

BERNARDS TOWNSHIP WALKS FOR MENTAL HEALTH



VIRTUAL EVENT FOR THE MONTH OF OCTOBER!

Join us for the second annual **Basking Ridge UNICO Walks for Mental Health**, in partnership with **Bernards Township** and the **Bernards Township Municipal Alliance**.

Mental health does not discriminate. It is important now, more than ever to erase the stigma and to help those that are suffering in silence.

Donate to the cause by **October 31st**. Suggested donation amount is **\$20**. All proceeds will go directly to support **Somerset Treatment Services**. Learn more at www.stscares.org. All donors will receive a certificate of appreciation and mental health awareness gear.

Wear your **GREEN** and take steps **all month long** to support Mental Health. Share your photos by sending to [Basking RidgeUnico@gmail.com](mailto:BaskingRidgeUnico@gmail.com). Thank you for your support!

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