

# 34<sup>th</sup> Annual Pleasant Valley Twilight Challenge

Help Prevent Substance Misuse in Bernards Township

1 Mile Health Walk  
5K Race  
Kid's Lollipop Loop

Sunday, June 2, 2024



## Program Partners:



it's 21  
FOR A  
REASON



## ATHLETIFREAK



Timing by:



Live Music by:



**Registration: Complete one of the following:**

- > **Complete form on back.** Mail to: Twilight Challenge 5K at:  
262 South Finley Avenue, Basking Ridge, NJ 07920
  - > Make check payable to: Bernards Township Municipal Alliance



Scan to register!

- > **Download form at:** [www.bernardsalliance.org](http://www.bernardsalliance.org) and mail in.
- > **Register online at:** <https://runsignup.com/Race/NJ/BaskingRidge/TwilightChallenge>
- > Pre-registrations will be accepted until 5/31/24, no refunds or rain dates

# 34<sup>th</sup> Annual Twilight Challenge 5K

Help Prevent Substance Misuse in Bernards Township  
Sunday, June 2, 2024



## Race Fees: **New Race Fees for 2024!**

5K Early Bird Registration by 3/31- **\$20**

5K Pre-Registration 4/1 - 5/31 - **\$30**

Location: Pleasant Valley Park, located at 3405 Valley Road in Basking Ridge, NJ. Race begins in Parking Lot 2. Park in Parking Lot 1 or 3 on Race Day.

## 4:00 pm - 5:30 pm:

- **Pre-Registration Pick Up;** Race bib pick up. Race bags and t-shirts for pre-registered 5K runners/ 1 Mile Health Walkers.
- **Onsite Race Day Registration Same Day 5K Registration - \$35.** Bags and t-shirts available while supplies last.

## 5:30 PM: 1 Mile Health Walk

The course is a scenic walk through picturesque Pleasant Valley Park! Take an invigorating walk and be back in time to cheer 5K racers!

**Fee: Pre-Register/on Race Day: \$15**

**5:45 PM:** Pre-Race Warm Up with **Athletifreak.**

## 6:00 PM: 5K Race Starts

Two cross country loops around park. Combination of woodchip, grass, and road. Aid stations at midpoint/finish.

Chip timing, clocks on the course, race results and optional text message results provided and posted by **Compuscore.**

## 6:45 PM: Lollipop Loop

Sponsored by **Athletifreak.**

**FREE** - For kids of all ages - a fun loop over a grassy field.

Post-Race Cool Down and Stretch with the **Somerset Hills YMCA**

## 7:00 pm: Awards

Sponsored by **Athletifreak.** Prizes will be awarded to:

- Top Overall Male and Female
- Top three runners in each age group:
- 14 and under,
- 15 - 19
- 10 - year increments up to 80 and over

Interested in **SPONSORING?**

Race-related **Questions?**

**Contact:** Kaitlin Cartoccio  
*kcartoccio@bernards.org*  
*(908) 204-2523*

## 34th ANNUAL PLEASANT VALLEY TWILIGHT CHALLENGE REGISTRATION FORM

PLEASE print! One registration form per person.

**LAST:** \_\_\_\_\_ **FIRST:** \_\_\_\_\_ **Age on Race Day:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Please check:** \_\_\_\_\_ 5K (\$20 Early Bird before 4/1) \_\_\_\_\_ (\$30 Pre-Reg before 5/31) \_\_\_\_\_ (\$35 Race Day)

\_\_\_\_\_ 1 Mile Health Walk (\$15) \_\_\_\_\_ (FREE) Children's Lollipop Loop

**SHIRT SIZE** (5K and Health Walk only): \_\_\_\_\_ (S-2XL) Gender: M F

I hereby waive all liability against the Township of Bernards and their staff regarding my participation in the 34th Annual

Pleasant Valley Twilight Challenge. I declare that I am physically fit to participate in this event.

SIGNATURE \_\_\_\_\_