

Bernards Township Municipal Alliance

262 S. Finley Avenue
Basking Ridge, NJ
07920



ATHLETIFREAK

Timing by:



Live music by:



www.bernardsalliance.org
908-204-2523

33rd Annual Twilight Challenge 5K

Help Prevent Substance Misuse in Bernards Township
Sunday, June 4, 2023



33rd Annual Pleasant Valley Twilight Challenge 5K Run

June 4, 2023

Bernards Township
Municipal Alliance
Against Substance Abuse

5K RUN
1 MILE WALK
KIDS LOLLIPOP LOOP

Registration: Complete one of the following:

⇒ **Complete form on back.** Mail to: Twilight Challenge 5K at:

262 South Finley Avenue, Basking Ridge, NJ 07920

⇒ Make check payable to: Bernards Township Municipal Alliance

⇒ Download form at : www.bernardsalliance.org

⇒ Register online at : <https://runsignup.com/Race/NJ/BaskingRidge/TwilightChallenge>

⇒ Pre-registrations will be accepted until 6/2/23, no refunds or rain dates

33rd Annual Twilight Challenge 5K

Help Prevent Substance Misuse in Bernards Township
Sunday, June 4, 2023



Race Fees:

5K Early Bird Registration by 3/31 - \$20

5K Pre-Registration 4/1 - 6/2 - \$25

Register by 5/21 to guarantee shirt size!

Location: Pleasant Valley Park, located at 3405 Valley Road in Basking Ridge, NJ. Race begins in Parking Lot 2. Park in Parking Lot 1 or 3 on Race Day.

4:00 pm - 5:30 pm:

• **Pre-Registration Pick Up;** Race bib pick up. Race bags and t-shirts for pre-registered 5K runners/ 1 Mile Health Walkers.

• **Onsite Race Day Registration**
Same Day 5K Registration - \$30.
Bags and t-shirts available while supplies last.

5:30 PM: 1 Mile Health Walk

The course is a scenic walk through picturesque Pleasant Valley Park! Take an invigorating walk and be back in time to cheer 5K racers!

Fee Pre-Register/on Race Day: \$15

5:45 PM: Pre-Race Warm Up with Athletifreak

6:00 PM: 5K Race Starts

Two cross country loops around park. Combination of woodchip, grass, and road. Aid stations at midpoint/finish.

Chip timing, half way split, finish line clock, race results and optional text message results provided by **Blue Ridge Timing**.

6:45 PM: Lollipop Loop

Sponsored by Athletifreak. FREE - For kids of all ages - a fun loop over a grassy field.

7:00 pm: Awards

Sponsored by Athletifreak. Prizes will be awarded to:

- Top Overall Male and Female
- Top three runners in each age group:
 - 14 and under,
 - 15 – 19
 - 10 – year increments up to 80 and over

Register online at:

<https://runsignup.com/Race/NJ/BaskingRidge/TwilightChallenge>

Interested in SPONSORING?

Race-related Questions?

Contact: Kaitlin Cartoccio
kcartoccio@bernards.org
(908) 204-2523

33rd ANNUAL PLEASANT VALLEY TWILIGHT CHALLENGE REGISTRATION FORM

PLEASE print! One registration form per person.

LAST : _____ FIRST : _____ Age on Race Day: _____ Date of Birth : _____

Address: _____ City: _____ State: _____ ZIP: _____

EMAIL ADDRESS: _____ Phone: _____

Please check: _____ 5K (\$20 Early Bird before 3/31) (\$25 Pre-Reg before 6/2) (\$30 Race Day) _____ 1 mile health walk (\$15)

_____ Children's Lollipop Loop SHIRT SIZE (5K and Health Walk only: _____) (S-2XL) Gender: M F

I hereby waive all liability against the Township of Bernards and their staff regarding my participation in the 33rd Annual Pleasant Valley Twilight Challenge. I declare that I am physically fit to participate in this event.

SIGNATURE: _____ DATE: _____