

# HEALTH MATTERS



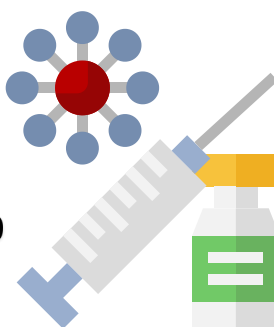
Monthly Newsletter from the Bernards Township Health Department

## Protect Your Pets!



**FREE Rabies Vaccine Clinic**  
**Sat, Nov 12th 10 am – 12 pm**  
**Bernards Township Pet Owners Click Here for More!**

**Bivalent-Omicron Boosters Available at BTHD COVID-19 Vaccine Clinics!**



**Get your updated booster today!**  
**Check out our clinic schedule**

1. COVID-19 Community Levels used for Most Settings



Layered prevention strategies can help limit severe disease and reduce potential strain on the healthcare system. [CDC COVID-19 Community Levels](#) are a tool to help communities and individuals determine what prevention measures to take.

The COVID-19 community level is determined by the higher of the new hospital admissions and inpatient beds metrics, based on the current level of new cases per 100,000 population in the past 7 days. COVID-19 community levels are classified as low, medium, or high as follows:

COVID-19 Community Levels				
New COVID-19 Cases Per 100,000 in the past 7 days	Hospitalization Indicators	Low	Medium	High
Fewer than 200	New COVID-19 admissions per 100,000 population (7-day total)	<10.0	10.0-19.9	≥20.0
	Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average)	<10.0%	10.0-14.9%	≥15.0%
200 or more	New COVID-19 admissions per 100,000 population (7-day total)	NA	<10.0	≥10.0

The following table includes recommendations for protecting yourself, your family, and communities. Additional information can be found at: [https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html#anchor\\_47145](https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html#anchor_47145)

**Local COVID-19 Updates**  
**Click here to read**

## THIS MONTH IN HEALTH MATTERS

FREE Rabies Clinic  
Protect Your Pets  
Upcoming COVID-19 Vaccine and Testing Clinics  
Pumpkin Smash  
Check Your Home for Radon!  
Local COVID-19 Info  
BTHD Facebook

## ABOUT US

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough and Peapack & Gladstone Boroughs.

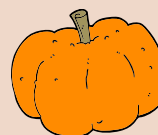
## STAY CONNECTED

To sign up or make any changes to receiving Bernards Township updates, log in at [smart911.com](https://smart911.com). For support with the Smart911 system such as a forgotten username or password, visit the [Smart911 support page](#).

## PUMPKIN SMASH

Don't **TRASH** it

Join us to **SMASH** it



**Sat, Nov 5th**  
**11 am – 1 pm**

**Dogwood Farms/English Farm**

**Click here to view program flyer**

## CHECK YOUR HOME FOR RADON

**FREE RADON TESTING KITS AVAILABLE NOW**



### WHAT IS RADON?

- A radioactive gas that occurs naturally.
- Odorless, tasteless, and invisible and can cause cancer.
- In higher concentrations in certain areas of New Jersey
- Testing is simple & inexpensive

**FOR RESIDENTS OF CONTRACTUAL TOWNS ONLY**  
**ONE KIT PER HOUSEHOLD WHILE SUPPLIES LAST**  
**PICK UP AT THE HEALTH DEPARTMENT**

**Click here for upcoming programs**

Find us on 



**Bernards Township Health Department**  
6 followers • 0 following

**Follow the Bernards Township Health Department on Facebook**