS

Building a Healthy Kitchen  
QPR Suicide Prevention Training  
DEA Rx Takeback Day  
Dispelling Bear Myths  
Twilight Challenge 5K Race Registration  
Up for Adoption: BeBe  
BTHD Animal Control Patch Fundraiser  
BTHD 2022 Annual Report  
Upcoming BTHD Programs  
Local COVID-19 Updates

### Dispelling Bear Myths

By Bernards Township Animal Control Officer, Michelle Santoro [READ HERE](#)

### 33rd Annual Twilight Challenge 5K

Help Prevent Substance Misuse in Bernards Township  
Sunday, June 4, 2023

**Registration is Open!**  
[Register Online](#) [Paper Registration](#)

[Click here to learn more about BeBe!](#)

**Bernards Township Health Department 2022 Annual Report**  
[Click here to read](#)

**Animal Control Patch Fundraiser**  
Buy a patch to support Bernards Township Animal Control. [Learn more here](#)

### ABOUT US

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Bernards Township Health Department  
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Basking Ridge, NJ 07920

Phone: (908) 204-3070  
Fax: (908) 204-3075

Follow the BTHD on Facebook  
Email: [health@bernards.org](mailto:health@bernards.org)  
Website: [www.bernardshealth.org](http://www.bernardshealth.org)

## May 2023

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

### Celebrate Mental Health Awareness Month

Become Mental Health First Aid Certified!

**YOUTH Mental Health First Aid**  
For adults working with youth 12 -18  
Thurs., May 11  
9:00 am - 3:00 pm  
9 Church St, Bernardsville, NJ  
[REGISTER FOR FREE](#)

**ADULT Mental Health First Aid**  
For adults who work with other adults 18+  
Thurs., May 18  
9:00 am - 4:30 pm  
Bernards Twp Library  
32 S Maple Ave, Basking Ridge, NJ  
[REGISTER FOR FREE](#)

### May is Lyme Disease Awareness Month

[Click to learn more about Lyme Disease basics and visit \[www.lymedisease.org\]\(http://www.lymedisease.org\) for more information](#)

**Local COVID-19 Updates**  
[Click here to read](#)

### THIS MONTH IN HEALTH MATTERS

Adult Mental Health First Aid  
Youth Mental Health First Aid  
Twilight Challenge 5K Race  
A Homeowner's Guide to Septic Systems  
Lyme Disease Awareness Month  
Up for Adoption: Meet Ray!  
BTHD Animal Control Patch Fundraiser  
Upcoming BTHD Programs  
Local COVID-19 Updates

Hi, I'm Ray! Up for Adoption

[LEARN MORE ABOUT RAY](#)

### 33rd Annual Twilight Challenge 5K

Help Prevent Substance Misuse in Bernards Township  
Sunday, June 4, 2023

**Registration is Open!**  
[Register Online](#) [Paper Registration](#)

[Click here for upcoming Health Department Programs](#)

### A HOMEOWNER'S GUIDE TO SEPTIC SYSTEMS

[Click Here](#)

### Animal Control Patch Fundraiser

Buy a patch to support Bernards Township Animal Control. [Learn more here](#)

### ABOUT US

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## June 2023

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

### 33rd Annual Twilight Challenge 5K

Registration is Open!  
[Register Online](#) [Paper Registration](#)

### Recipe of the Month: Watermelon Feta Salad

[Click Here](#)

### The Snake Shakes

Learn more about these slithery friends [here](#)

### Grilling & Food Safety

[Click Here](#)

**Local COVID-19 Updates**  
[Click here to read](#)

### THIS MONTH IN HEALTH MATTERS

Twilight Challenge 5K Registration  
Recipe of the Month: Watermelon Feta Salad  
The Snake Shakes  
Grilling and Food Safety  
Protect Yourself from Mosquitoes this Summer  
FREE Radon Test Kits  
Upcoming BTHD Programs  
Local COVID-19 Updates

### Happy 1 Year to the NEW HEALTH MATTERS!

### Fight the Bite All Summer!

Learn how to protect yourself from mosquitoes [here](#)

### CHECK YOUR HOME FOR RADON

FREE RADON TESTING KITS AVAILABLE NOW  
FOR RESIDENTS OF CONTRACTUAL TOWNS ONLY  
ONE KIT PER HOUSEHOLD WHILE SUPPLIES LAST  
PICK UP AT THE HEALTH DEPARTMENT

[Click here for upcoming Health Department Programs](#)

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## July 2023

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

### Recipe of the Month:

**Red, White and Blue Smoothie**  
[Click Here](#)

### Firework Safety Tips

[Click Here](#)

### Do This, NOT That

- Keep water nearby in case fireworks start a fire.
- Don't point fireworks at pets.
- Wear eye protection if you light a firework.
- Never try relighting a dud.

[Click here for upcoming Health Department Programs](#)

### Preventing Heat Related Illness

Stay cool and healthy this summer. Learn more here!  
[English](#) [Spanish](#)

### THIS MONTH IN HEALTH MATTERS

- Upcoming BTHD Programs
- Recipe of the Month
- Firework Safety
- Preventing Heat Related Illness
- Fox Facts
- Fun in the Sun
- Healthy Eats, Happy Kids
- Skin Cancer Screening
- National Night Out

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### Fox Facts

Learn more about our furry friends [here](#)

### Fun In The Sun

You can still have fun in the sun with these safety tips  
[Click Here](#)

### 2023 Skin Cancer Screening

Tuesday, July 25  
1:00 – 5:00 pm  
All the Following Village Health Centers  
1. Bernards Township Health Department  
2. Bernardsville Borough Health Center  
3. Chester Borough Health Center  
4. Long Hill Township Health Center  
5. Mendham Borough Health Center  
6. Peapack & Gladstone Borough Health Center  
Appointment Required  
Registration Starts At:  
Call 908-204-3070 to schedule  
Supports: English & Spanish

### Healthy Eats, Happy Kids!

The Bernards Township Health Department provides healthy eating tips for kids!  
[Click Here](#)

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Website: [www.bernardshealth.org](http://www.bernardshealth.org)

## August 2023

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

### Recipe of the Month:

**Healthy Camp Oatmeal**  
[Click Here](#)

### Keep Calm and Camp on

[Click Here for Camping Safety Tips](#)

[Click here for upcoming Health Department Programs](#)

### THIS MONTH IN HEALTH MATTERS

- Upcoming BTHD Programs
- National Night Out
- Recipe of the Month
- Camping Safety Tips
- Scrap the Trap
- Eat Smart to Play Hard
- Morris County NJCEED Screenings

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### NATIONAL NIGHT OUT 2023

TUESDAY, AUGUST 1 @ 6:30PM  
BERNARDS TOWNSHIP MUNICIPAL COMPLEX  
ONE COLLEGE LANE  
BASKING RIDGE, NJ

### Scrap the Trap

[Click Here](#)

### EAT SMART TO PLAY HARD

AUGUST 10TH  
10:00 AM - 1:00 PM  
BERNARDS TOWNSHIP HEALTH DEPARTMENT  
262 SOUTH FINLEY AVENUE  
BASKING RIDGE, NJ 07920  
TO REGISTER:  
Call 908-204-3070 or email [health@bernards.org](mailto:health@bernards.org)

### Upcoming Morris County NJCEED Screenings

Free cancer screenings for people without health insurance  
[English](#) [Spanish](#)

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## September 2023

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

### Recipe of the Month:

**Sheet Pan Meatloaf and Vegetables**  
[Click Here](#)

### Back-to-School Nutrition Tips

[Click Here](#)

[Click here for upcoming Health Department Programs](#)

### THIS MONTH IN HEALTH MATTERS

- Upcoming BTHD Programs
- Recipe of the Month
- Back-to-School Nutrition for Busy Families Event
- Back-to-School Nutrition Tips
- QPR Training
- I Found a Stray Dog, What do I do?
- Morris County NJCEED Screenings

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### Question Persuade Refer (QPR) Suicide Prevention Training

Thurs, Oct 19th 6:30 - 8:30 pm  
OR  
Thurs, Nov 9th 6:30 - 8:30 pm  
Via Zoom  
[Click here to register and view flyer](#)

### Keep a lookout for October Flu clinic dates

[I Found a Stray Dog, What Do I do?](#)  
[Learn more on what to do here](#)

### Upcoming Morris County NJCEED Screenings

Free cancer screenings for people without health insurance  
[English](#) [Spanish](#)

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## October 2023

# HEALTH MATTERS

Monthly Newsletter from the Bernards Township Health Department

### Recipe of the Month:

**Healthy Pumpkin Bread**  
[Click Here](#)

### Flu Season Approaches... Don't Forget Your Flu Shot!

**BTHD Flu Clinic Schedule**

[Click here for upcoming Health Department Programs](#)

### THIS MONTH IN HEALTH MATTERS

- Upcoming BTHD Programs
- Recipe of the Month
- Flu Clinics
- Coping With the Loss of a Pet
- QPR-Suicide Prevention Training
- Know Your Breasts: Early Detection is Key
- 2022 PRIDE Drug Education Survey Results

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Thurs, Oct 19th 6:30 - 8:30 pm  
OR  
Thurs, Nov 9th 6:30 - 8:30 pm  
Via Zoom  
[Click here to register and view flyer](#)

### Know Your Breasts: Early Detection is Key

When: October 19th from 5:30-8:30pm  
Where: Chester Library  
300 West Main St.  
Chester, NJ 07815  
Registration: Call 908-204-3070 or email [health@bernards.org](mailto:health@bernards.org)  
Breast Cancer Awareness Month

### 2022 PRIDE Drug Education Survey Results

**BTSD Summary Report**

Visit [www.bernardsalliance.org](http://www.bernardsalliance.org) and click "Surveys" to view school specific and detailed survey results

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## November 2023



# HEALTH MATTERS

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### Recipe of the Month

**Creamy Chicken Noodle Soup with Rotisserie Chicken**  
[Click Here](#)

### THIS MONTH IN HEALTH MATTERS

- Upcoming BTHD Programs
- Recipe of the Month
- Free Rabies Vaccine Clinics
- Fend Off Holiday Stress
- QPR Suicide Prevention Training
- Holiday Healthier
- Public Health Nurse Job Opportunity
- Free Rodent Test Kits

### FREE RABIES VACCINE CLINICS

Sat., Nov. 11, 2023	10 am - 12 pm
Sat. Jan. 13, 2024	10am - 12pm

Bernards Township Public Works Garage  
277 S. Maple Avenue  
Basking Ridge, NJ 07920

**No Appointments Necessary**

### Fend Off Holiday Stress

[Click Here](#)

[Click here for upcoming Health Department Programs](#)

### STAY CONNECTED

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### Question Persuade Refer

#### Suicide Prevention Training

**Virtual**  
Thurs, Oct 19th 6:30 - 8:30 pm  
OR  
Thurs, Nov 9th 6:30 - 8:30 pm  
via Zoom  
[Click here to register and view flyer](#)

### HOLIDAY HEALTHIER

Nourish Your Season  
DATE: THURSDAY, NOVEMBER 9, 2023  
TIME: 6:30 PM  
LOCATION: BERNARDS TOWNSHIP LIBRARY  
511 MAPLE AVE, BASKING RIDGE  
Registration Required  
Call 908.234.3075 or email [bernards@bernards.org](#)

### Monthly Newsletter from the Bernards Township Health Department

### WE ARE HIRING

[Click Here](#)

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## December 2023



# HEALTH MATTERS

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### Recipe of the Month

**Roasted Root Vegetable Stuffing**  
[Click Here](#)

### THIS MONTH IN HEALTH MATTERS

- Recipe of the Month
- Rabies Vaccine Clinics
- BT Dog & Cat Licensing
- Screenagers
- BTHD is Hiring
- Canine Respiratory Alert
- 5 Healthy Habits

### SAVE THE DATE: SCREEN AGERS NEXT CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE  
**Documentary Screening & Panel Discussion**  
Thursday, January 25, 2024  
6:30 pm Ridge PAC

### WE ARE HIRING!

[Click job title to learn more: Assistant Animal Control Officer](#)

### REPORTS OF INCREASED CANINE RESPIRATORY ILLNESS IN UNITED STATES

[Click here](#)

### 5 Healthy Habits for December

[Click here](#)

### STAY CONNECTED

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### Bernards Township Dog and Cat Licenses

Renew today! Licenses expires Jan 31, 2024  
More information [here](#)

### Monthly Newsletter from the Bernards Township Health Department

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## COMMUNICABLE/CHRONIC DISEASE SURVEILLANCE

### ZUFALL HEALTH-2023 REPORT

#### Sexually Transmitted Illness (STI) SCREENING AND TREATMENT SERVICES

<u>STI TYPE</u>	NUMBER OF CLIENTS SCREENED		NUMBER OF CLIENTS DIAGNOSED AND TREATED		NUMBER OF PREVENTIVELY TREATED CONTACTS	
	Female	Male	Female	Male	Female	Male
SYPHILLIS	0	3	0	0	0	0
GONORRHEA	1	3	0	0	0	0
CHLAMYDIA	1	3	0	0	0	0
PID	0	0	0	0	0	0
HERPES	0	0	0	0	0	0
HPV/VW	0	0	0	0	0	0
TRICHOMONIASIS	0	0	0	0	0	0
BACTERIAL VAGINOSIS	0	0	0	0	0	0
MONILIASIS	0	0	0	0	0	0
PUBIC LICE/SCABIES	0	0	0	0	0	0
UTI	2	1	0	0	0	0
HIV	0	5	0	0	0	0
<b>TOTAL NUMBER</b>	<b>4</b>	<b>15</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### PREGNANCY TESTS 2023

Number of Pregnancy Tests Performed	Number of Positive Pregnancy Tests
2	0

<b>CANCER SCREENING SERVICES 2023</b>	
<b>SCREENING TYPE</b>	<b>NUMBER SCREENED</b>
BREAST EXAMS (ages 15-34)	0
BREAST EXAMS (age 35-64)	0
CERVICAL EXAMS (ages 15-34)	0
CERVICAL EXAMS (ages 35-64)	0
COLORECTAL EXAMS (ages >40)	6
PROSTATE EXAMS (ages > 50)	0
<b>TOTAL NUMBER OF SCREENINGS</b>	<b>6</b>

**\*All clients who are screened for STIs and cancer are also provided with health education.**

<b>SCREENING TYPE</b>	<b>NUMBER OF CLIENTS SCREENED</b>
CARDIOVASCULAR RISK FACTOR	22
DIABETES	2

<b>ZUFALL HEALTH TOTAL PATIENTS</b>	<b>TOTAL VISITS</b>
24	24

<b>2023 COMMUNICABLE DISEASE REPORTS</b>							
<b>(P = Probable Case)</b>							
<b>Disease</b>	<b>BT</b>	<b>BV</b>	<b>CB</b>	<b>LH</b>	<b>MB</b>	<b>PG</b>	<b>TOTAL 2023</b>
<b>P = Probable Case</b>							
<b>Amoebiasis</b>	0	0	0	0	0	0	<b>0</b>
<b>Babesiosis</b>	4	0	0	0	0	1	<b>5</b>
<b>Botulism - Infant</b>	0	0	0	0	0	0	<b>0</b>
<b>Campylobacteriosis</b>	2 5P	0 2P	0	0 1P	0 2P	0	<b>2 10P</b>
<b>Chikungunya</b>	0	0	0	0	0	0	<b>0</b>
<b>Cholera</b>	0	0	0	0	0	0	<b>0</b>
<b>COVID-19</b>	385 184P	76 23P	39 19P	105 41P	45 98P	37 25P	<b>687 390P</b>
<b>Cryptosporidiosis</b>	1	0	0	1	1	0	<b>3</b>
<b>Cyclosporiasis</b>	0	0	0	0	0	0	<b>0</b>
<b>Dengue Fever</b>	0	0	0	1	0	0	<b>1</b>
<b>Ehrlichiosis/Anaplasma Phagocytophilum (Previously HGE)</b>	0	1	0	1	0	0	<b>2</b>
<b>Erlichiosis/Anaplasmosis Erlichia Chaffeensis (Previously HME)</b>	0	0	0	0	0	0	<b>0</b>
<b>Giardiasis</b>	1	0	0	0	0	0	<b>1</b>
<b>Haemophilus Influenzae</b>	0	1	0	0	0	0	<b>1</b>
<b>Hepatitis A</b>	0	0	0	0	0	0	<b>0</b>
<b>Hepatitis B - Acute</b>	2	0	1	0	0	0	<b>3</b>
<b>Hepatitis B - Chronic</b>	0	0	0	0	0	0	<b>0</b>
<b>Hepatitis C - Acute</b>	0	0	0	0	0	0	<b>0</b>
<b>Hepatitis C - Chronic</b>	1	1	0	0	0	0	<b>2</b>
<b>Influenza, Human Isolates - Type A H3</b>	1	0	0	0	0	0	<b>1</b>
<b>Influenza, Human Isolates - Type A H1</b>	0	0	0	0	0	0	<b>0</b>
<b>Influenza, Human Isolates</b>	0	0	0	0	0	0	<b>0</b>

Disease	BT	BV	CB	LH	MB	PG	TOTAL 2023
Influenza, Human Isolates Type 2009 H1N1	0	0	0	0	0	0	0
Influenza, Human Isolates – Type A (Subtyping not done)	0	0	0	0	0	0	0
Influenza, Human Isolates, Type A H3 (Subtyping not done)	0	0	0	0	0	0	0
Influenza, Human Isolates Type B (Subtyping not done)	0	0	0	0	0	0	0
Legionellosis	1	0	0	0	0	0	1
Lyme Disease	1 40P	0 19P	2 6P	7 8P	0 12P	0 19P	9 104P
Meningococcal Disease (Neisseria Meningitidis)	0	0	0	0	0	0	0
Mumps	0	0	0	0	0	0	0
Pertussis	1	0	0	0	0	0	1
Salmonellosis	1	0	0	0	0	0	1
Salmonellosis – Non-Typhoid	5	1	1	1	1	2	11
Shiga Toxin Producing E. Coli (STEC-NON O157-H7)	1	1	0	0	0	0	2
Shigellosis- NON O157:H7	0 1P	0	0	0	0	0	0 1P
Streptococcus Pneumoniae	1	0	0	0	0	0	1
Streptococcus Pyogenes (GAS) Without Toxic Shock Syndrome	1	0	0	0	0	0	1
Yersiniosis	0	0	0	0	0	0	0
Varicella	0	1	0	0	0	0	1
Vibrio Infection (Other than V Cholera SPP)	0	1	0	1	0	0	2
West Nile Virus (WNV)	0	0	0	0	0	0	0
<b>TOTAL</b>	<b>409 230P</b>	<b>83 44P</b>	<b>43 25P</b>	<b>117 50P</b>	<b>47 110P</b>	<b>40 44P</b>	<b>738 505P</b>

COMMUNICABLE DISEASE INVESTIGATION HOURS Atlantic Health Visiting Nurses Association (VNA)					
Town	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter	Per Town
Bernards Township	7	10	0	0	17
Bernardsville Borough	0	0	0	0	0
Chester Borough	0	1	0	6	7
Long Hill Township	2	0	4	0	6
Mendham Borough	2	1	0	0	3
Peapack and Gladstone Borough	2	0	0	0	2
<b>TOTAL</b>	<b>13</b>	<b>12</b>	<b>4</b>	<b>6</b>	<b>35</b>

VNA OFFICE BLOOD PRESSURE SCREENING		
Hypertension screening and health counseling at the Visiting Nurse Association office on Tuesday and Thursdays from 8:30-9:30 am and Monday - Thursday from 3:30 to 4:00 pm		
Town	# Residents	# of Hours Total
Bernards Township	0	0

SENIOR CITIZEN HOME VISITS		
TOWN	Number of Visits	Hours
Bernards Township	6	9
Bernardsville Borough	0	0
Chester Borough	0	0
Long Hill Township	3	4.5
Mendham Borough	0	0
Peapack and Gladstone Borough	1	1.5
<b>TOTAL HOME VISITS FOR 2023</b>	<b>10</b>	<b>15</b>
<i>*These numbers reflect only COVID-19/Flu vaccinations given to the homebound</i>		





## SENIOR CITIZEN HEALTH MAINTENANCE AND EDUCATION

<b>2023</b>	<b>New Patients</b>	<b>Return Patients</b>	<b>TOTAL Patients</b>	<b>Hours</b>
<b>Bernards Township/ Bernardsville Borough</b>	17	249	266	31
<b>Chester Borough</b>	7	67	74	20
<b>Long Hill Township</b>	6	80	86	24.5
<b>Mendham Borough</b>	3	22	25	8
<b>Peapack and Gladstone Borough</b>	2	34	36	8.75
<b>TOTAL</b>	<b>35</b>	<b>452</b>	<b>487</b>	<b>92.25</b>

## SCHOOL AUDITS

State-mandated immunization program school audits completed.

<b>Town</b>	<b># Schools Audited</b>	<b>Hours</b>
<b>Bernards Township</b>	24	120
<b>Bernardsville Borough</b>	7	32
<b>Chester Borough</b>	1	5
<b>Long Hill Township</b>	8	40
<b>Mendham Borough</b>	2	10
<b>Peapack and Gladstone Borough</b>	1	5
<b>TOTAL</b>	<b>43</b>	<b>212</b>

2023 CLINICS AND SCREENINGS – NON COVID-19			
Program	Date	Participants	Professional Collaborators
<b>Skin Cancer Screening</b>	July 25 <sup>th</sup>	32	Dr. Elizabeth Quigley
<b>Seasonal Flu Shot Clinics</b>	Oct 11 <sup>th</sup> <i>St James Church</i>	75	Atlantic Health Visiting Nurses Association
	Oct 12 <sup>th</sup> <i>Garabrant Center</i>	5	
	Oct 20 <sup>th</sup> <i>PG Mun Gym</i>	17	
	Oct 26 <sup>th</sup> <i>B'Ville Library</i>	17	
	Homebound Visits	5	

2023 HEALTH EDUCATION PROGRAMS			
Program	Date	Participants	Professional Collaborators
The Doctor is In: Women and Stroke	February 9, 2023	17	Dr. Boccia Liang
Staying Young at Heart	February 16, 2023	16	Elisa England RD, Ellen Petrosino RD - Nourish and Thrive Nutrition Center
Building a Healthy Kitchen: with Elisa England RD and Ellen Petrosino RD	April 27, 2023	18	Elisa England RD, Ellen Petrosino RD - Nourish and Thrive Nutrition Center
Health & Safety Days - Day 1	July 14, 2023	100	Andrea Huber, Riya Patel
Healthy Eats, Happy Kids	July 17, 2023	13	Andrea Huber, Riya Patel
Health & Safety Days - Day 2	July 21, 2023	100	Andrea Huber, Jaclyn Handwerger
Health & Safety Days - Day 3	July 21, 2023	100	Andrea/Jackie
MyPlate	August 9, 2023	32	Andrea Huber, Riya Patel

Eat Smart to Play Hard	August 10, 2023	15	Andrea Huber, Riya Patel
Back to School Nutrition	September 12, 2023	17	Elisa England, Ellen Petrosino
Calci-Yum	October 8, 2023	9	Andrea Huber, Riya Patel
Know Your Breasts: Early Detection is Key	October 11, 2023	5	Dr. Linda Aboody – Memorial Sloan Kettering
Holiday Healthier	November 2, 2023	7	Elisa England RD, Ellen Petrosino RD - Nourish and Thrive Nutrition Center

### **RISK COMMUNICATION & EMERGENCY PREPAREDNESS:**

- Utilized the RAVE Alert system to send out emergency health updates.
- Updated all emergency rosters and databases for six (6) towns.
- Updated Bernards Township Health Department Call Roster for After Hours and Weekend Emergencies.
- Continued to update BT Health Department Social Service Resource pages as needed.
- Continued to update information sheets for communications/shelters for six (6) towns.



## COVID-19 MANAGEMENT & MITIGATION MONTH BY MONTH

*\*occurred every month*

### January

- The Local Health Outreach Coordinator (LHOC) continued to work to identify the vulnerable populations in our jurisdictions and identify gaps to help address the needs of COVID-19 positive and exposed persons:
  - Coordinated homebound vaccinations for individuals who are bedridden and/or disabled
  - Continued to catalog a list of available resources to help vulnerable populations access critical resources such as social services, mental health services, and general healthcare. Also included access to resources like food banks, mental health services, visiting nurses, telehealth solutions, and other community programs
  - Prioritized COVID-19 response initiatives such as weekly COVID-19 testing and vaccination clinics
  - Regularly monitored COVID-19 related data received through testing and contact tracing
  - Worked with other local health department LHOCs in NJ to create collaborative opportunities and resources through monthly meetings
  - Collaborated with local faith-based organizations to implement COVID-19 testing and vaccination clinics in underserved communities, as well as preventative health initiatives
- **Vaccination Efforts**
  - Vaccine clinics were conducted throughout January at Saint James Church.
  - The Health Department offered Pediatric Pfizer (5-11) Bivalent Boosters, Pfizer Bivalent Boosters for 12+ and Moderna Bivalent Boosters for 18+.
  - Staff responsibilities for vaccination clinics were continuously discussed as vaccine supply and demand change.
  - Clinic supplies have been assessed and prepared to ensure we can continue vaccination efforts. The Public Health Nurse ordered supplies and maintained inventory.
  - Contacted volunteers as needed according to skills and vaccine demand. We have utilized licensed medical professional volunteers, as well as Spanish-speaking volunteers.

	<ul style="list-style-type: none"> <li>Received vaccine allocations as requested for Pfizer and Moderna bivalent boosters.</li> <li>Monitored COVID daily reporting at local long-term care facilities. Acting as a liaison between the state and facilities as needed.</li> <li>Weekly COVID-19 NJ Office of Local Public Health calls and distribution of new info to staff.</li> <li>Stayed up to date on the COVID-19 vaccination process in New Jersey via weekly State-led vaccinator calls.</li> <li>Followed up on contact tracing in CDRSS conducted by staff. Statistics compiled on COVID-19 infections.</li> </ul>
<b><u>February</u></b>	<ul style="list-style-type: none"> <li>Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering J&amp;J, Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations.</li> </ul>
<b><u>March</u></b>	<ul style="list-style-type: none"> <li>Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering J&amp;J, Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations. Additionally, 1 homebound vaccination was conducted by the Public Health Nurse, as well as 1 Pfizer Bivalent vaccination at St. Bernards Church in Bernardsville, NJ.</li> </ul>
<b><u>April</u></b>	<ul style="list-style-type: none"> <li>Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering J&amp;J, Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations.</li> </ul>
<b><u>May</u></b>	<ul style="list-style-type: none"> <li>Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering J&amp;J, Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations. Additionally, 8 homebound vaccinations were conducted by the Public Health Nurse.</li> </ul>
<b><u>June</u></b>	<ul style="list-style-type: none"> <li>Provided weekly COVID-19 vaccination clinics at St. James Church in Basking Ridge, offering Moderna and Pfizer vaccines for adult and pediatric (5-11 yr. old) populations.</li> </ul>
<b><u>July</u></b>	<ul style="list-style-type: none"> <li>No COVID-19 vaccinations were offered during the month of July.</li> </ul>
<b><u>August</u></b>	<ul style="list-style-type: none"> <li>No COVID-19 vaccinations were offered during the month of October.</li> </ul>
<b><u>September</u></b>	<ul style="list-style-type: none"> <li>No COVID-19 vaccinations were offered during the month of September.</li> </ul>
<b><u>October</u></b>	<ul style="list-style-type: none"> <li>Flu clinics were held to decrease the incidence of respiratory illness in the Bernards Township area.</li> <li>No COVID-19 vaccinations were offered during the month of October.</li> </ul>
<b><u>November</u></b>	<ul style="list-style-type: none"> <li>No COVID-19 vaccinations were offered during the month of November.</li> </ul>
<b><u>December</u></b>	<ul style="list-style-type: none"> <li>The Public Health Nurse provided homebound COVID-19 vaccinations, solely offering Moderna for adults.</li> </ul>

**The New Jersey Department of Health (NJDOH)  
Office of Local Public Health's (OLPH)  
Strengthening Local Public Health Capacity Program**

- The Strengthening Local Public Health Capacity Program is a non-competitive grant funding opportunity offered to all eligible non-LINCS Agency local health departments (LHDs) to boost public health capacity during the COVID-19 response. Bernards Township Health Department was awarded **\$274,735** for the project period 7/1/2022 – 6/30/2023, as well as an additional **\$495,411** for the project period 7/1/2023 – 6/30/2024.
- Funding categories include:
  - a). Outbreak Preparedness (OP)** to strengthen outbreak preparedness/response capacity by reimbursing eligible COVID-19 and other infectious disease-related expenses - **\$21,606** (2022-2023), **\$30,008** (2023-2024)
  - b). Local Health Outreach Coordinator (LHOC)** to hire full-time personnel to assess, mitigate, and respond to populations disproportionately affected by the social and health impacts of COVID-19 and other infectious diseases - **\$123,529** (2022-2023), **\$183,822** (2023-2024)
  - c). Infectious Disease Preparedness Generalist (IDPG)** to hire full-time personnel to assist with outreach to populations disproportionately affected by COVID-19 and other infectious diseases, POD planning, logistics, testing, and contact tracing, etc. - **\$129,600** (2022-2023), **\$192,216** (2023-2024)
  - d). Public Health Accreditation (ACC)** to strengthen public health infrastructure and transform governmental public health by supporting LHDs seeking voluntary national public health accreditation through the Public Health Accreditation Board (PHAB). **\$89,365** (2023-2024)
- **LHOC Deliverables:**
  - Managed all program activities and finances of state-funded grants to comply with NJDOH requirements.
  - Created and submitted quarterly progress reports encapsulating all program activities during the quarter.
  - Assisted the Chief Financial Officer in creating quarterly budget reports for state-funded grants.
  - Communicated with faith-based organizations to provide healthcare resources for underserved populations, specifically those with limited to no health insurance.



- Coordinated a homebound, vaccination program to allow bedridden and disabled community residents to access COVID-19/flu vaccines in their homes.
  - Organized monthly meetings with other LHOCs to collaborate and discuss best practices to help serve at-risk populations in local communities.
  - Worked closely with the NJDOH Program to manage state-funded grants.
  - Maintained a vulnerable populations email distribution list to disseminate pertinent information to community partners regarding COVID-19 prevention, vaccination, testing, contact tracing, and social support messaging.
  - Participated in monthly/quarterly meetings with local stakeholders including faith-based organizations, state/county health departments, LINCS Social Support Coordinators, and Federally Qualified Health Centers (FQHCs).
  - Attended quarterly NJDOH Grantee meetings to share progress and best practices.
  - Provided testing and vaccination statistics to the County LINCS agency through weekly surveys.
  - Utilized the System for Administering Grants Electronically (SAGE) to track and manage grant-related activities.
  - Distributed COVID-19 rapid antigen test kits to local organizations including but not limited to libraries, senior living facilities, long-term care facilities, assisted-living facilities, daycares, schools, and faith-based organizations.
  - Re-applied for additional funding from the Strengthening Local Public Health Capacity grant.
- **IDPG Deliverables:**
    - Assisted the LHOC with coordination of COVID-19 vaccine and testing clinics.
    - Assisted in the operation of weekly COVID-19 vaccine clinics sponsored by the Health Department until 06/2023.
    - Assisted LTCs, Assisted Living, and schools with COVID-19 and other Communicable Disease Outbreaks.
    - Assisted with vaccine delivery and refrigerator monitoring.
    - Assisted the LHOC and Public Health Nurse with coordinating a homebound, vaccination program to allow bedridden and disabled community residents to access COVID-19 vaccines in their homes.
    - Created signage for COVID-19 clinics in each of the 6 communities.
    - Created and submitted quarterly progress reports encapsulating all program activities during the quarter.
    - Attended quarterly NJDOH Grantee meetings to share progress and best practices.
    - Assisted COVID-19 rapid antigen test kit distribution to local organizations including but not limited to libraries, senior living facilities, long-term care

facilities, assisted-living facilities, daycares, schools, and faith-based organizations

- Provided tickborne disease educational material to the community through the Health Department website, social media, and rabies clinics.
- Posted tickborne awareness signs at local parks and distributed tick removal cards to the community.

### **The New Jersey Department of Health (NJDOH) Office of Local Public Health's (OLPH) COVID-19 Vaccination Supplemental Funding Program**

- **Grant period: 7/1/2021-6/30/2024**
- The COVID-19 Vaccination Supplemental Funding Program is a non-competitive grant funding opportunity offered to county and local health departments (LHDs) to support COVID-19 and other adult vaccination efforts among populations disproportionately affected by COVID-19 and other infectious diseases.
- This program provides funding to LHDs to integrate COVID-19 vaccination and education into existing LHD programs, continue to implement mobile/off-site COVID-19 vaccinations, and partner with trusted faith or community-based organizations to conduct vaccine educational outreach sessions to increase vaccine confidence in racial and ethnic minority groups.
- Bernards Township Health Department was awarded a total of \$120,000 to hire a Public Health Nurse to expand vaccination efforts and fund any vaccine-related purchases.
- **Project Deliverables:**
  - Attended quarterly NJDOH Grantee meetings to share progress and best practices.
  - Participated in weekly evening and weekend vaccination clinics.
  - Worked with underserved populations and faith-based organizations to encourage vaccine uptake.
  - Created and submitted quarterly progress reports encapsulating all program activities during the quarter.
  - Vaccinated individuals aged 5 years and older at weekly/monthly vaccination clinics.
  - Vaccinated homebound and disabled individuals.
  - Maintained inventory of clinical supplies necessary for vaccine clinics.
  - Partnered, planned, and implemented vaccination and other health-related screening activities with critical organizations including churches and FQHCs.
  - Partnered with trusted faith-based organizations to conduct educational sessions among racial and ethnic minority groups.

- Integrated COVID-19 vaccination and education into existing local health department programs.

## New Jersey Association of County and City Health Officials' (NJACCHO) Enhancing Local Public Health Infrastructure Grant

- **Grant period: 10/1/2022-6/30/2024**
- The Enhancing Local Public Health Infrastructure Grant offers funding to Local Health Departments to achieve a variety of programmatic goals to create long-term infrastructure improvements, while planning for health equity, diversity, inclusion, and accessibility.
- Bernards Township Health Department uses these funds to strengthen organizational capacity to drive progress on public health priorities and increase capacity across the department.
- Bernards Township Health Department was awarded a total of \$632,102 for the project period 10/1/2022 – 6/30/2024.
- **Project Deliverables:**
- Strengthen organizational capacity to drive progress on public health priorities and increase capacity across the local health department.
- Create new hire positions to support grant-specific goals and initiatives.



## 2023 BERNARDS TOWNSHIP HEALTH DEPARTMENT COVID-19 VACCINE CLINICS

JANUARY	
Clinic Date	Daily Total
1/10	14
1/17	14
1/26	25
1/31	6
<b>January Monthly Total</b>	<b>59</b>

FEBRUARY	
Clinic Date	Daily Total
2/7	3
2/28	6
<b>February Monthly Total</b>	<b>9</b>

MARCH	
Clinic Date	Daily Total
3/7	5
3/14	7
3/28	5
3/30	1
<b>March Monthly Total</b>	<b>18</b>

APRIL	
Clinic Date	Daily Total
4/4	2
4/25	13
<b>April Monthly Total</b>	<b>15</b>

MAY	
Clinic Date	Daily Total
5/2	4
5/9	10
5/18	3
5/23	26
5/25	3
5/30	10
<b>May Monthly Total</b>	<b>56</b>

JUNE	
Clinic Date	Daily Total
6/6	5
6/13	2
6/20	2
6/27	3
<b>June Monthly Total</b>	<b>12</b>

**TOTAL COVID-19 VACCINE DOSES ADMINISTERED IN 2023: 179**  
(including homebound vaccine doses)



## 2023 BERNARDS TOWNSHIP HEALTH DEPARTMENT COVID-19 TESTING CLINICS

JANUARY	Total Tested	# Positive	% Positive
1/5	3	1	33%
1/12	5	0	0%
1/19	4	0	0%
1/26	5	1	20%
<b>Total</b>	17	2	12%

**TOTAL COVID-19 TESTS  
ADMINISTERED IN 2023: 63**

FEBRUARY	Total Tested	# Positive	% Positive
2/2	11	1	9%
2/9	4	0	0%
2/16	7	1	14%
2/23	5	1	20%
<b>Total</b>	27	3	11%

MARCH	Total Tested	# Positive	% Positive
3/2	4	1	25%
3/9	2	0	0%
3/16	4	0	0%
3/23	4	1	0%
3/20	2	0	0%
<b>Total</b>	16	2	12.5%

APRIL	Total Tested	# Positive	% Positive
4/6	3	0	0%
4/13	0	0	0%
4/20	0	0	0%
4/27	0	0	0%
<b>Total</b>	3	0	0%



## MUNICIPAL ALLIANCE/YOUTH SERVICES COMMISSION

- 9 meetings were held. The Municipal Alliance meets monthly except for July & August. November was cancelled due to Election Day.
- New members welcomed: Kathleen Grochala and Jennifer Asay (Township Committee Liaison), Lily Wong (Citizen Representative), Ed Rubino (Citizen Representative), Andy Lee (Student Representative).

## MUNICIPAL ALLIANCE/YOUTH SERVICES PROGRAMS

### QPR (Question, Persuade, Refer) Training January 18<sup>th</sup>



- In-person QPR Training in partnership with EmPOWER Somerset.
- The mission of **QPR** is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. In 3 steps anyone can learn to prevent suicide.
- QPR covers: How to Question, Persuade and Refer someone who may be suicidal; How to get help for yourself or learn more about preventing suicide; The common causes of suicidal behavior; The warning signs of suicide and How to get help for someone in crisis.
- 11 people participated.

### ACES – Adverse Childhood Experiences Training February 15<sup>th</sup>

- Sponsored by the Somerset County Municipal Alliances and CASA Shaw.



### RACE to be Human– Virtual Documentary Screening and Panel Presentation February 16<sup>th</sup>

- Virtual documentary screening and panel presentation. Presentation sponsored by the Somerset County Municipal Alliance network.
- RACE to be Human is a documentary film addressing the impact of race and racism on mental health through the lens of students, experts, and educators as well as how to collectively move forward towards equality.
- 200 people attended


### QPR (Question, Persuade, Refer) Training February 22<sup>nd</sup>

- Virtual QPR training in partnership with EmPOWER Somerset



	<ul style="list-style-type: none"> <li>• 10 people participated</li> </ul>
<b>National Drug and Alcohol Facts Week</b> <i>March 20-26<sup>th</sup></i>	<ul style="list-style-type: none"> <li>• Posted drug and alcohol facts daily on Facebook during the week.</li> </ul>
<b>Spring DEA Takeback Day</b> <i>April 22<sup>nd</sup></i>	<ul style="list-style-type: none"> <li>• Promoted in the Somerset Hills Area.</li> </ul>
<b>Mental Health Awareness Month</b> <i>May 2023</i> 	<ul style="list-style-type: none"> <li>• Posted mental health awareness on Facebook, including mental health condition information, mental health statistics and links to local resources.</li> <li>• Held a QPR, Mental Health First Aid Training and Youth Mental Health First Aid Training in partnership with Community in Crisis and EmPOWER Somerset. <ul style="list-style-type: none"> <li>• YMHFA – May 11<sup>th</sup> – 3 participants</li> <li>• MHFA – May 18<sup>th</sup> – 7 participants</li> <li>• QPR – May 25<sup>th</sup> – 10 participants</li> </ul> </li> </ul>
<b>Charter Day</b> <i>May 20<sup>th</sup></i> 	<ul style="list-style-type: none"> <li>• Annual Charter Day celebration in Bernards Township.</li> <li>• Municipal Alliance and REACH had a table to promote upcoming programs and provide information to residents.</li> </ul>



<b>33<sup>rd</sup> Annual Pleasant Valley Twilight Challenge 5K</b> <i>June 4<sup>th</sup></i> 	<ul style="list-style-type: none"> <li>• Record-breaking number of runners at 217 registered runners, 10 Health Walkers, and 30 Lollipop Loop participants.</li> <li>• Continued partnership with Athletifreak to sponsor Lollipop Loop and awards.</li> <li>• Somerset County YMCA joined on Race Day to sponsor a post-race cool down.</li> <li>• Raised over \$5,000 in sponsorships and race day fees.</li> </ul>
<b>National Night Out</b> <i>August 1<sup>st</sup></i>	<ul style="list-style-type: none"> <li>• National Night Out is a community-police awareness raising event held annually.</li> <li>• Raises awareness about police programs like drug prevention, town watch, neighborhood watch, etc.</li> <li>• Partners included the Bernards Township Police Department, Fire Department, EMS.</li> </ul>
<b>Movie Night with Parks and Recreation</b> <i>August 8<sup>th</sup></i>	<ul style="list-style-type: none"> <li>• Collaborative event with REACH and Bernards Township Parks and Recreation.</li> <li>• “Teen” aimed movie night – “Top Gun Maverick”.</li> <li>• Municipal Alliance information table.</li> <li>• Over 200 movie-goers.</li> </ul>
<b>Suicide Prevention Week</b> <i>September 8<sup>th</sup></i>	<ul style="list-style-type: none"> <li>• Provided resources to students alongside Community in Crisis and Stigma Free Somerset County.</li> </ul>
<b>QPR (Question, Persuade, Refer) Training</b> <i>October 19<sup>th</sup></i>	<ul style="list-style-type: none"> <li>• Virtual QPR training in partnership with EmPOWER Somerset</li> <li>• 14 people attended</li> </ul>
<b>Fall DEA RX Takeback Day</b> <i>October 28<sup>th</sup></i>	<ul style="list-style-type: none"> <li>• Promoted in the Somerset Hills Area.</li> </ul>
<b>Pumpkin Smash</b> <b>Nov 4<sup>th</sup></b>	<ul style="list-style-type: none"> <li>• Collaborative program with the Bernards Township Health Department, Environmental Commission, and Agricultural Commission.</li> </ul>

	<ul style="list-style-type: none"> <li>• 250 participants attended the event at Dogwood Farms to destroy old jack-lanterns safely.</li> <li>• Pumpkins were then fed to pigs at the farm to dispose of them in an environmentally friendly way.</li> </ul>
<b>QPR (Question, Persuade, Refer) Training</b> <i>November 9<sup>th</sup></i>	<ul style="list-style-type: none"> <li>• Virtual QPR training in partnership with EmPOWER Somerset</li> <li>• 1 person participated.</li> </ul>
<b>Great American Smokeout</b> <i>November 16<sup>th</sup></i>	<ul style="list-style-type: none"> <li>• Awareness day held every third Thursday in November to encourage individuals to quit smoking or to form a plan to quit smoking.</li> <li>• Promoted NJ-based quitting resources on Facebook.</li> </ul>



## RIDGE EDUCATION ACTION & COMMUNITY HEALTH (REACH)

- Sponsored by Bernards Township Youth Services Commission
- Meets twice a month except for July and August.
- 5 seniors graduated from Ridge High School and REACH in June 2023.

### REACH INITIATIVES

#### Instagram

- Continued posts on healthy lifestyle activities, local programs including Municipal Alliance programming, mental health awareness, substance misuse prevention, and LMTI information.

#### Healthy Activities



- Promoted healthy activities, especially staying active, eating nutritious food, getting enough sleep, and spending time outside as the past few years of COVID had many people spending time inside.
- Laser Tag and other kinds of active movement team bonding.
- Pumpkin Painting – Spent time outside being creative and painting pumpkins as a group.

#### Community Awareness



- Attended the 24<sup>th</sup> Annual Somerset County Youth Council Conference: Choosing You – Healthy Vibes Only
- Volunteered at Charter Day 5/20.
- Volunteered at Twilight Challenge 5K 6/4.
- Volunteered at National Night Out 8/1
- Volunteered at Back to School Nights 9/28 and 10/5.
- Volunteered at the Pumpkin Smash – 11/4.



## Youth Summit Day

April 2<sup>nd</sup>



- REACH helped at Youth Summit Day at William Annin Middle School.
- REACH performed their UBU skit which showcases different stereotypes and how to not judge a book by its cover and to be less judgmental of peers.
- This year staff from the Lindsey Meyer Teen Institute came to Youth Summit Day to do workshops for the 8<sup>th</sup> graders on the themes of Diversity and Respect and Positively Me.
- REACH presented their workshop on REACH, mental health, substance misuse, natural highs, and how to handle high school.
- The day finished off with Kevin Wanzer presenting on how to “find the funny in life” and be a friend to one another.



## LMTI (LINDSEY MEYER TEEN INSTITUTE)

### Summer Leadership Conference

*Aug 21-25*



	Applied	Attended
<b>College Age TI Staff (CATS)</b>	0	0
<b>Youth Advisory Council (YAC)</b>	7	7
<b>Nominated 8<sup>th</sup> graders</b>	45	5
<b>Return Campers</b>	-	3
<b>Camp Topic</b>	<ul style="list-style-type: none"> <li>• Empowering New Jersey students to create positive change in their communities.</li> <li>• Students heard from motivational speakers and participated in workshops to create an action plan to implement in Bernards Township.</li> </ul>	
<b>REACH 2023-2024 Action Plan</b>	<ul style="list-style-type: none"> <li>• Cross age teaching will be the focus of the 2023-2024 school year including involving the 8<sup>th</sup> grade students in discussion around events like Youth Summit Day</li> </ul>	
<b>Fall Leadership Conference</b> <i>Nov 10-12</i>	<ul style="list-style-type: none"> <li>• 2 REACH students attended the Fall Leadership Conference held at Camp Mason.</li> <li>• Smaller more intimate student leadership conference also focused on empowering students to create change in their hometowns</li> </ul>	





## GRAB AND GO TEEN OUTREACH

### Grab and Go Teen Outreach



- Former Competitive Grant program sponsored by the Youth Services Commission, currently added to the Annual Grant - \$1,000
- Collaborated with the Bernards Township Library to sponsor DIY craft kits aimed at students in grades 7-12. COVID-19 pandemic caused a lot of isolation and boredom amongst teens. GNG aimed to stimulate teen's minds in a healthy way with mindful and exciting crafts. Received the Competitive Grant for 2 years.
- Reformatted to give out 4 quarterly kits during the Bernards Township School District School Year: Back to School, Winter Break, Valentines Day, and AP Testing/Mental Health Awareness Month – extending into 2024.
- **Kits assembled:**
  - **December 2023** – Winter Break Wellness Kits – 50 kits assembled and picked up.

<b>COPE (Creating Opportunities for Positive Emotions)</b>	
<b>Creating Opportunities for Positive Emotions</b>	<ul style="list-style-type: none"> <li>• Competitive Grant program sponsored by the Youth Services Commission - \$4,000. This is Year 2 of the grant.</li> <li>• The COPE (Creating Opportunities for Positive Emotions) Program provides all elementary students in Bernards Township with the opportunity to learn how to cope with difficult emotions as well as the tools necessary to do so.</li> <li>• COPE provides students with opportunities to learn how to identify and label their emotions as well as how to cope with these feelings.</li> <li>• Through COPE, each classroom in grades kindergarten through fifth grade in Bernards Township gained access to a COPE kit. 144 kits total.</li> <li>• Children have access to emotion cards that will assist in emotion identification and coping cards to assist in managing these emotions (i.e., take a deep breath, count to ten, draw a picture, use a fidget, go for a mindful walk in the hallway, think of a happy thought, etc.).</li> <li>• This coping kit includes coping cards, coloring paper, crayons, and a variety of sensory tools to be used when a child is experiencing a heightened emotion within the classroom.</li> <li>• COPE also provided each Elementary School Counselor with 40 new Social and Emotional Learning related books.</li> <li>• In Year 2 the focus was to purchase curriculum off Teachers Pay Teachers to focus on the school counselors. Curriculum examples included grief counseling, problem solving and conflict resolution, diversity and tolerance, self-esteem, and cognitive behavioral therapy. -</li> </ul>



## GRANT AWARDS

**Youth Services Commission:** The Bernards Township Youth Services Commission was awarded the \$5,000 Annual Grant to fund REACH and Grab n Go Teen Outreach

**Youth Services Commission Competitive Grant:** Applied and received \$4,000 to fund COPE (Creating Opportunities for Positive Emotions) kits to provide emotional stress relief and support to all elementary school students and provide SEL books to elementary school counselors.

**2023 Municipal Alliance:** Request for Funding Allocation (RFA) was submitted in December 2022 for FY 2023 \$10,089.19.

**2024 Municipal Alliance:** Request for Funding Allocation (RFA) was submitted in April 2023 for FY2024 for \$10,107.42.

**2023 DMHAS Grant Funding:** Request for Funding Allocation (RFA) was submitted in May 2022 for additional Municipal Alliance funding for \$3,702.50.

**2024 DMHAS Grant Funding:** Request for Funding Allocation (RFA) was submitted in April 2023 for FY 2024 for \$4,231.44

**Opioid Settlement Funding:** \$13,330.53 – Settlement funds from major pharmaceutical companies sent to state and local municipalities and used for programs that focus on treatment, prevention, and other strategies to combat the opioid epidemic.



## 2023 BT HEALTH DEPARTMENT STAFF PROFESSIONAL LICENSURE/CERTIFICATIONS/ACCREDITATIONS:

### ***Kaitlin V. Cartoccio, MPH, MCHES, DRCC:***

- Master Certified Health Education Specialist (MCHES) #19897
- Bernards Municipal Alliance
- Disaster Response Crisis Counselor (DRCC)
- Community in Crisis
- Safe Communities Coalition
- Local Emergency Preparedness Committee (LEPC): Bernards Township
- Masters Public Health (MPH) - Rutgers University
- National Society for Public Health Educators (SOPHE)
- New Jersey SOPHE member and President Elect (2023)
- Rutgers Center For Executive Leadership In Government
- Dale Carnegie “Develop Your Leadership Potential: Stop Doing, Start Leading” 2022
- Dale Carnegie Certificate “High Impact Presentations” 2023
- American Red Cross First Aid Certified

### ***Tricia Cowell, Senior REHS:***

- Registered Environmental Health Specialist  
License #B-102153
- Health Officer License #A-102153
- Certified Municipal Registrar (CMR) #5256
- Awarded Mini Master of Public Administration  
through Rutgers Center for Executive Leadership  
in Government
- Master Public Health (MPH), Southern New  
Hampshire University
- Lead Inspector/Risk Assessor
- Local Emergency Preparedness Committee  
(LEPC): Bernardsville Borough, Long Hill  
Township, and Peapack and Gladstone Borough
- Bernardsville Borough and Chester Borough  
Boards of Health
- New Jersey Environmental Health Association
- Notary Public
- Dale Carnegie “Develop Your Leadership Potential: Stop Doing, Start Leading” 2023
- American Red Cross First Aid Certified



## 2023 BT HEALTH DEPARTMENT STAFF PROFESSIONAL LICENSURE/CERTIFICATIONS/ACCREDITATIONS (CONTINUED):

### ***Nancy Dowd, REHS:***

- Registered Environmental Health Specialist # B-102051
- Pest Control License
- Mendham Borough Board of Health
- New Jersey Environmental Health Association
- Lead Inspector/Risk Assessor
- American Red Cross First Aid Certified

### ***Jaclyn Handwerger, REHS***

- Registered Environmental Health Specialist # B-173974
- New Jersey Environmental Health Association
- Servsafe Food Protection Manager
- OSHA 10- Hour General Industry Safety and Health
- American Red Cross First Aid Certified

### ***Andrea Huber, MS***

- Health Educator/Public Health Nutritionist
- Masters Nutrition and Food Science – Montclair State
- Didactic Program in Dietetics - Montclair State
- Dietetic Internship – Iowa State
- Academy of Nutrition and Dietetics
- New Jersey SOPHE member
- OSHA – 10 Hour General Industry Safety and Health
- Morris Somerset Regional Chronic Disease Coalition
- American Red Cross First Aid Certified



### ***Margaret Keegan***

- Certified Municipal Registrar (CMR) #2531
- Registrars' Association of New Jersey
- American Red Cross First Aid Certified

### ***Maria Novoa Besteiro, BSN, RN***

- Public Health Nurse



## 2023 BT HEALTH DEPARTMENT STAFF PROFESSIONAL LICENSURE/CERTIFICATIONS/ACCREDITATIONS (CONTINUED):

### ***Riya Patel***

- Local Health Outreach Coordinator/Grant Manager
- Bachelor of Science in Public Health - The College of New Jersey
- NJACCHO Chronic Disease Workgroup – Member
- New Jersey SOPHE –Member
- American Red Cross First Aid Certified
- Dale Carnegie “Develop Your Leadership Potential: Stop Doing, Start Leading” 2023
- Dale Carnegie “Strictly Business Immersion” 2023
- Dale Carnegie “High Impact Presentations” 2023

### ***Robyn Postighone, RN, MPA, MBA***

- Just Culture Safety Culture Certified Trainer
- NJDOH/APIC Infectious Disease Certification
- Institute of Health (IHI) Open School: Model for Improvement, PDSA Cycles, Interpreting Data, Leading Quality Improvement, System-Wide Changes, Reliable Healthy Systems
- Lean Six Sigma Belt Certification

### ***Sybil Rainey, REHS:***

- Registered Environmental Health Specialist # B-102197
- New Jersey Environmental Health Association
- American Red Cross First Aid Certified

### ***Michelle Santoro, ACO, Humane Officer:***

- Biology, Bachelor of Science
- Certified Animal Control Officer
- Humane Law Enforcement Officer
- FEMA Animals in Disaster IS-00010 & IS-00012
- FEMA Livestock in Disaster IS-00111.a
- American Red Cross First Aid Certified



### ***Deirdre Vogel, CMR, RMC:***

- Certified Municipal Registrar (CMR) #3534
- Registered Municipal Clerks Certification (RMC) # C-1555
- Bernards Township Board of Health Secretary
- Registrars' Association of New Jersey
- Notary Public
- American Red Cross First Aid Certified

## 2023 BT HEALTH DEPARTMENT STAFF PROFESSIONAL LICENSURE/CERTIFICATIONS/ACCREDITATIONS (CONTINUED):

***Lucy A. Forgione, MS, MCHES***

- Licensed NJ Health Officer #A-482
- Master Certified Health Education Specialist (MCHES) #492
- Certified Municipal Registrar (CMR) #1432
- Bernards Township Municipal Alliance Against Substance Abuse
- Community in Crisis
- NJ Association of County & City Health Officials (NJACCHO) Communicable Disease Committee, Program Committee
- William Paterson University Alumni School of Public Health Education Spotlight Fall 2021
- Healthier Somerset 2021 Award for Outstanding Community Service during COVID-19
- Greater Somerset Public Health Partnership, Member and Treasurer
- Somerset County Health Officers Association, Treasurer 2005-Present
- Local Emergency Preparedness Committee (LEPC): All contractual towns
- Morris County Public Health Partnership
- Morris Somerset Regional Chronic Disease Coalition 2010-Present
- North Jersey Health Collaborative
- Registrars' Association of New Jersey
- Somerset County Human Services Advisory Council Member 2006 -Present
- Dale Carnegie "Develop Your Leadership Potential: Stop Doing, Start Leading" 2022
- Dale Carnegie "High Impact Presentations" 2023
- New Jersey Association of County and City Health Officials Board of Directors & Executive Committee 2022-2024
- American Red Cross First Aid Certified



**Bernards Township HEALTH Department  
ANNUAL REPORT 2023**