



BERNARDS TOWNSHIP HEALTH DEPARTMENT
262 South Finley Avenue, Basking Ridge, New Jersey 07920
(908) 204-3070. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director
health@bernards.org

2019 Novel Coronavirus (COVID-2019) **Update #104 - April 22, 2022**

Bernards Township COVID-19 Testing Clinics:

Upcoming COVID-19 testing clinics:

Thursdays 4/28, 5/5, 5/12, 5/19, 5/26

*Bernards Township Community Center
289 South Maple Ave, Basking Ridge, NJ*



Register for 4/28

English flyer - Spanish flyer

- **Please note the change for patients without insurance.**
- If you cannot attend your scheduled appointment, you do **not** need to cancel.
- **Walk-in appointment welcomed.**
- If you need testing sooner, **check out other testing sites here.**

Accessing Test Results

- Test results will be delivered via phone, text or email. Check your spam folder and missed calls.
- Please allow 48-72 hours to process test results.
- If you do not hear back after 72 hours, please email WellCare at wellcarecovidtesting@gmail.com

Upcoming BTHD COVID-19 Vaccine Clinics

See below for our upcoming vaccine clinics. All vaccine clinics will be from 3-5 pm at **Saint James Church, 184 S. Finley Ave, Basking Ridge, NJ:**

Pediatric Pfizer (5-11) - Mon, May 2, 23
1st and 2nd doses available

Pfizer (12+), Moderna and J&J - Tue Apr 26, May 3,10,17,24
Primary series for Pfizer12+ (1st and 2nd doses) and boosters for 12+, Moderna primary series or boosters and J&J primary dose or boosters for 18+

Visit www.bernardshealth.org to access registration links and learn more about our clinics.

Local COVID-19 Cases Increase

Although COVID-19 cases have overall decreased from the recent Omicron surge, **local cases have started to rise in the towns covered by the Bernards Township Health Department** and throughout the state of New Jersey.

Click here to view a letter from **Bernards Township Health Officer, Lucy Forgione.** View recent **case counts by municipality here.**



THE DOCTOR IS IN: A COVID-19 CONVERSATION

Thursday, May 19

6:00-7:00pm

**Bernards Township Library
32 S Maple Ave, Basking Ridge**

As this program is in-person, all attendees are asked to please wear a mask. Thank you!

featuring John Salaki, MD

Current President of the Board of Health
Retired Physician after 45 years in practice
Former Head of Infectious Diseases at Morristown Medical Center

Email covidvax@bernards.org or call 908-204-2520 to register.
Click here to view the whole flyer

BA.2? XE? Omicron , Other Variants and Subvariant Updates

- **BA.1** Omicron was first identified in Botswana and South Africa in Nov, although some cases have been reported earlier in the Netherlands.
- By late Dec, **BA.1** became the predominant strain in the U.S.
- Early reports from South Africa indicated that most cases were mild, and symptoms were different. Many patients had symptoms like fatigue but no loss of taste or smell.
- Compared to the previous variants, Omicron spread more easily than the original SARS-CoV-2 virus and Delta variant. At this time, **BA.2** has spread even faster than **BA.1**.
- Currently in **New Jersey**, **BA.2** accounts for 89.6% of sampled cases. **BA.1.1** makes up 9.5% of cases, and **BA.1** (original Omicron) accounts for 0.9% of cases.
- **Subvariant XE** is a **hybrid** of **Omicron BA.1** (original Omicron) and **BA.2**. Research is being done to see if XE is more transmissible and how severe the symptoms are.
- **YES**, according to the **WHO**, **BA.3**, **BA.4** and **BA.5** have been identified around the world.
- **What do these subvariants affect?** Vaccine efforts. Vaccines have worked to protect against symptomatic disease for BA.1 and BA.2 so it's hoped that they will protect against symptomatic disease for XE. Recovering from COVID-19. New variants and subvariants may escape monoclonal antibody therapies.

Resources: [Yale Medicine](#), [TIME—XE What To Know](#)

Updated 4/22/2022

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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2019 Novel Coronavirus (COVID-2019)

Resources and Links

COVID-19 Case Graphs per Municipality – Case counts come directly from raw data imported from Commcare by the Bernards Township Health Department

Somerset County

- [Bernards Township](#)
- [Bernardsville Borough](#)
- [Peapack and Gladstone Boroughs](#)

Morris County

- [Chester Borough](#)
- [Long Hill Township](#)
- [Mendham Borough](#)

COVID-19 Weekly State Reports

Provides data on COVID-19 transmission by six regions in NJ:
- Updated every Thursday.
- Used to determine school exclusion and other re-openings.

This week NJ is overall: **MODERATE**

Central West (Somerset): **MODERATE**

Northwest (Morris): **MODERATE**

Click [here](#) to view this week's report ending 4/16

[NJ COVID-19 Variant Surveillance Report Week 13](#)

COVID-19 Vaccine Resources

- <https://covidvaccine.nj.gov/>
- <https://covid19.nj.gov/pages/vaccine>
- [CDC COVID-19 Vaccine FAQ](#)
- [Vaccine Adverse Event Reporting System](#)
- [Docket App](#)
- [V-Safe After Vaccine Health Checker](#)

COVID-19 Variant Information

- [CDC Variant Classifications & Definitions](#)
- [World Health Organization VOI/VOC Monitoring](#)
- [NJDOH COVID-19 Variant FAQs](#)

New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard [here](#). Includes vaccination overview, hospital census, case and mortality summaries, school data, contact tracing data, long-term care information, veteran's memorial homes, state psychiatric hospitals and Cases by Municipality Data (Municipalities with populations over 20K)
- Somerset County NJ COVID-19 Status Dashboard available [here](#). [More information here.](#)
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
 - For COVID-19 Vaccination & Testing - 1-855-568-0545 (8am-8pm)
 - For Medical COVID-19 Questions - 1-800-962-1253
 - Text NJCOVID to 898-211 to receive alerts.
 - Download COVID Alert NJ app [here](#).
- **Mental Health Resources**
 - NJ Hopeline - [24/7 Suicide Prevention Hotline](#) 1-855-654-6735
 - NJ Mental Health Cares Hotline - Support from stress and anxiety dealing with COVID-19 [866-202-HELP\(4357\)](#)
- NJ COVID-19 Testing sites - [click here](#) for the most up to date information.
 - Morris County – [Click here for Morris County Testing Locations.](#)
 - Somerset County – [Click here for Somerset County Testing Locations.](#)
 - [Order free PCR test kits in NJ](#)
 - [Order 4 free Rapid Antigen test kits from the US Government](#)

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