

HEALTH MATTERS



Promoting Public Health
Bernards Township Health Department

Save the Dates:

- * **April 8: In-Person Registration for Health Screening** starts at BT Health Dept.
- * **April 24: The Nico-Teen Generation: Look Inside Vaping Epidemic**
7:00 pm BT Municipal Bldg.
- * **April 27: Safe Medication Disposal**
10 am to 1 pm BT Police Dept.
- * **May 9: Annual Health Screening**
7 to 9 am at St. James Chch, Basking Ridge
Blood, Urine, Hemocult, BP Tests
Resident: \$35 Non-Resident \$45
- * **May 15: Stroke Screening**
1 to 4 pm: Cholesterol, BP, Carotid Check
Morristown Med. Community Health
Registration Starts 4/2/19 at 908-204-2520
- * **May 16: Youth Mental Health First Aid**
8:30 am to 5 pm BT Library -
\$50. fee for materials and snacks
- * **May 22: Be Sun Safe: Learn to Prevent Skin Cancer**
Presented by Dr. Haliasos,
Memorial Sloan Kettering Cancer Center
7 pm at B'ville Library - FREE - All Welcome
- * **June 2: Pleasant Valley Twilight Challenge 5K Run to Prevent Underage Drinking**
5 pm at Pleasant Valley Park,
3405 Valley Rd., Basking Ridge, NJ
Fundraiser for Bernards Alliance for Substance Abuse

Mark Your Calendar

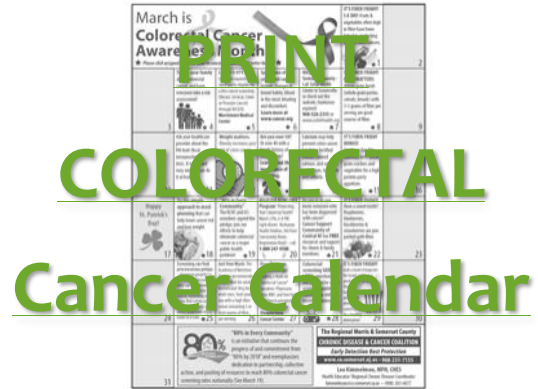
April						
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May						
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26	27	28	29	30	31	

Colorectal Cancer Awareness Month

Don't Assume.....

- You're too young for colorectal cancer
- You are alone
- We can't beat colorectal cancer
- Everyone knows...raise awareness



Help SPONSOR the Bernards Alliance

31st Annual Pleasant Valley Twilight Challenge



Print
Sponsor
Form

What are Vital Statistics?

Birth - Marriage - DEATH



Meet **Deirdre Vogel**
Admin Asst/Deputy Registrar

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www.bernardshealth.org

The Bernards Township Health Department is the contractual health agency serving:
Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township,
Mendham Borough, and Peapack and Gladstone Borough.

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Questions or comments? E-mail us at health@bernards.org or 908.204.2520