



## Documentary Screening & Guided Discussion

Monday, May 11, 2026

6 - 8 PM

*Bernards Township Library  
32 S. Maple Ave, Basking Ridge*

**Angst** is a compelling and honest documentary that brings to light what it's like to live with anxiety, utilizing the voices of kids, teens, parents, educators, and mental health experts. *The documentary screening will be accompanied by a guided discussion. Open to community members ages 10 and up.*

**Get your free ticket [HERE](#)  
or scan to register**

**Questions?** Email [KCartoccio@bernards.org](mailto:KCartoccio@bernards.org),  
call (908) 204 - 2523, or visit [www.bernardshealth.org](http://www.bernardshealth.org)



*Presented by the Bernards Township Health Department, Bernards Township Municipal Alliance and Youth Services Commission, the Tri County Care Management Organization (CMO), and the Governor's Council on Substance Use Disorder (GCSUD)*